

# Pushing the limit of mechanical stiffness and glass-like thermal conductivity of crystalline materials via interfaces, Ruddlesden-Popper phases, and high entropy engineering

**Patrick E. Hopkins**

Whitney Stone Professor

University of Virginia

[phopkins@virginia.edu](mailto:phopkins@virginia.edu)

<https://patrickehopkins.com>



# Students, publications, collaborators and funding



nature communications



Article

<https://doi.org/10.1038/s41467-025-61078-5>

## Ruddlesden-Popper chalcogenides push the limit of mechanical stiffness and glass-like thermal conductivity in single crystals

Received: 22 October 2024

Accepted: 12 June 2025

Published online: 02 July 2025

Check for updates

Md Shafkat Bin Hoque<sup>1,17</sup>, Eric R. Hoglund<sup>2,3,17</sup>, Boyang Zhao<sup>4,17</sup>, De-Liang Bao<sup>5</sup>, Hao Zhou<sup>6</sup>, Sandip Thakur<sup>7</sup>, Eric Osei-Agyemang<sup>8</sup>, Khalid Hattar<sup>9,10</sup>, Ethan A. Scott<sup>1,10</sup>, Mythili Surendran<sup>4</sup>, John A. Tomko<sup>11</sup>, John T. Gaskins<sup>11</sup>, Kiumars Aryana<sup>1</sup>, Sara Makarem<sup>2</sup>, Adie Alwen<sup>4</sup>, Andrea M. Hodge<sup>4</sup>, Ganesh Balasubramanian<sup>12</sup>, Ashutosh Giri<sup>7</sup>, Tianli Feng<sup>6</sup>, Jordan A. Hachtel<sup>3</sup>, Jayakanth Ravichandran<sup>4,13,14</sup>, Sokrates T. Pantelides<sup>5,15</sup> & Patrick E. Hopkins<sup>1,2,16</sup>

## Unpublished work

“Phonon-mediated thermal transport and elastic modulus enhancement in TiN/TiC superlattices”

Led by: Rafiqul Islam (at Intel)  
Collaboration w/ D. Gall (RPI)



## COMMUNICATION

Ceramics

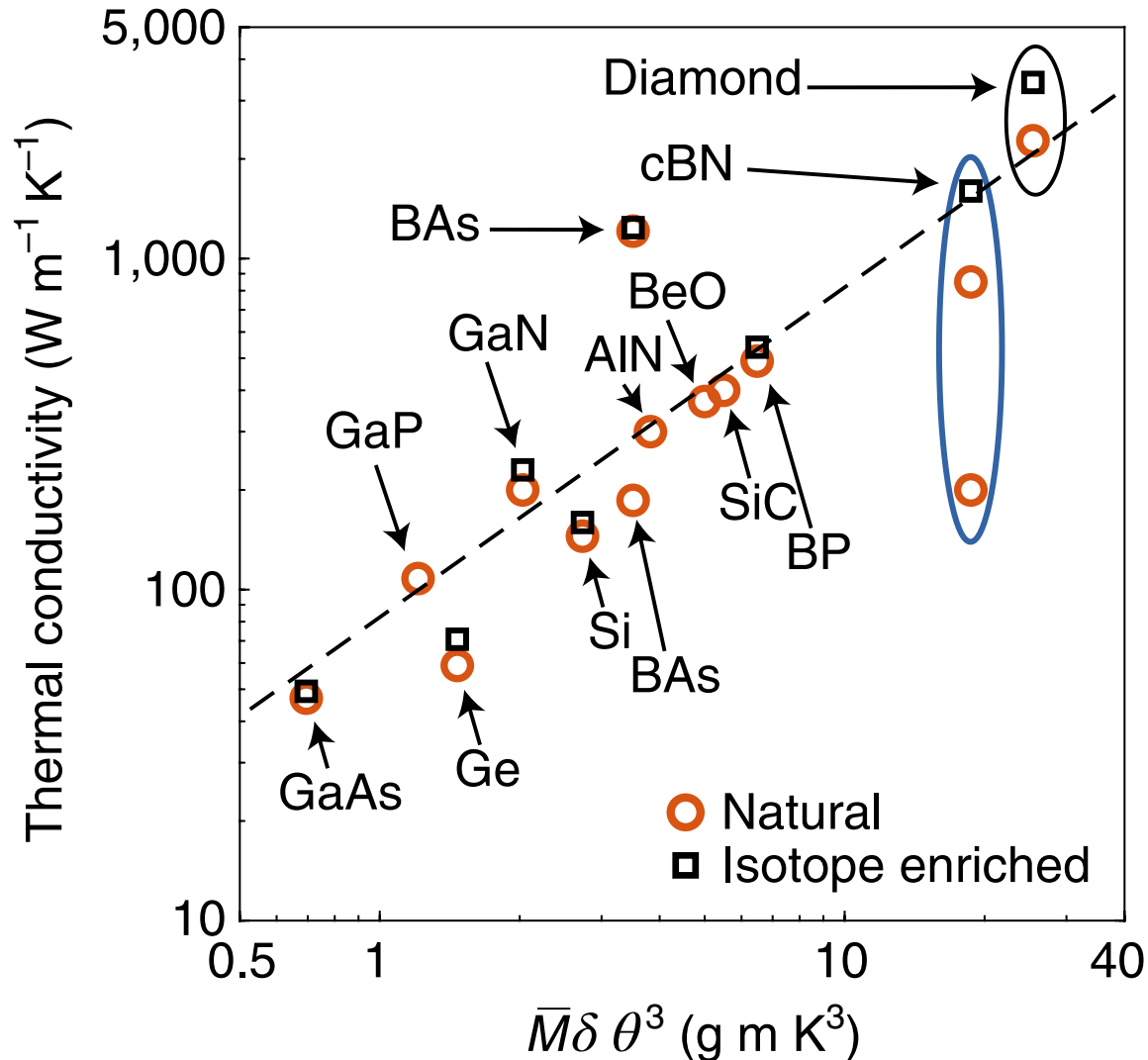
ADVANCED  
MATERIALS  
www.advmat.de

## Charge-Induced Disorder Controls the Thermal Conductivity of Entropy-Stabilized Oxides

Jeffrey L. Braun, Christina M. Rost, Mina Lim, Ashutosh Giri, David H. Olson, George N. Kotsonis, Gheorghe Stan, Donald W. Brenner, Jon-Paul Maria, and Patrick E. Hopkins\*



# Stiffer crystalline materials - Larger $\lambda$ - Larger $\nu$ - Larger $\kappa$



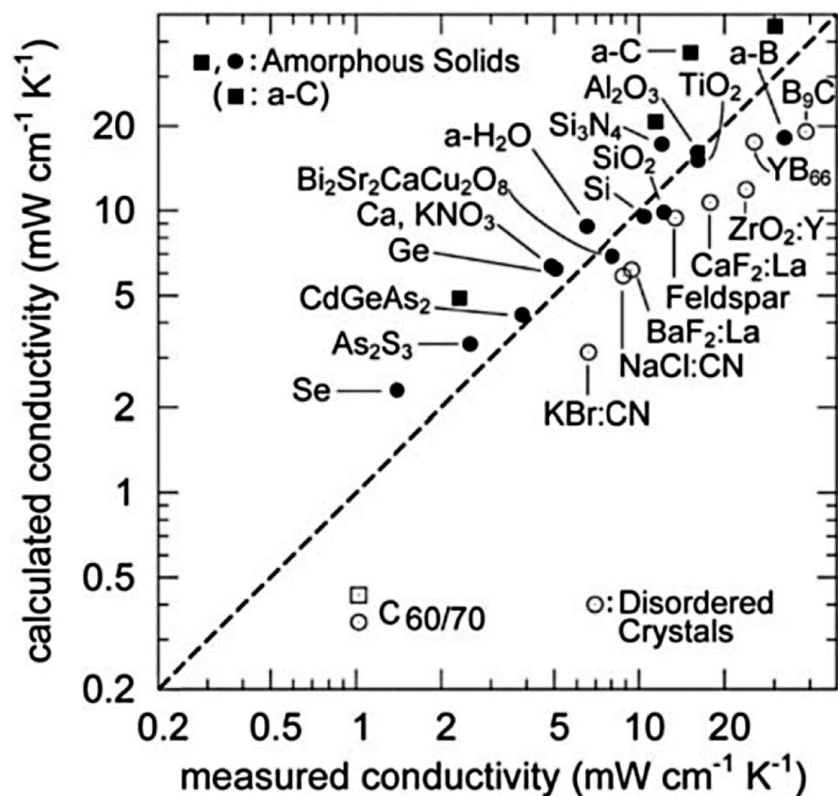
*Nat. Mat.* **19**, 481 (2020)

$$\kappa = \frac{1}{3} C v \lambda = \frac{1}{3} C v_g^2 \tau$$

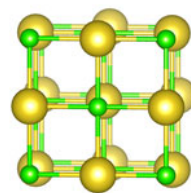
- What makes a high  $\kappa$  material?
- Slack Criteria:
  - Strong bonds
  - Light masses
  - Small unit cell
  - Minimize defects!



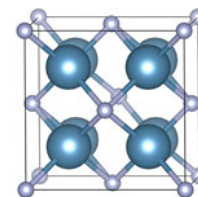
# Need electron crystal, but phonon glass – how?



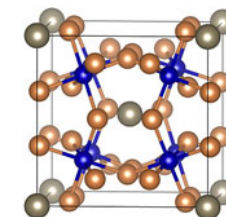
- But often times making a low thermal conductivity material means disorder in crystal or even amorphous phase
- This can also reduce electron transport, which will reduce thermoelectric performance



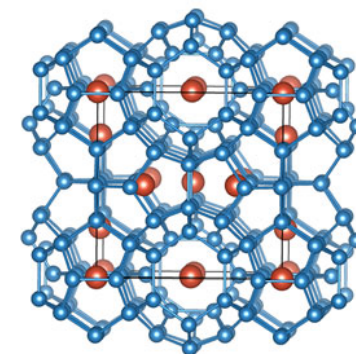
(a) NaCl-type (AB)



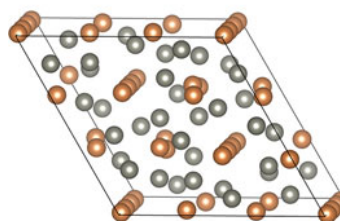
(b) fluorite (AB<sub>2</sub>)/  
anti-fluorite (A<sub>2</sub>B)



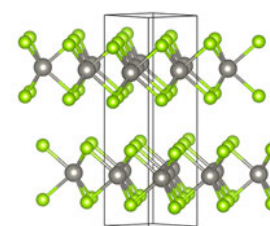
(c) filled skutterudite (AB<sub>4</sub>C<sub>12</sub>)



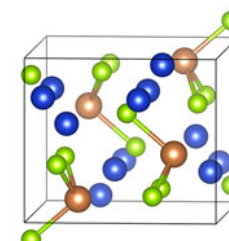
(d) clathrate-I (A<sub>8</sub>B<sub>16</sub>C<sub>30</sub>)



(e) Zn<sub>4</sub>Sb<sub>3</sub>



(f) WSe<sub>2</sub>



(g) Cu<sub>3</sub>SbSe<sub>3</sub>

REVIEW ARTICLE

## Inorganic Crystals with Glass-Like and Ultralow Thermal Conductivities<sup>†</sup>

Matt Beekman\* and David G. Cahill

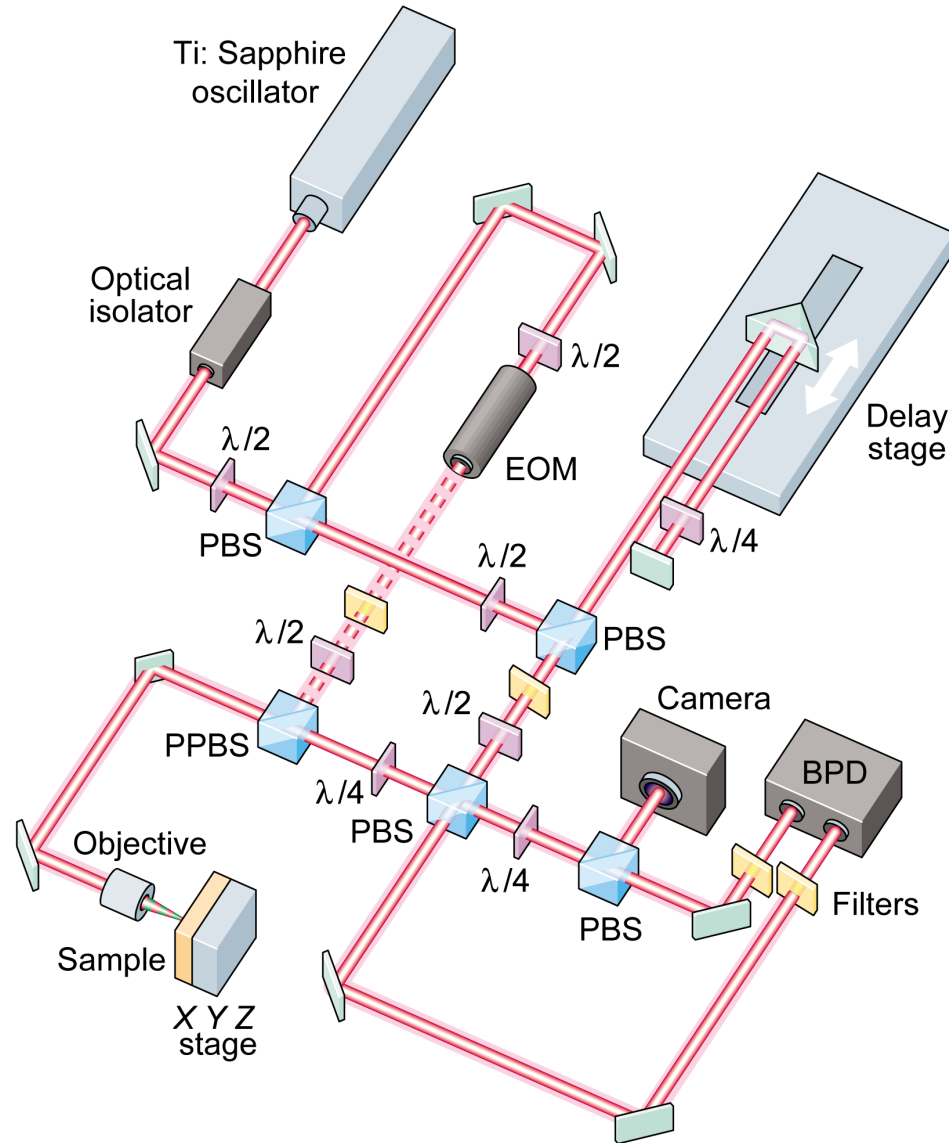
CRYSTAL  
Research & Technology

www.crt-journal.org

# Outline

- Question: How do we achieve low thermal conductivities in crystalline thin films with high modulus and crystal quality? How do we break the coupling of bonding and thermal conductivity dictated by Slack criteria?
- Thermal conductivity measurements with thermoreflectance
- Engineering defects in crystalline oxide films with entropy stabilization
- Phonon localization and reductions in group velocities with naturally layered crystals – Ruddlesden-Poper chalcogenides
- Interface phases in TiN/TiC superlattices that increase stiffness and reduce thermal conductivity

