

# Time-domain thermoreflectance

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## Abstract

Time-domain thermoreflectance (TDTR) has been instrumental in measuring the heat transfer properties of bulk and nanostructured materials over the past two decades. In this Primer, we describe the optical and thermal aspects of TDTR, with an in-depth discussion on the theory, apparatus design and implementation. We present examples that illustrate the ability of TDTR to measure thermal conductivity tensors, thermal conductance across material interfaces, and volumetric heat capacity of thin films, 2D materials and bulk materials. The ability of TDTR to spatially resolve thermal properties is useful for studying heterogeneous material systems, such as materials processed in or subjected to extreme environments. We consider current limitations of pump–probe metrologies and discuss recent advancements of TDTR, such as time-resolved magneto-optic Kerr effect (TR-MOKE), beam-offset TDTR/TR-MOKE, steady-state thermoreflectance, frequency-domain thermoreflectance and laser-flash TDTR. Finally, we present an outlook on anticipated technological developments to further expand the ability of TDTR to measure nanoscale thermal properties.

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## Introduction

Time-domain thermoreflectance (TDTR) is a laser-based experimental technique used to investigate thermal transport phenomena across various material systems<sup>1,2</sup>. TDTR monitors temperature-induced changes to a sample's reflectivity, known as thermoreflectance<sup>3–6</sup>, caused by laser heating<sup>3–6</sup>. In a typical experiment, the sample is coated with a thin metal film (known as the transducer) that absorbs laser energy and converts it into heat. A time-delayed probe beam then measures the resulting changes in reflectivity<sup>1,2</sup>. Finally, experimental data are compared with the predictions of a thermal model<sup>1</sup>, with one or two key thermal property parameters adjusted until the model accurately matches the observed behaviour.

TDTR confines the temperature rise to near-surface regions (spanning tens of nanometres to several micrometres<sup>7</sup>) by measuring the thermal response of materials on nanosecond to microsecond time-scales. This surface-localized heating allows for the precise evaluation of thermal properties of thin films, material interfaces and microarchitected materials (such as superlattices, hierarchically ordered nanocomposites and nanolaminates, among others). These nano-systems often exhibit transport properties that differ considerably from their bulk counterparts, on account of the mean free paths of heat carriers being altered by compositional defects, grain boundaries and strain<sup>8–14</sup>.

The high lateral resolution of TDTR, typically ranging from 1 to 20  $\mu\text{m}$ , enables detailed mapping of microstructural inhomogeneities or compositional gradients<sup>15–21</sup>, and facilitates the characterization of thermal anisotropy in bulk and thin film systems, including 2D materials<sup>22–25</sup>, multilayers<sup>26–32</sup> and porous organic frameworks<sup>25,33–35</sup>. Moreover, the lateral resolution of TDTR makes it possible to measure samples with sub-millimetre dimensions, such as exfoliated flakes of 2D materials<sup>22–25</sup>, small crystals of next-generation semiconductors<sup>36–41</sup> and single polymer fibres<sup>42</sup>. TDTR is a non-contact experiment and has relatively simple sample preparation requirements, and therefore is a powerful tool for assessing the thermal properties of a wide range of materials and devices with complex geometries<sup>43–53</sup>. In short, TDTR and its experimental variations have proved over the past two decades to be a robust set of techniques for measuring the thermal properties of almost any material that can be prepared with an optically smooth surface.

Early innovations in pump–probe thermoreflectance have laid the groundwork for today's nearly standardized TDTR system, where both time-domain and frequency-domain thermal responses are exploited to enable thermal property measurements. The research groups of Eesley<sup>54–56</sup>, Rosencwaig<sup>57,58</sup>, Maris<sup>59,60</sup> and Rossignol<sup>61</sup> were among the first to report the use of pump–probe thermoreflectance techniques to study thermal and mechanical properties of thin films and interfaces. With the implementation of high repetition rate lasers (such as the now-standardized ~80 MHz Ti:sapphire oscillators, featuring <200 fs pulse widths), it becomes necessary to account for the effects of pulse accumulation on the measured signals<sup>61–64</sup>. The temporal spacing between pulses,  $1/f_{\text{rep}}$ , where  $f_{\text{rep}}$  is the laser repetition rate, is shorter than the time that the sample needs to cool to equilibrium after heating. As a result, heat from each pulse accumulates. Although these early studies recognized that pulse accumulation occurred, they still focused their analyses exclusively on the time-domain (or the in-phase) response to pulsed heating. As heat diffuses only a few tens to hundreds of nanometres over nanosecond timescales, this time-domain approach limits the sensitivity of measurements to the thermal properties of the underlying sample.

In the early 2000s, Cahill and co-workers introduced a breakthrough by decoupling the time-domain response from the