# Thermoreflectance: thermal conductivity in thin films



nature reviews methods primers

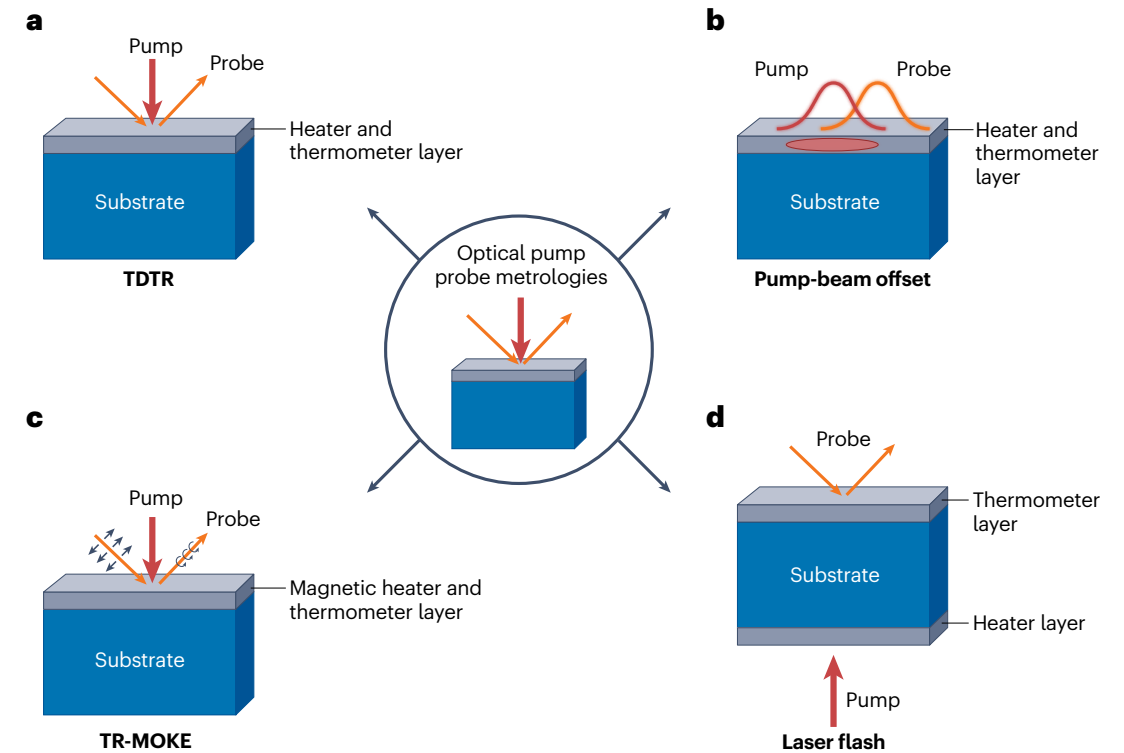
<https://doi.org/10.1038/s43586-025-00425-8>

Primer

Check for updates

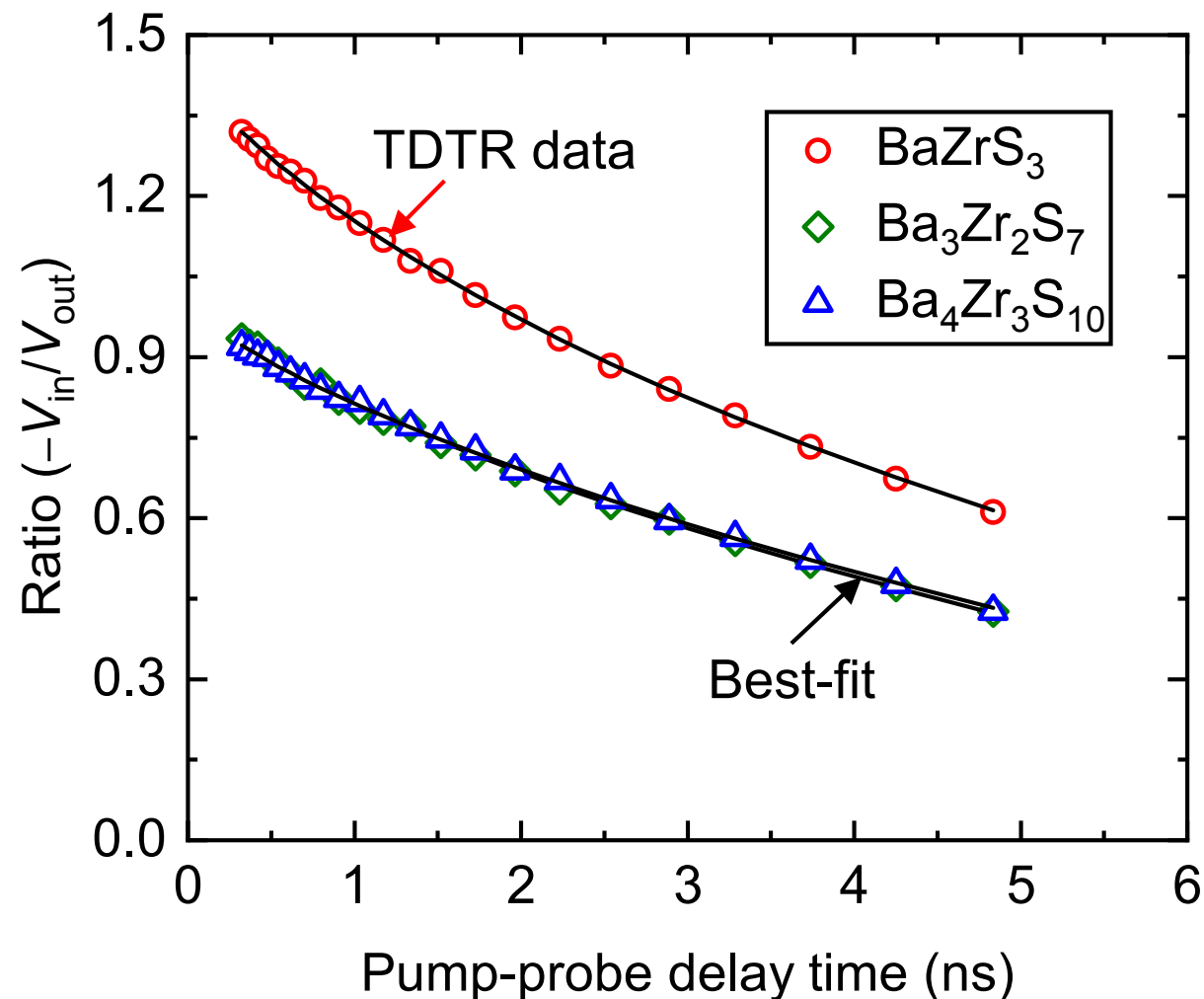
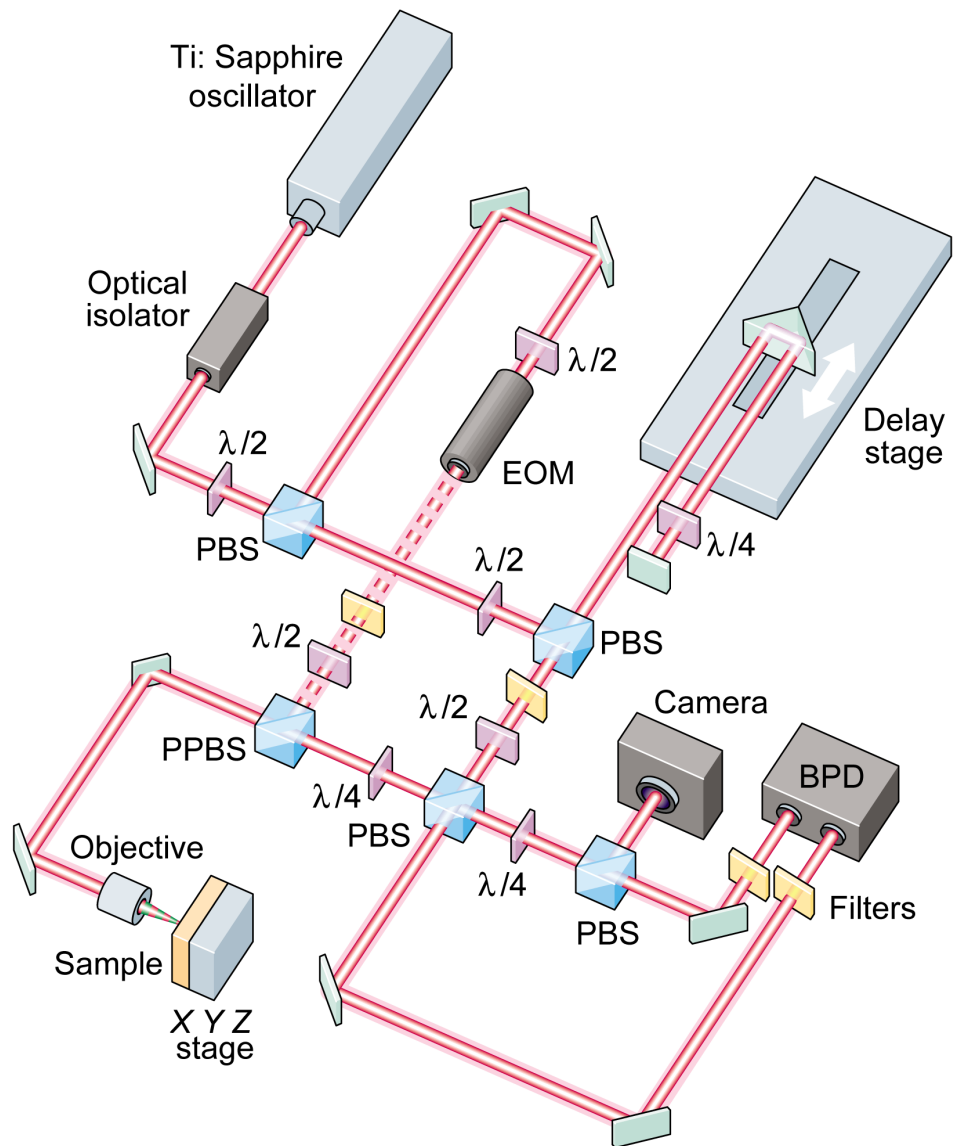
## Time-domain thermoreflectance

Ramya Mohan<sup>1,6</sup>, Samreen Khan<sup>2,6</sup>, Richard B. Wilson<sup>2,3</sup> & Patrick E. Hopkins<sup>1,4,5</sup>



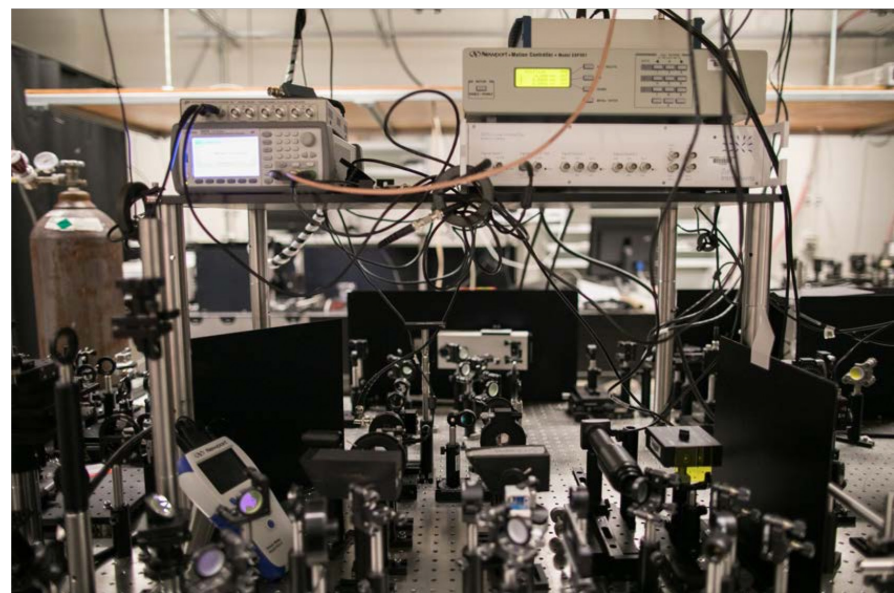
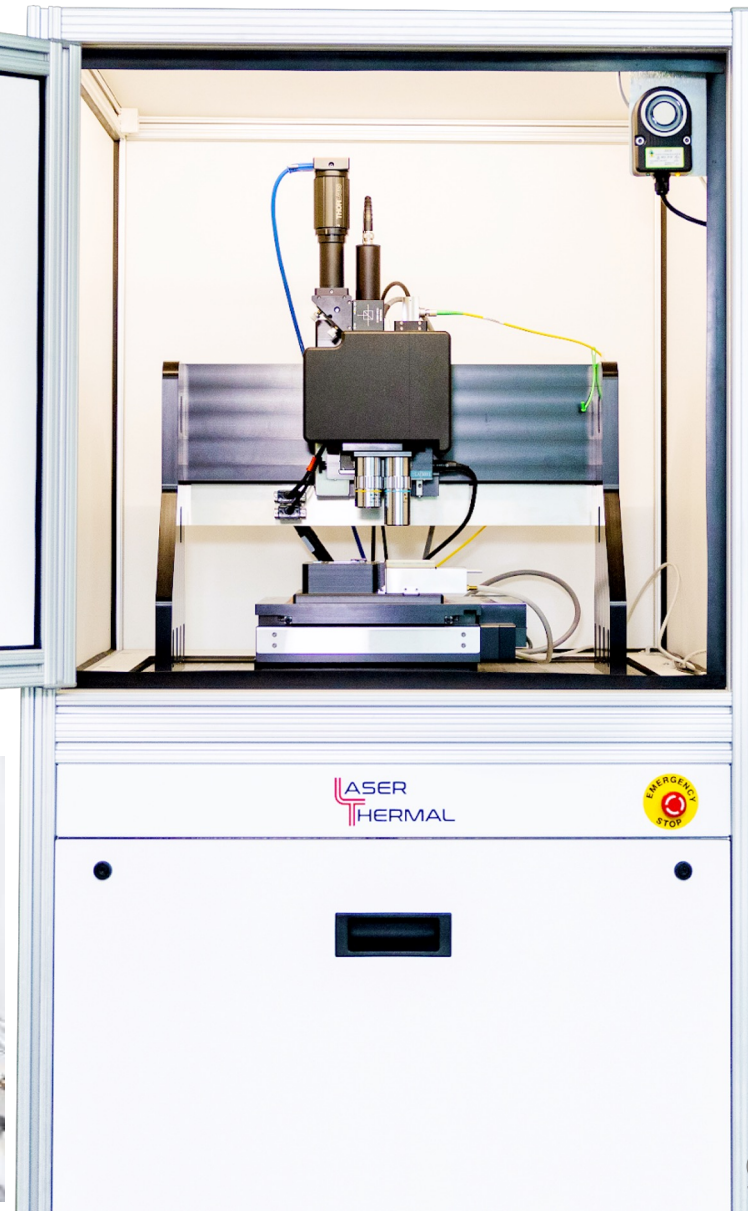
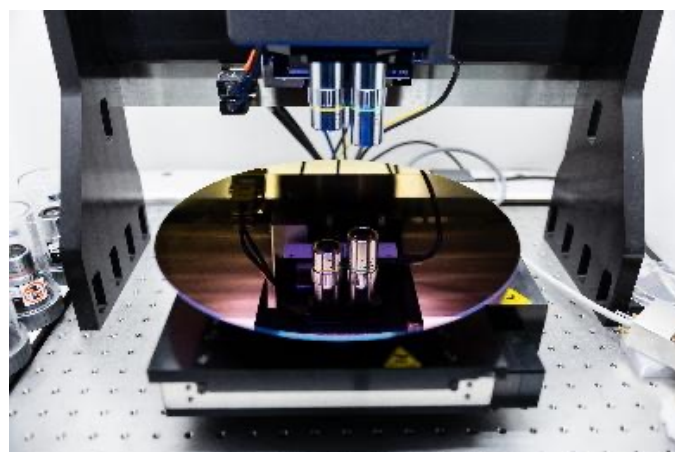
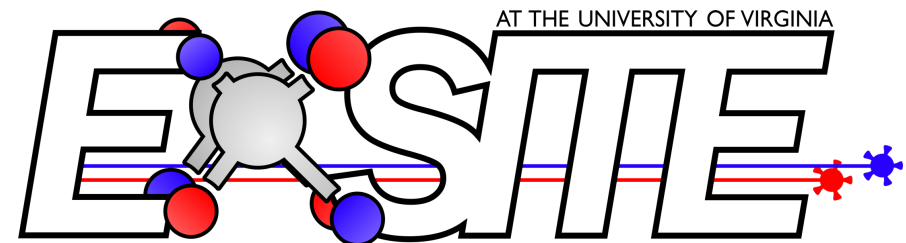
*Nature Reviews Methods Primers* **5**, 55 (2025).

# Thermoreflectance: thermal conductivity in thin films



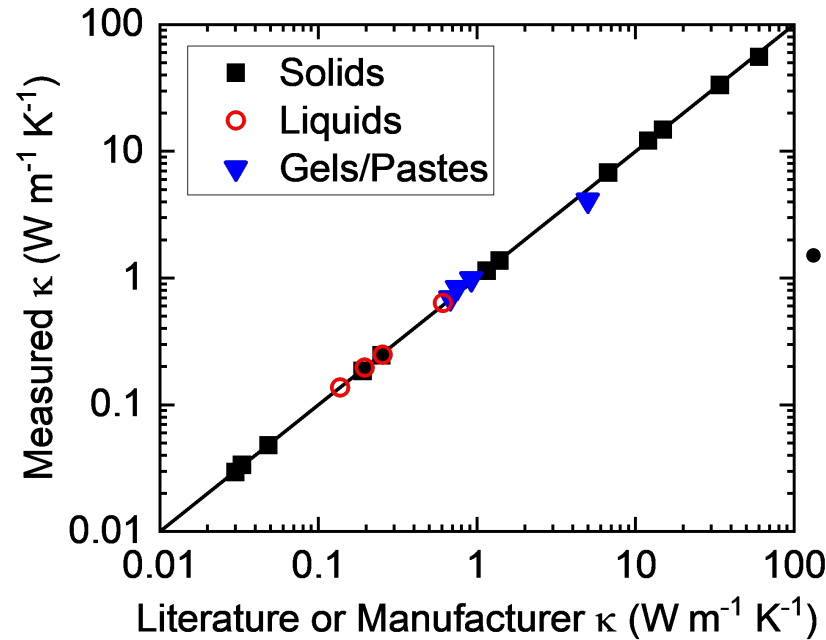
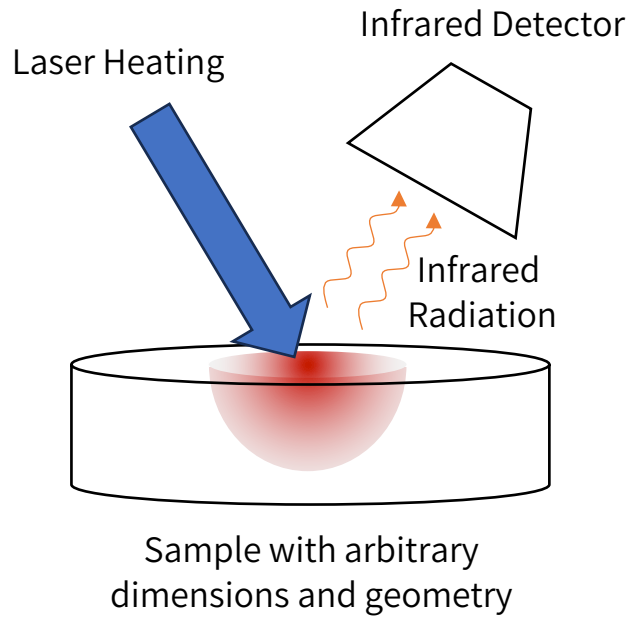


# Making complicated thermal conductivity metrologies easy



COI statement: Hopkins  
co-founder of Laser thermal

# To thick coatings and bulk materials (TOPS)

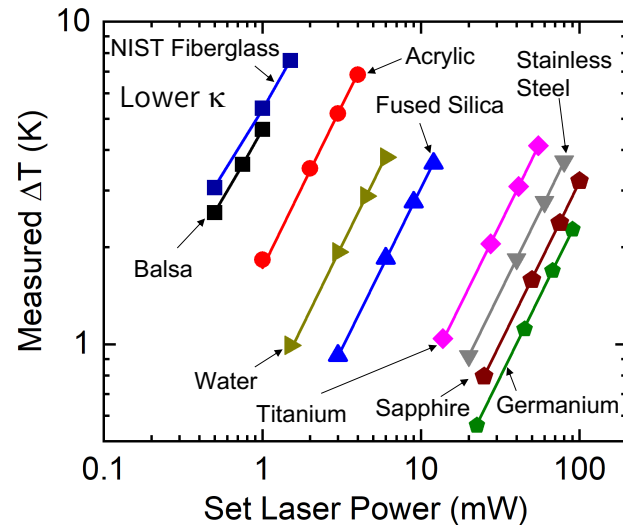


- Thermo-optical plane source (TOPS) ideal for measuring thermal conductivity of materials with length scales greater than  $\sim 0.5 - 1$  mm.
- No surface roughness or material shape requirement since temperature monitored with IR thermography and not a reflected probe laser (as in thermoreflectance)

Review of Scientific Instruments

ARTICLE

pubs.aip.org/aip/rsi



## A thermo-optical plane source method to measure thermal conductivity

Cite as: Rev. Sci. Instrum. 96, 074901 (2025); doi: 10.1063/5.0267492  
 Submitted: 24 February 2025 • Accepted: 4 June 2025 •  
 Published Online: 2 July 2025

Jeffrey L. Braun,<sup>1</sup> Bryan N. Baines,<sup>1</sup> John T. Gaskins,<sup>1</sup> and Patrick E. Hopkins<sup>1,2,3,4</sup>

### AFFILIATIONS

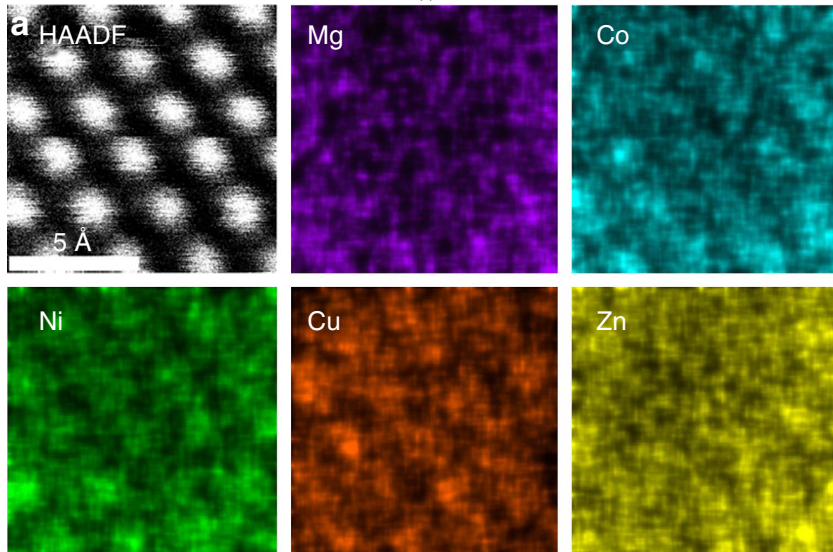
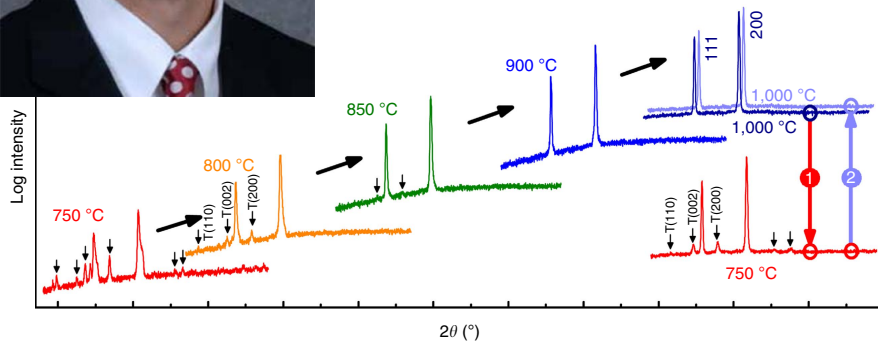
- <sup>1</sup> Laser Thermal Analysis, Inc., 937 2nd St. SE, Charlottesville, Virginia 22902, USA
- <sup>2</sup> Department of Mechanical and Aerospace Engineering, University of Virginia, Charlottesville, Virginia 22904, USA
- <sup>3</sup> Department of Materials Science and Engineering, University of Virginia, Charlottesville, Virginia 22904, USA
- <sup>4</sup> Department of Physics, University of Virginia, Charlottesville, Virginia 22904, USA

**LASER** COI statement: Hopkins  
**THERMAL** co-founder of Laser thermal

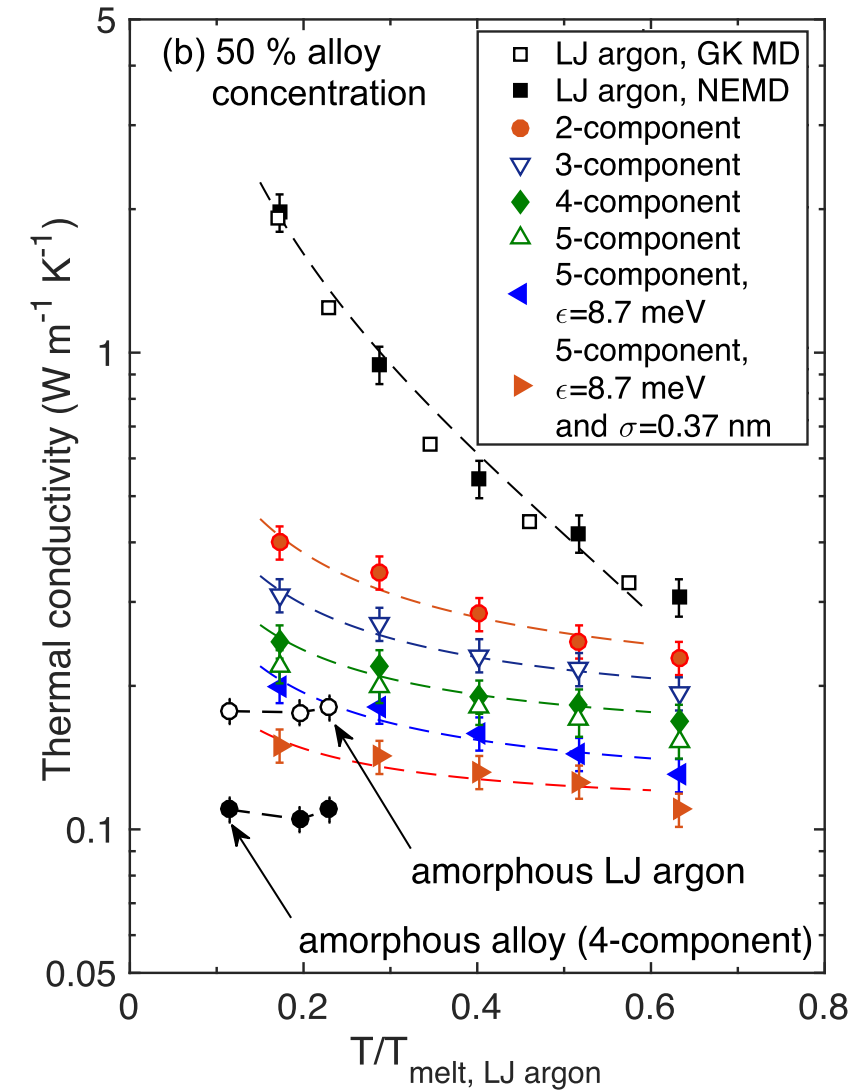
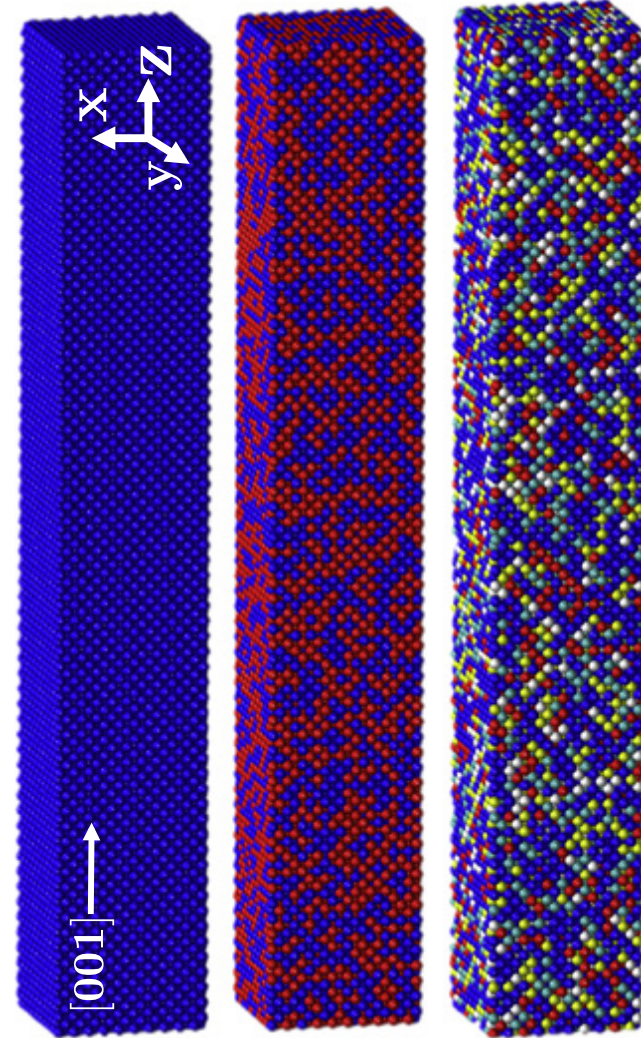
# Outline

- Question: How do we achieve low thermal conductivities in crystalline thin films with high modulus and crystal quality? How do we break the coupling of bonding and thermal conductivity dictated by Slack criteria?
- Thermal conductivity measurements with thermoreflectance
- Engineering defects in crystalline oxide films with entropy stabilization
- Phonon localization and reductions in group velocities with naturally layered crystals – Ruddlesden-Poper chalcogenides
- Interface phases in TiN/TiC superlattices that increase stiffness and reduce thermal conductivity

# Entropy stabilized oxides: Cation disorder reduces $\kappa$



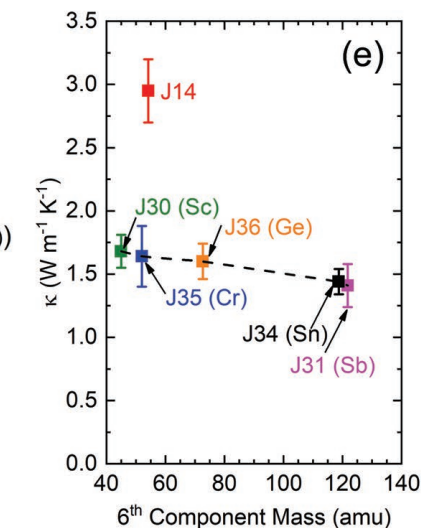
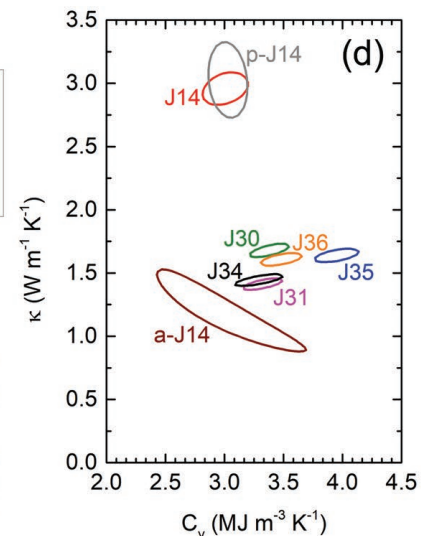
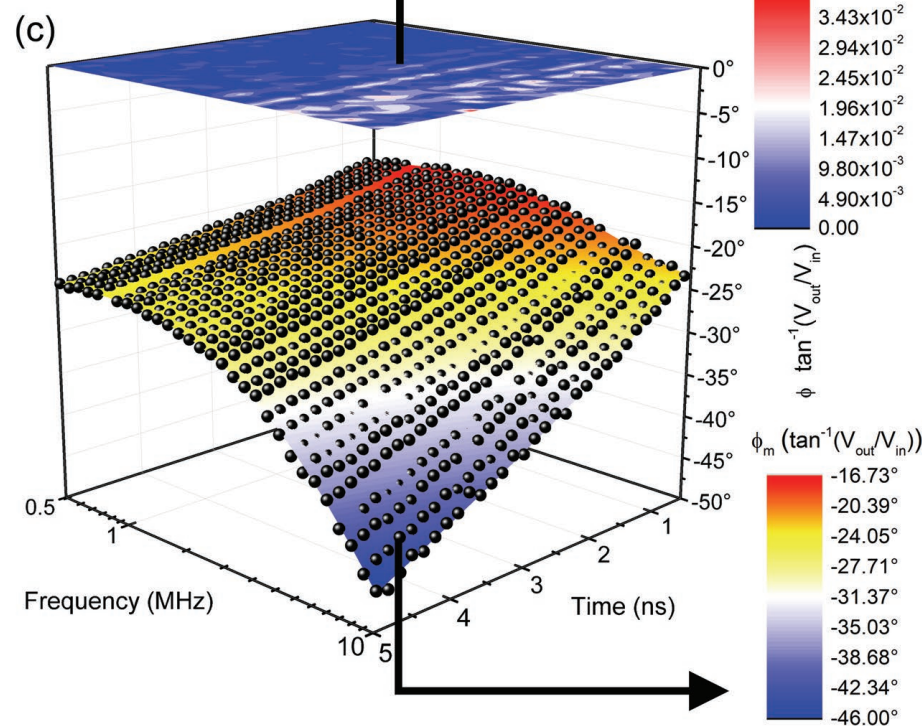
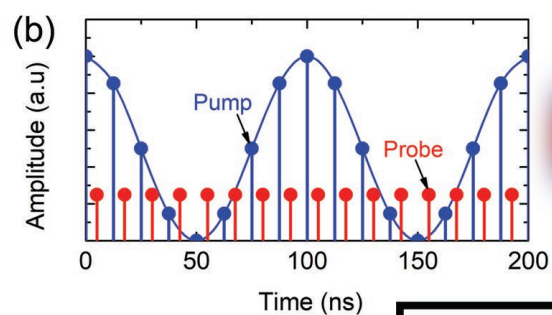
*Nature Communications*  
6, 8485 (2015)



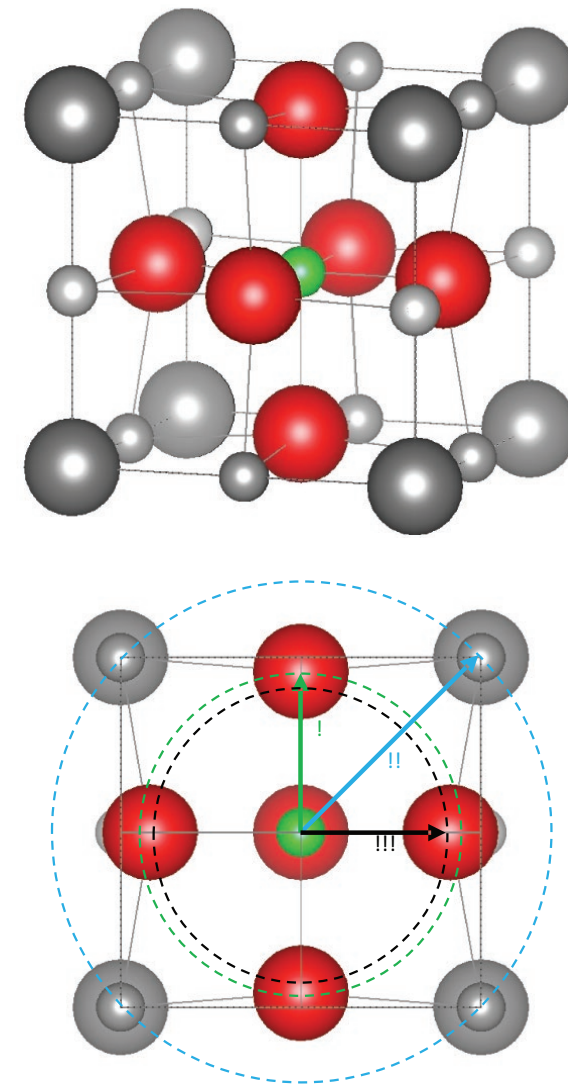
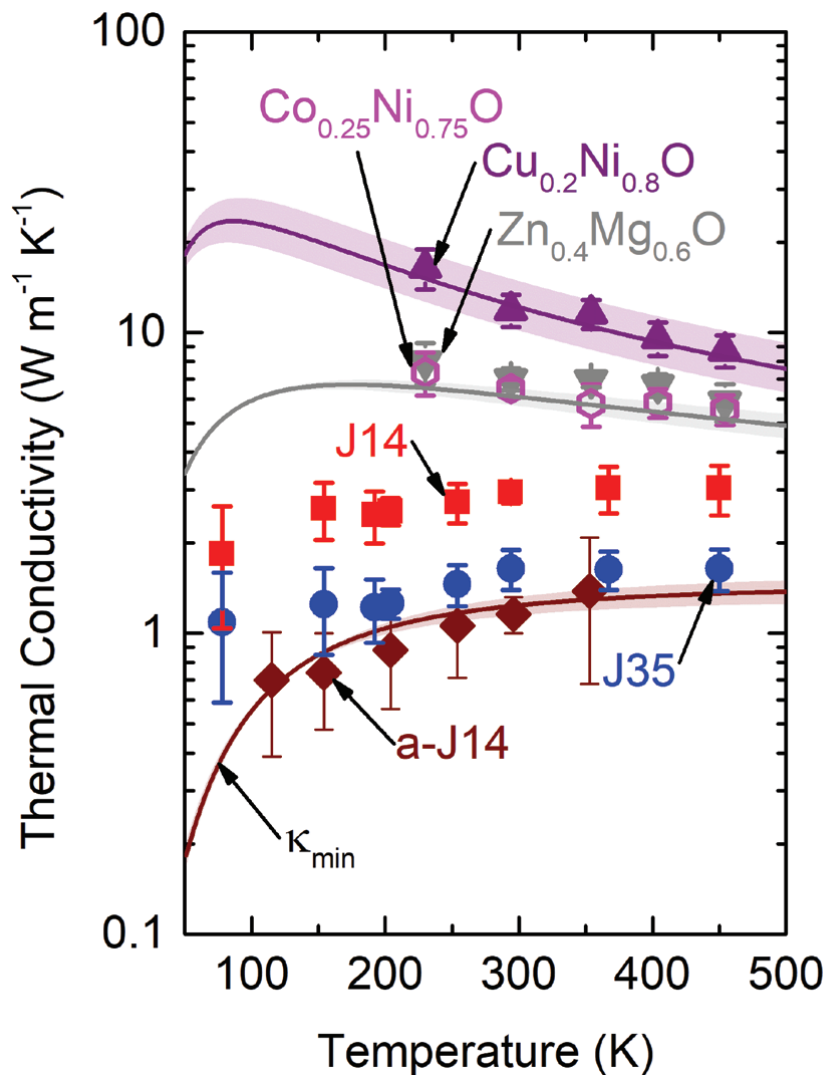
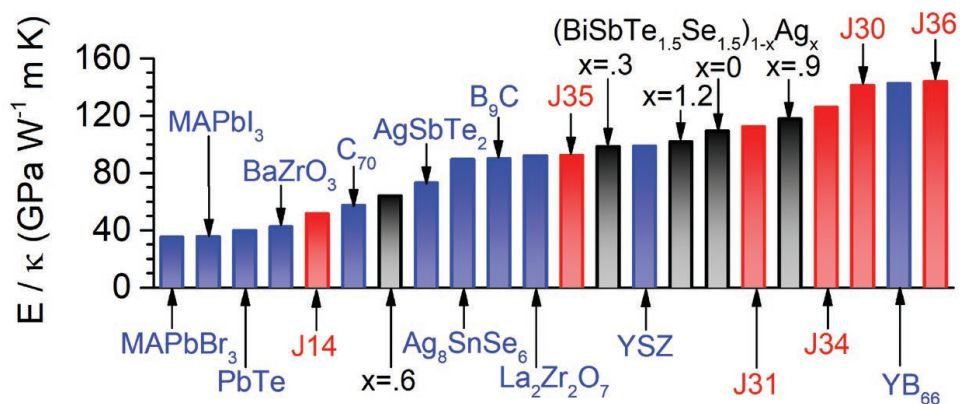
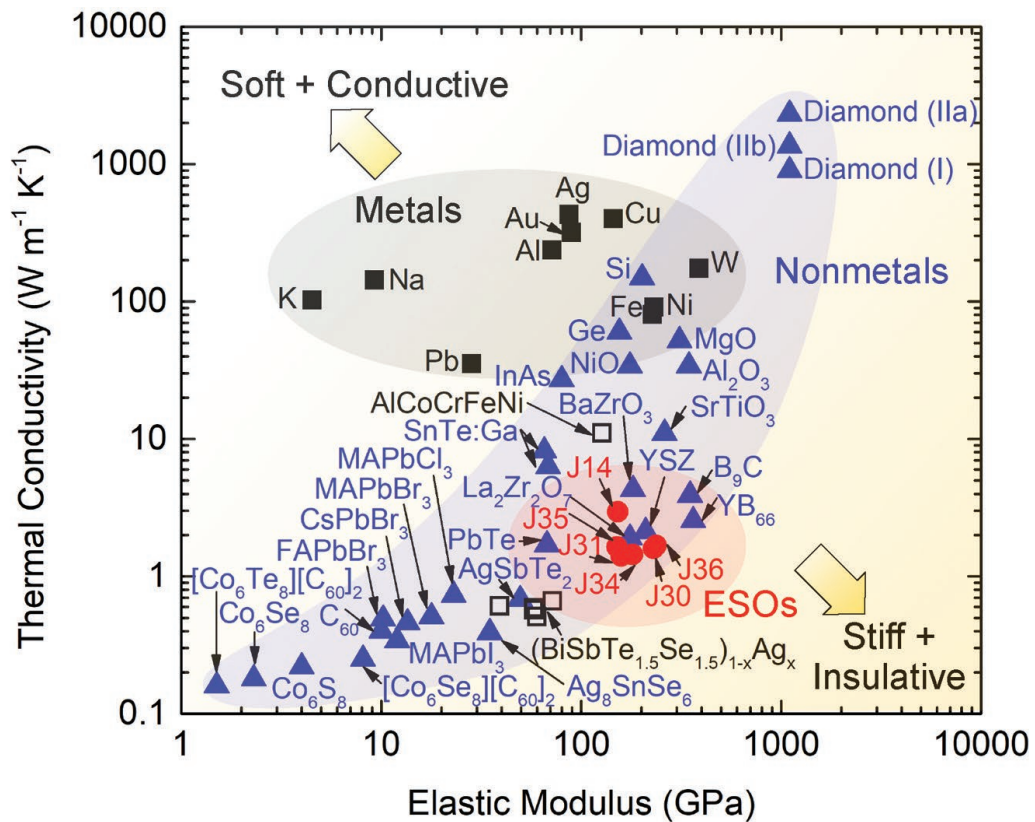
*Scripta Materialia* 138, 134 (2017)

# Entropy stabilized oxides: Cation disorder + local distortions

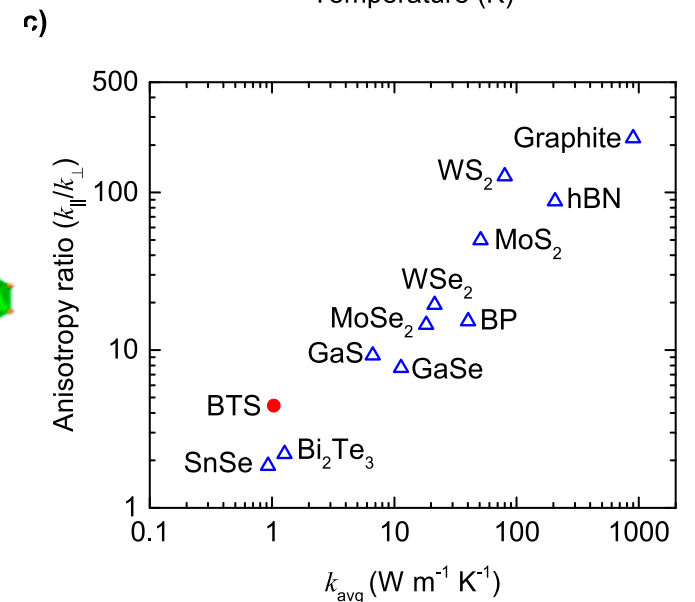
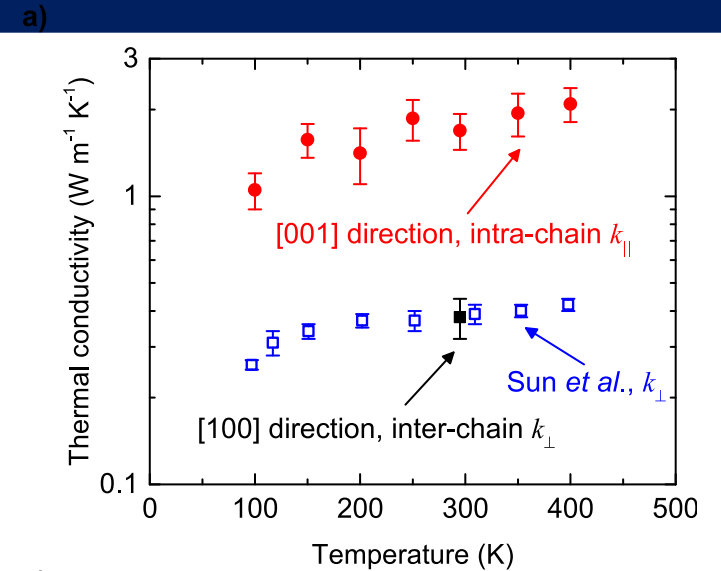
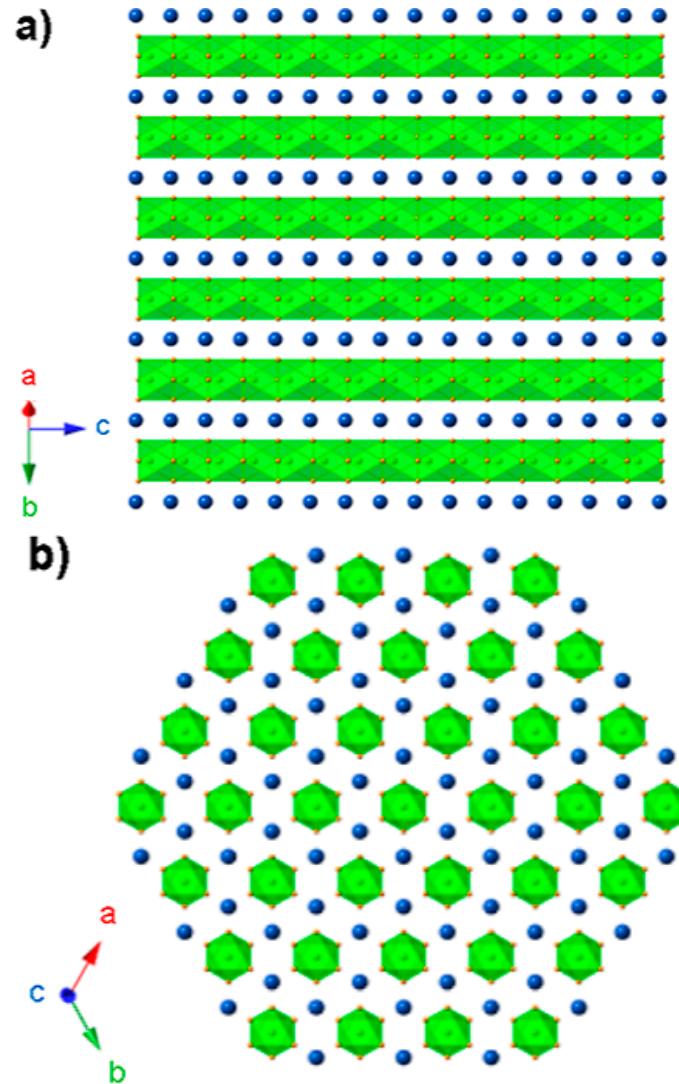
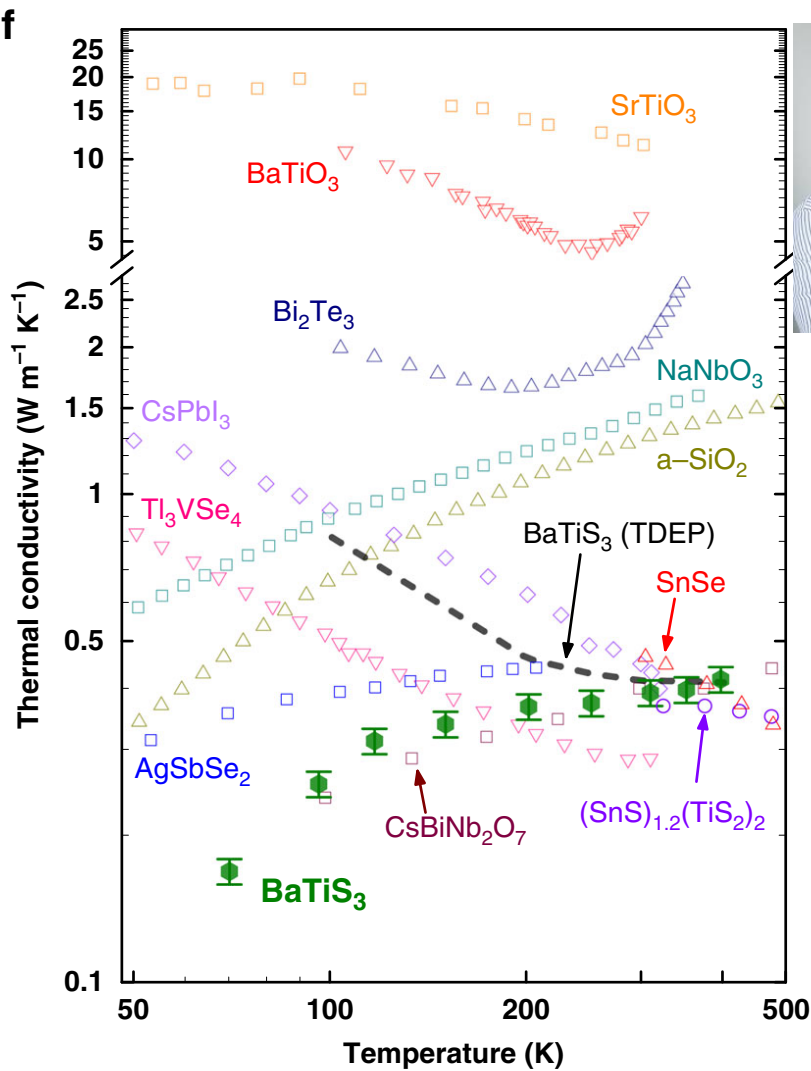
Name	Composition
J14	$\text{Mg}_x\text{Ni}_x\text{Cu}_x\text{Co}_x\text{Zn}_x\text{O}$ , $x = 0.2$
J30	$\text{Mg}_x\text{Ni}_x\text{Cu}_x\text{Co}_x\text{Zn}_x\text{Sc}_x\text{O}$ , $x = 0.167$
J31	$\text{Mg}_x\text{Ni}_x\text{Cu}_x\text{Co}_x\text{Zn}_x\text{Sb}_x\text{O}$ , $x = 0.167$
J34	$\text{Mg}_x\text{Ni}_x\text{Cu}_x\text{Co}_x\text{Zn}_x\text{Sn}_x\text{O}$ , $x = 0.167$
J35	$\text{Mg}_x\text{Ni}_x\text{Cu}_x\text{Co}_x\text{Zn}_x\text{Cr}_x\text{O}$ , $x = 0.167$
J36	$\text{Mg}_x\text{Ni}_x\text{Cu}_x\text{Co}_x\text{Zn}_x\text{Ge}_x\text{O}$ , $x = 0.167$



# Entropy stabilized oxides: Cation disorder + local distortions



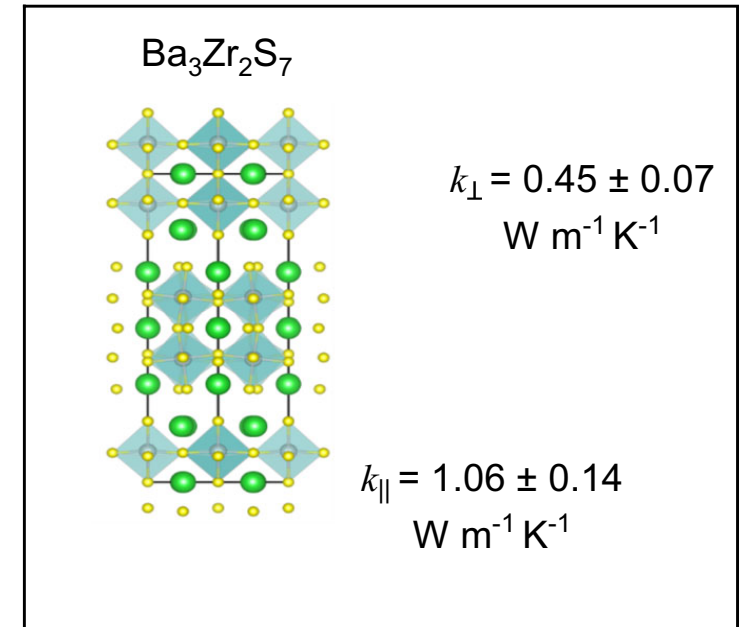
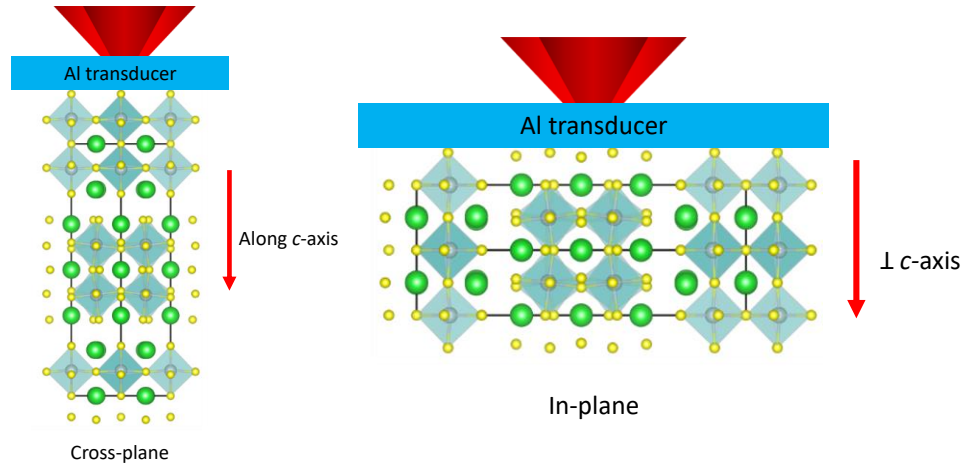
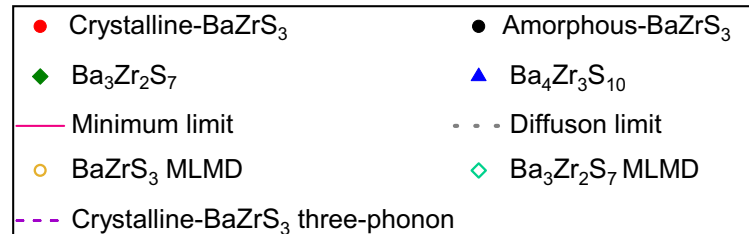
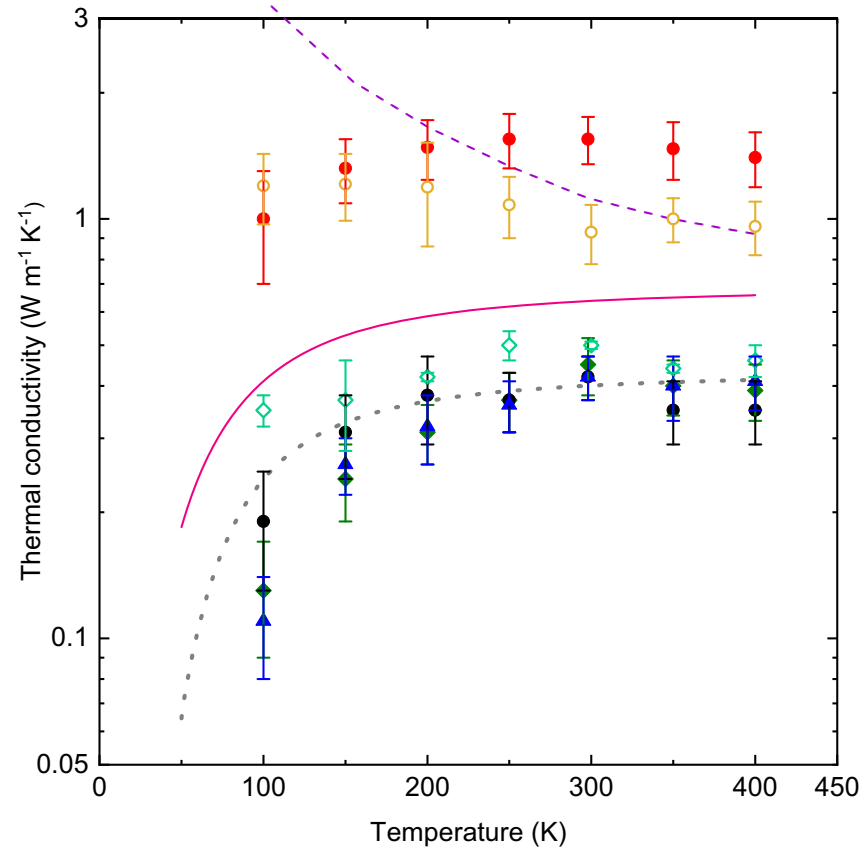
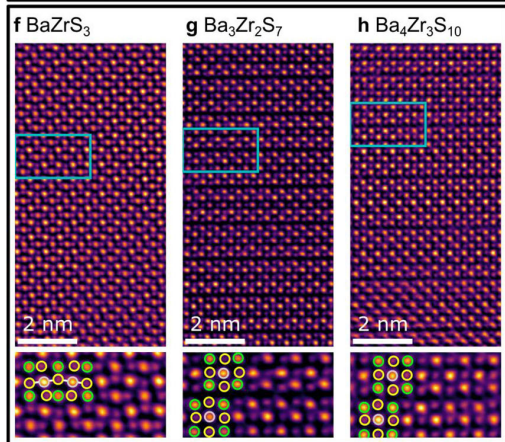
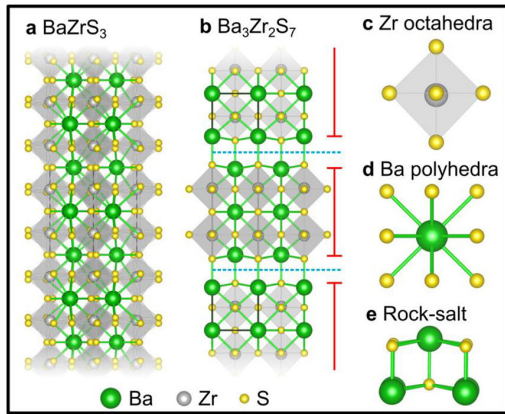
# Sulfide-based chalcogenide single crystals



*Nature Communications*  
11, 6039 (2020)

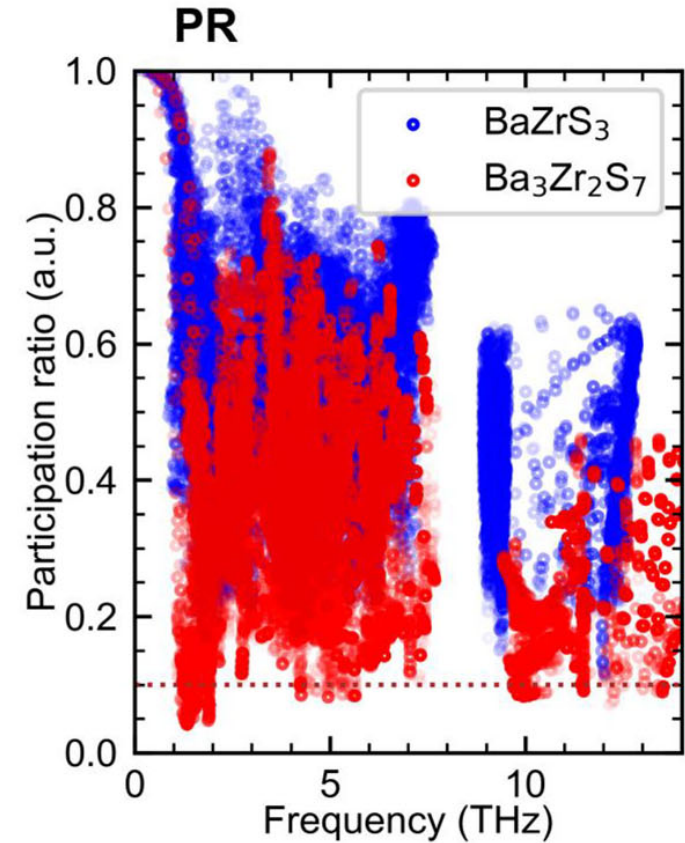
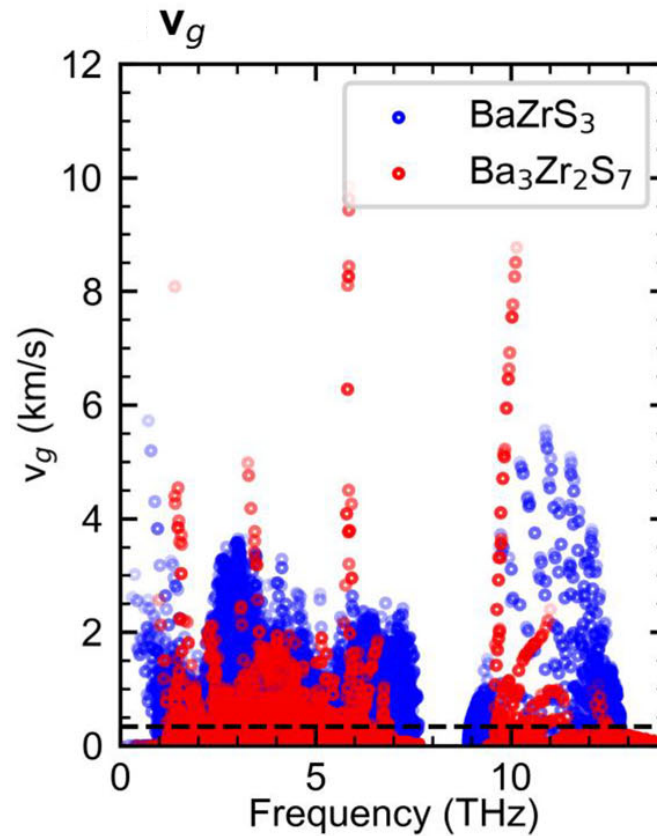
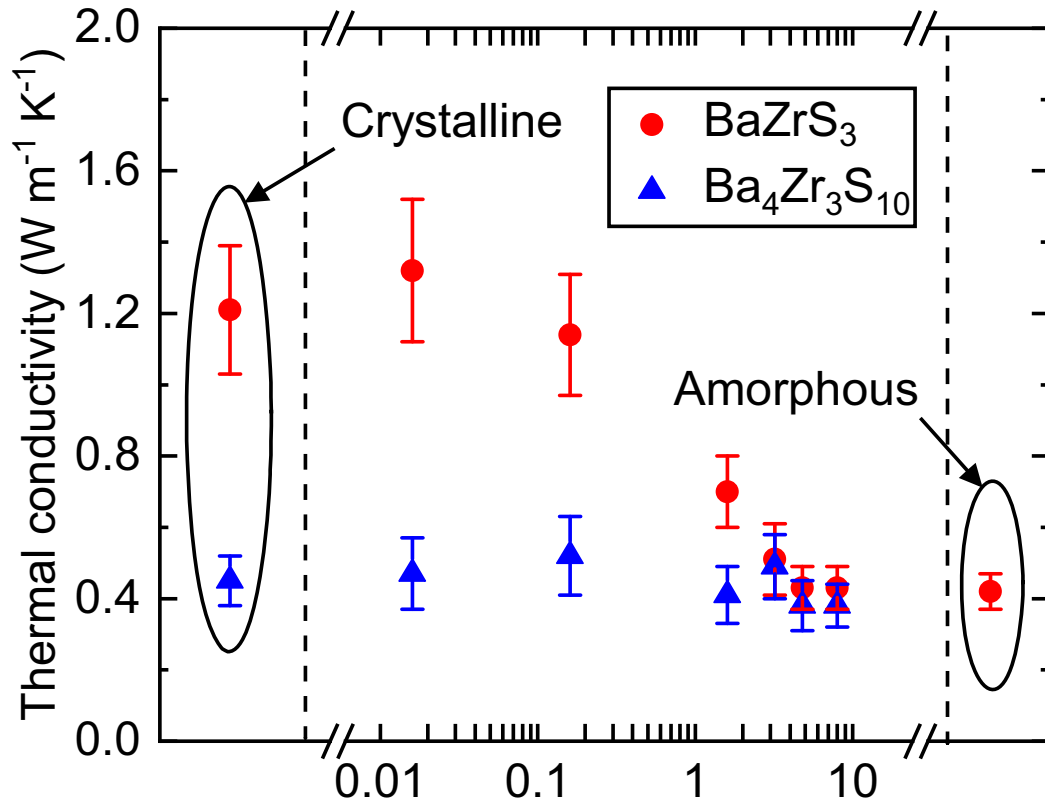
*Chemistry of Materials* **34**, 5680 (2022)

# Ruddlesden-Popper $\text{Ba}_3\text{Zr}_2\text{S}_7$ and $\text{Ba}_4\text{Zr}_3\text{S}_{10}$





# Ruddlesden-Popper $\text{Ba}_3\text{Zr}_2\text{S}_7$ and $\text{Ba}_4\text{Zr}_3\text{S}_{10}$

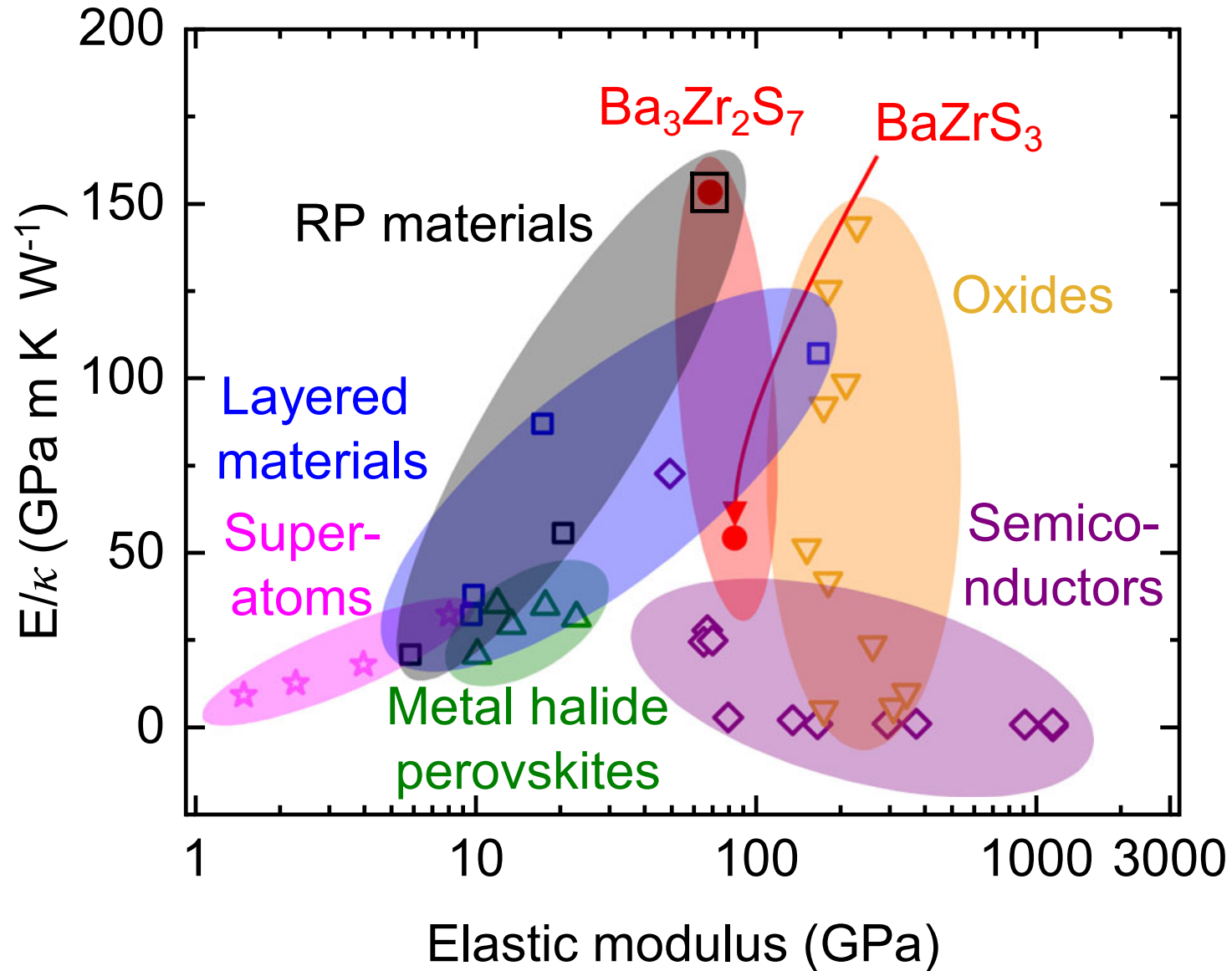


Irradiation dose ( $10^{13} \text{ ions/cm}^2$ )

*Nature Communications*  
**16, 6104 (2025)**



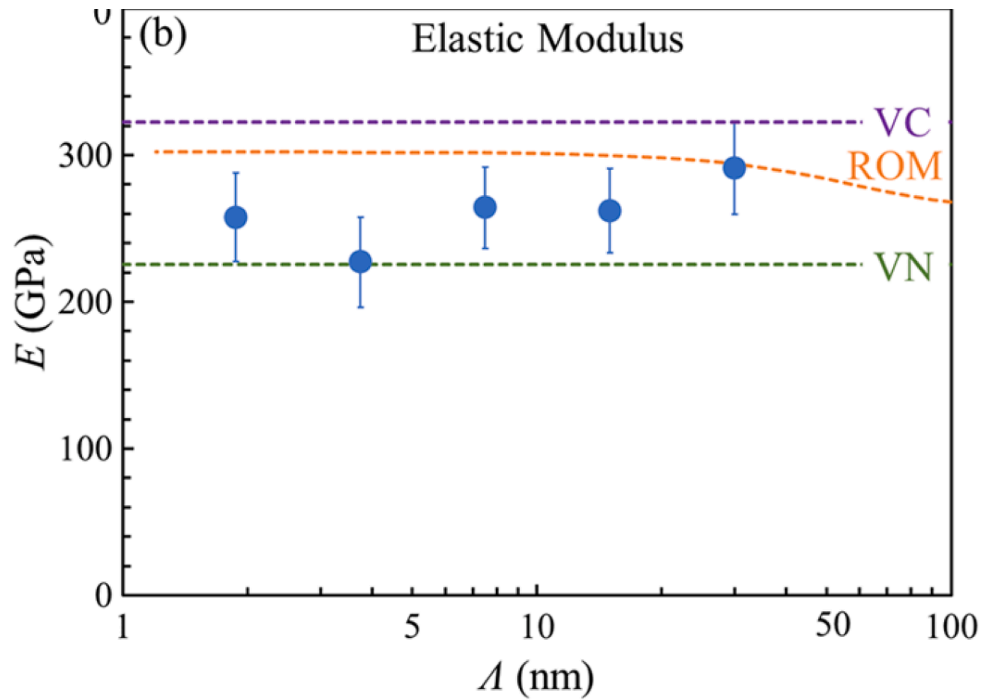
# Ruddlesden-Popper $\text{Ba}_3\text{Zr}_2\text{S}_7$ and $\text{Ba}_4\text{Zr}_3\text{S}_{10}$



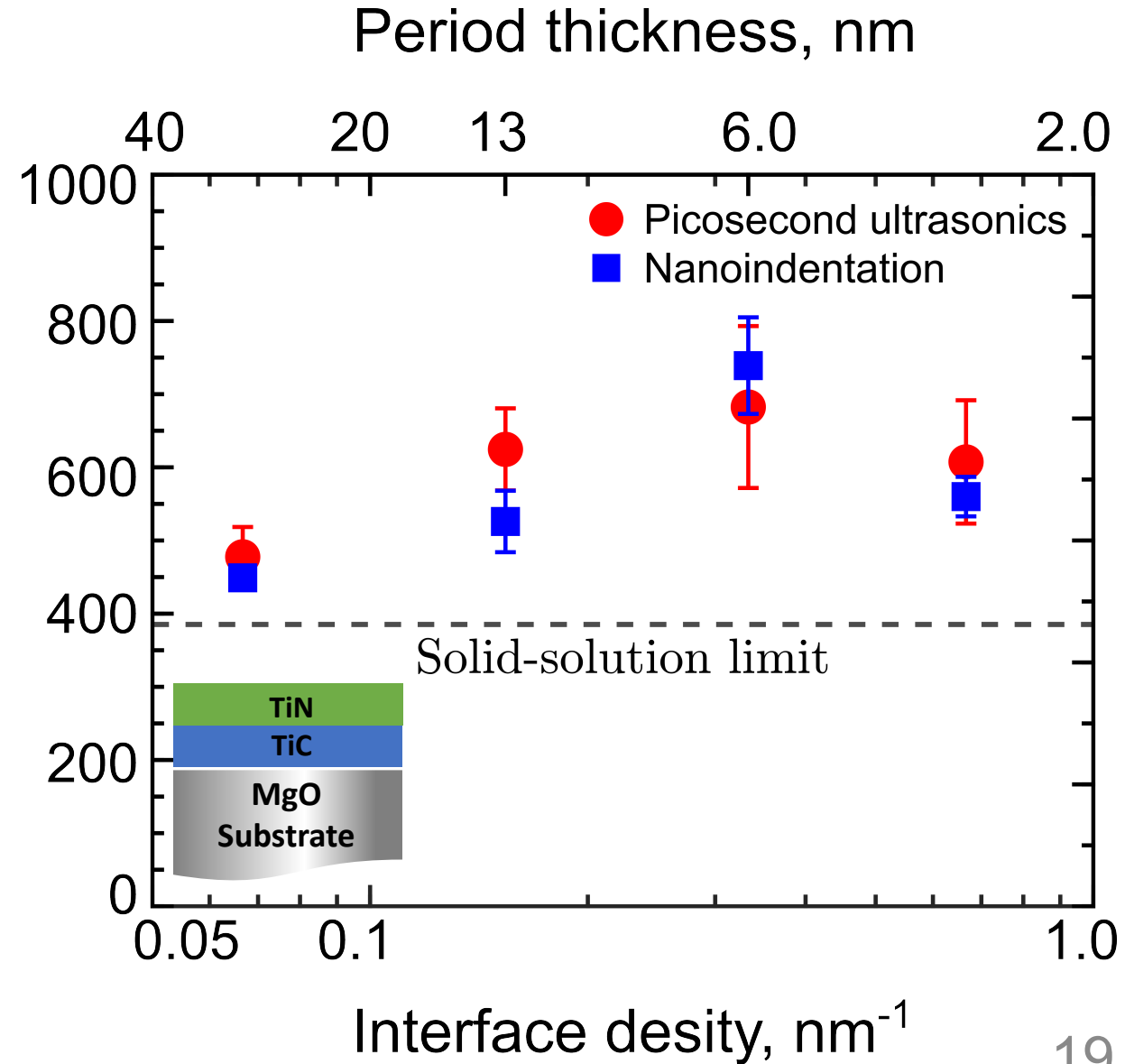
# Now how do we push to higher moduli independently of $\kappa$ ?



Controlling modulus with interfaces in refractory carbide/nitride superlattices



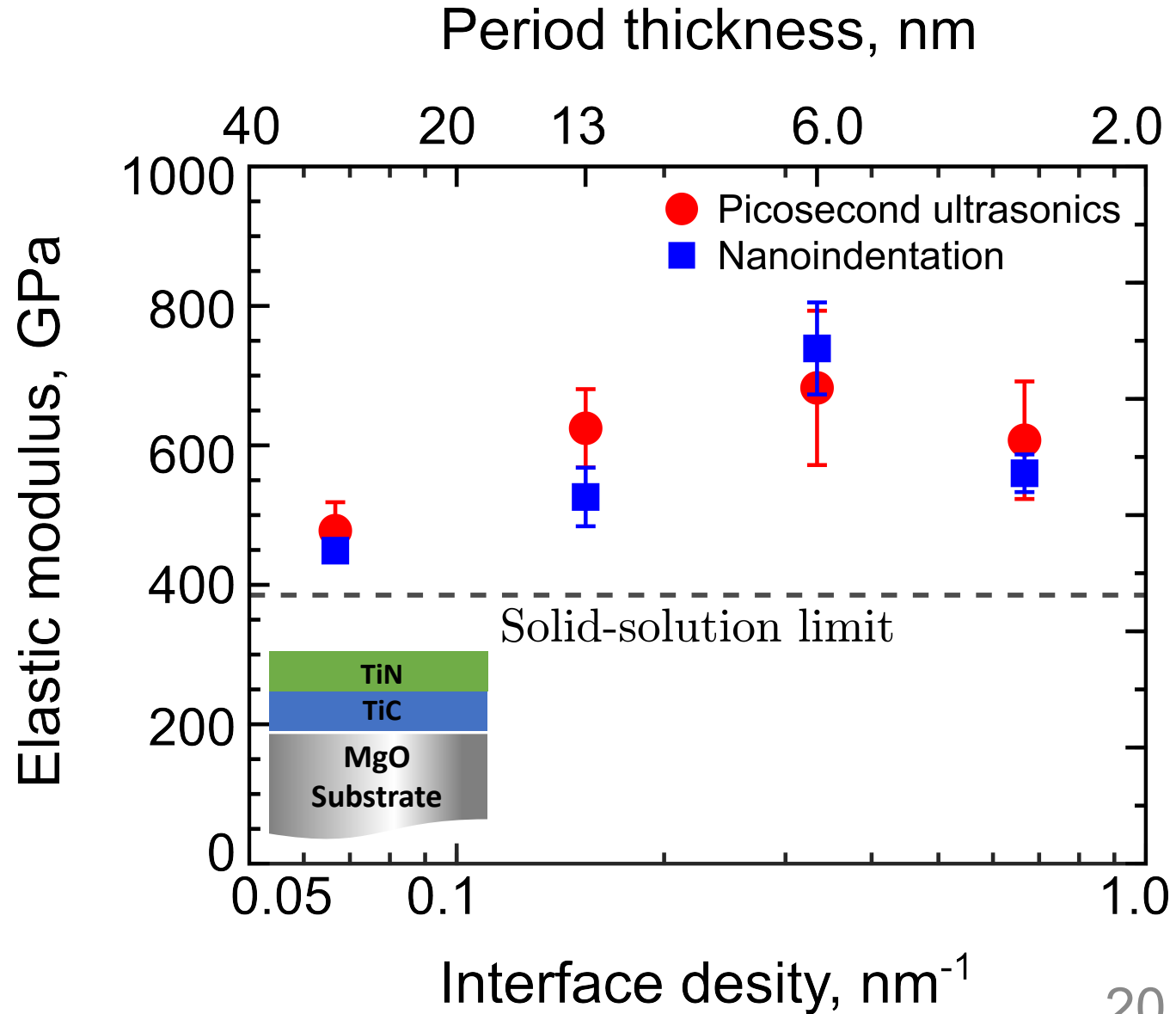
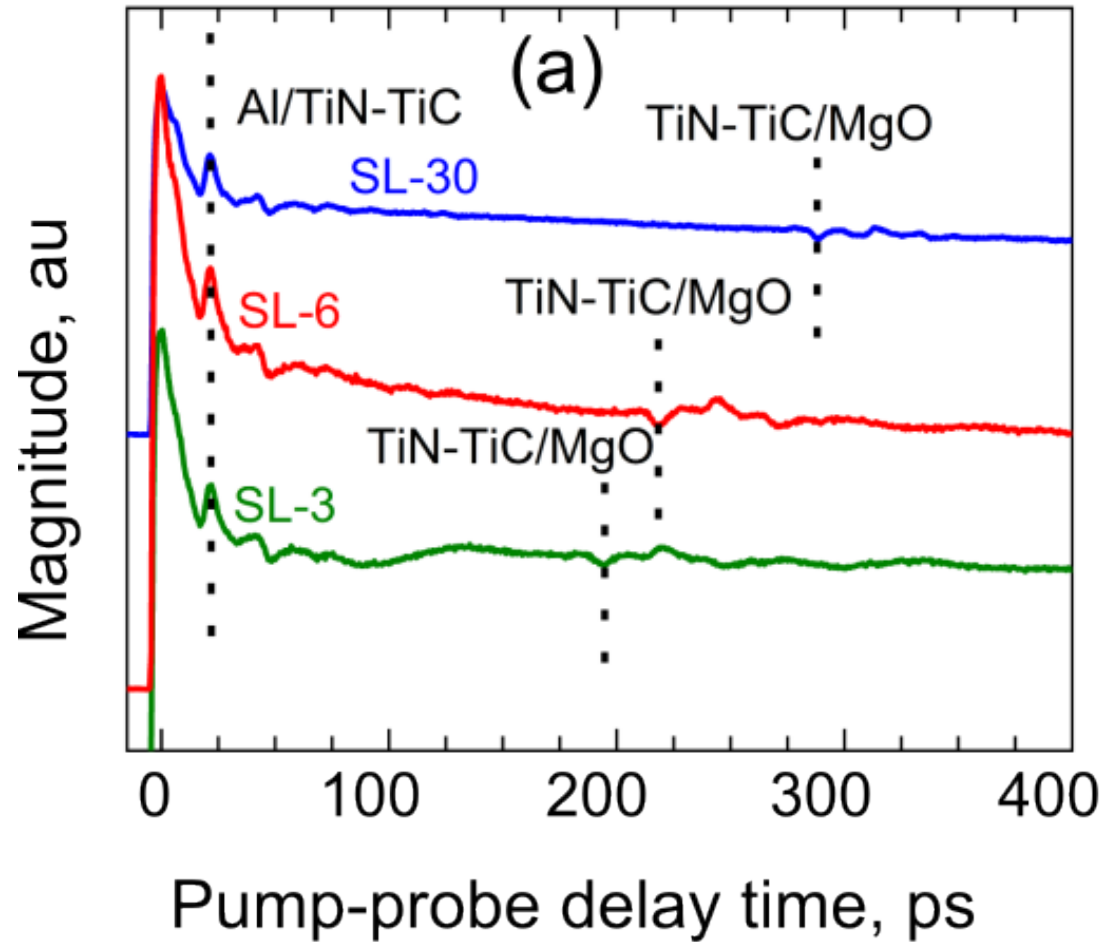
Elastic modulus, GPa



*Acta Materialia* **294**, 121135 (2025)

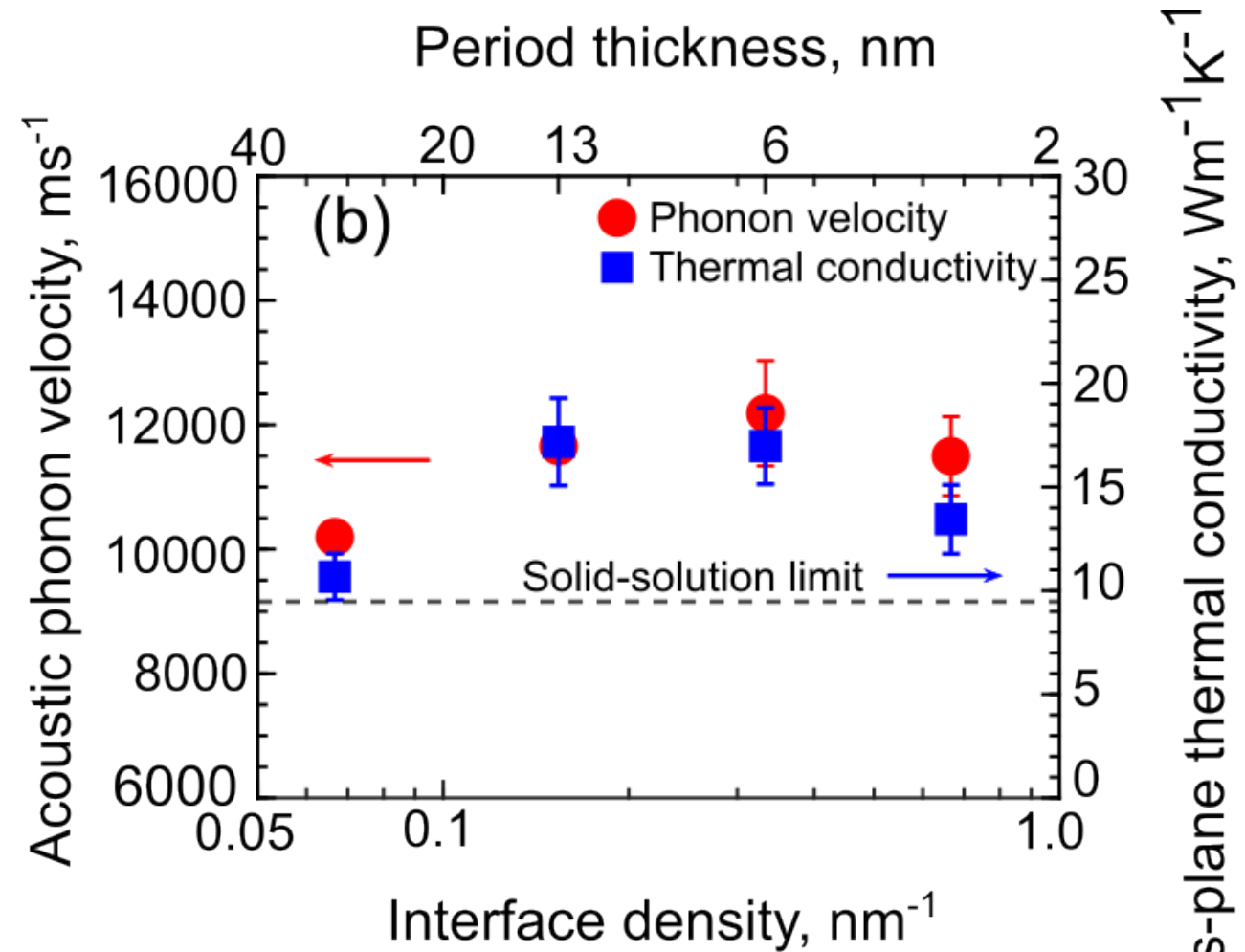
# Now how do we push to higher moduli independently of $\kappa$ ?

## Picosecond ultrasonics



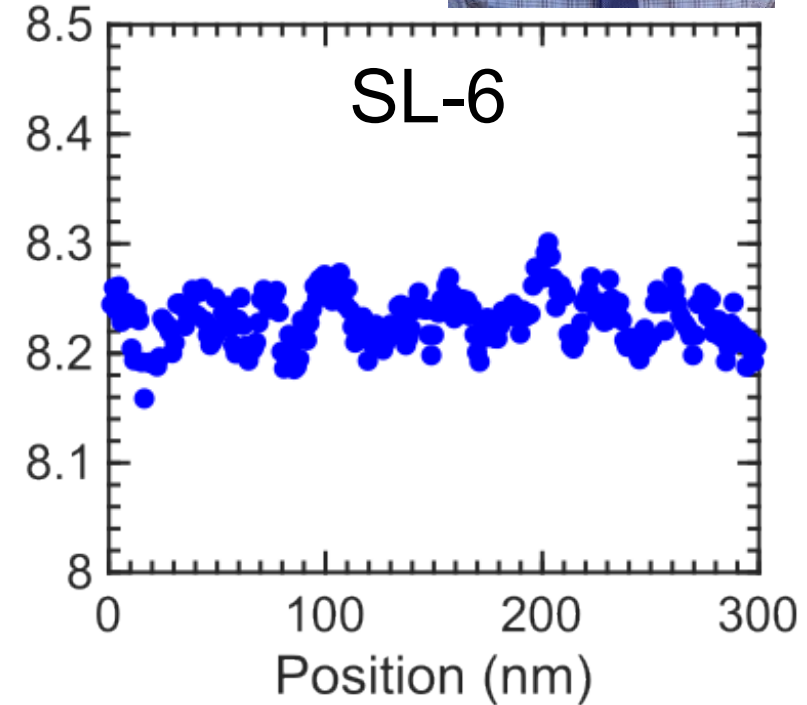
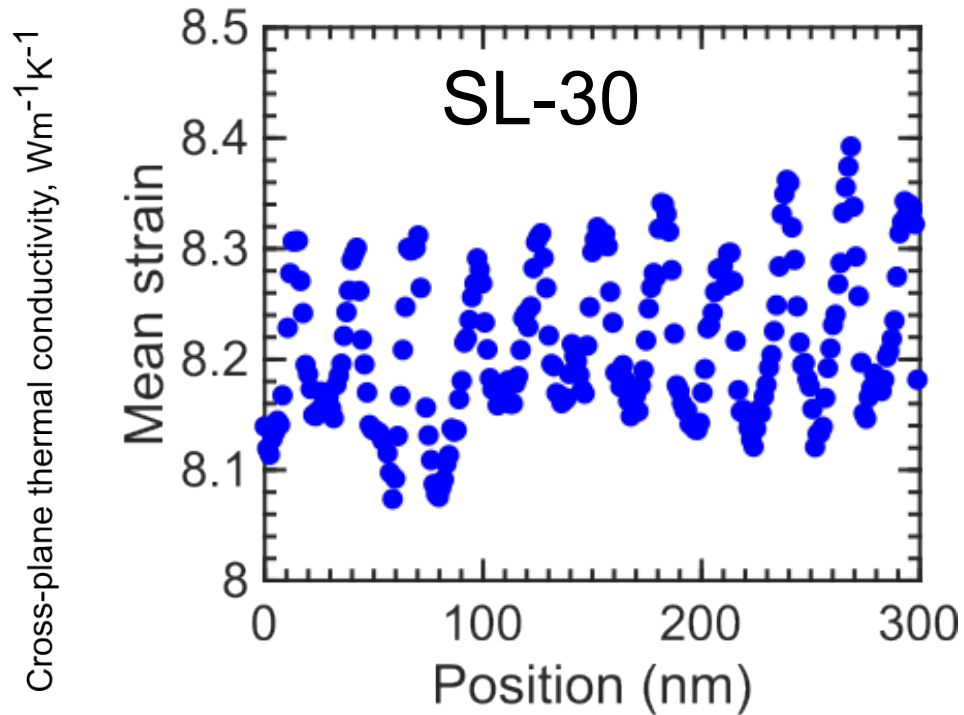
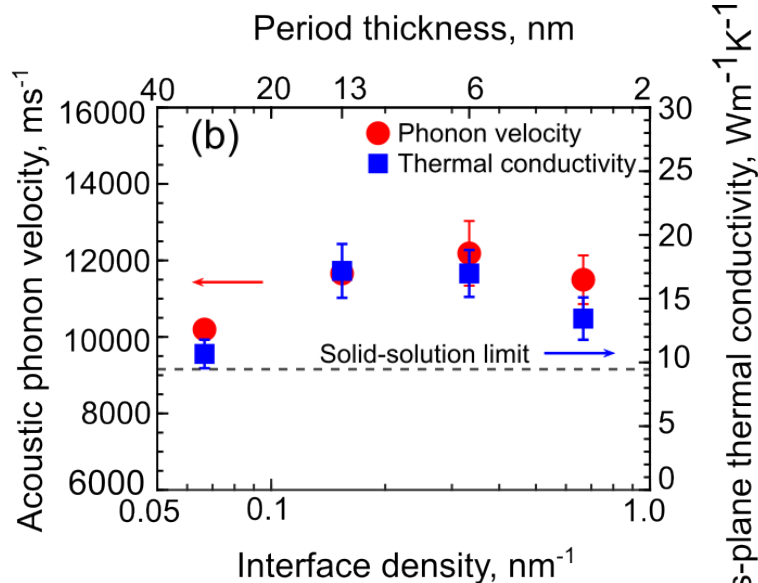
# Increase in interface density increases $k$ and velocity

- Increased interface density *increases* thermal conductivity until highest interface density sample when interfaces are no longer distinct
- Trends follow stiffness change, but still we know that interfaces should scatter shorter wavelength phonons

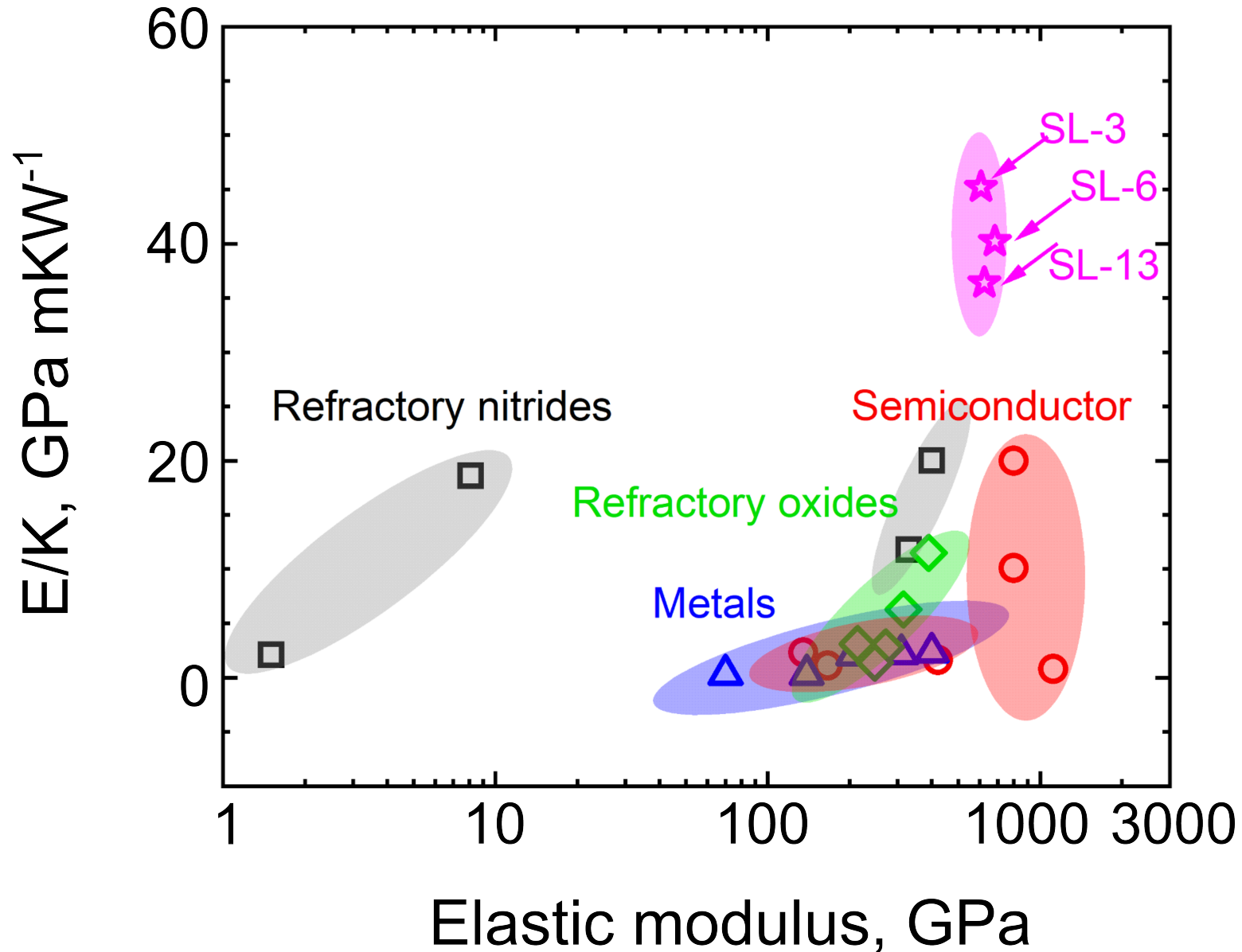


# TiNC interfacial phases increase stiffness

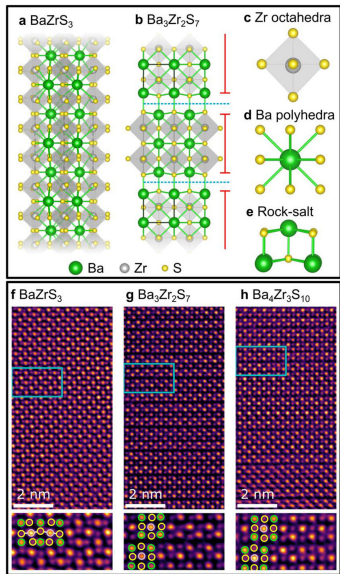
- Interfacial TiNC phase “stiffer” (evidence from refractories)
- Increased interface density reduces strain difference between layers, thus reducing phonon scattering (increased density of interfacial phase)



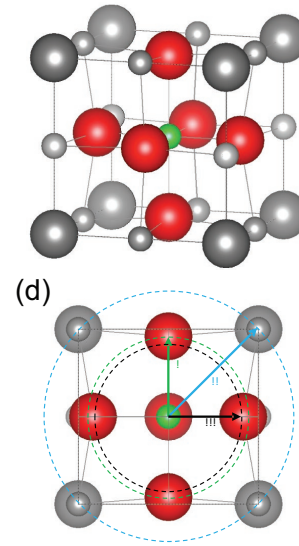
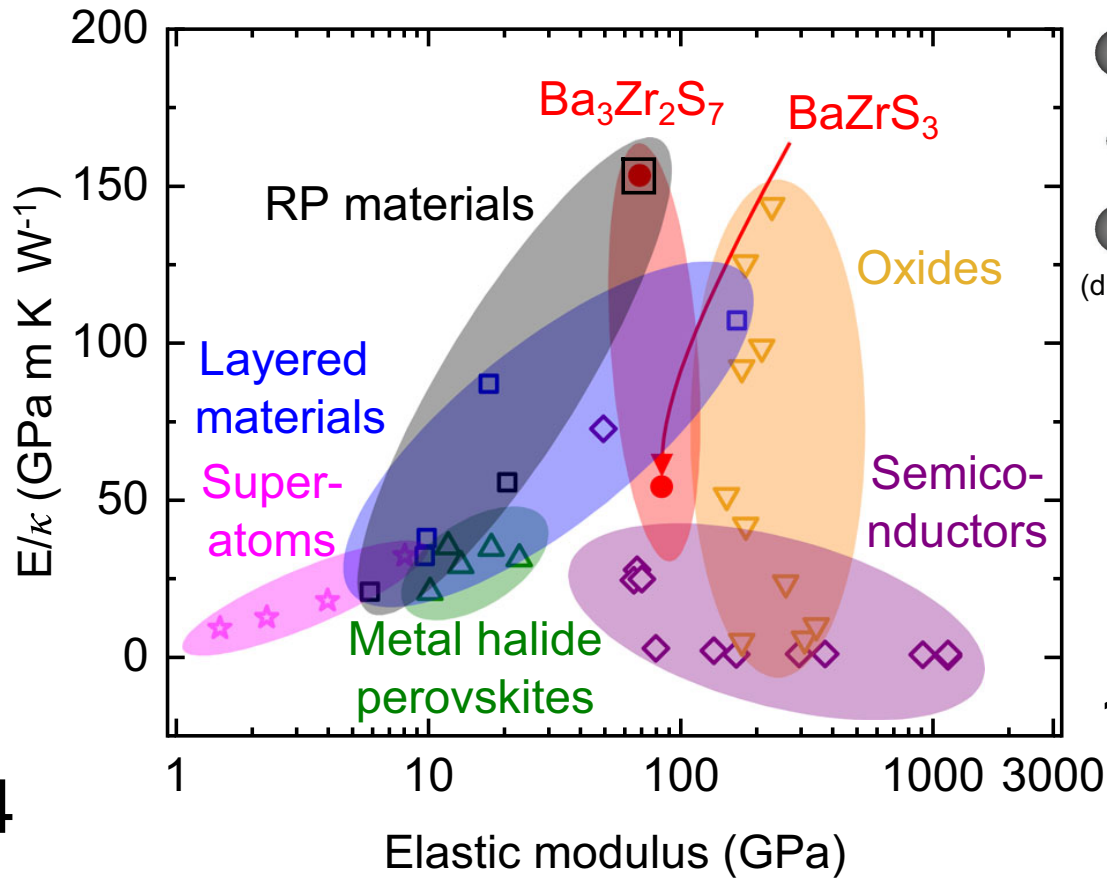
# Pushing the limits of $E/\kappa$ for refractories and high $\kappa$ materials



# Summary



*Nature  
Comm.*  
**16**, 6104  
(2025)



*Adv. Mater.* **30**,  
1805004 (2018)

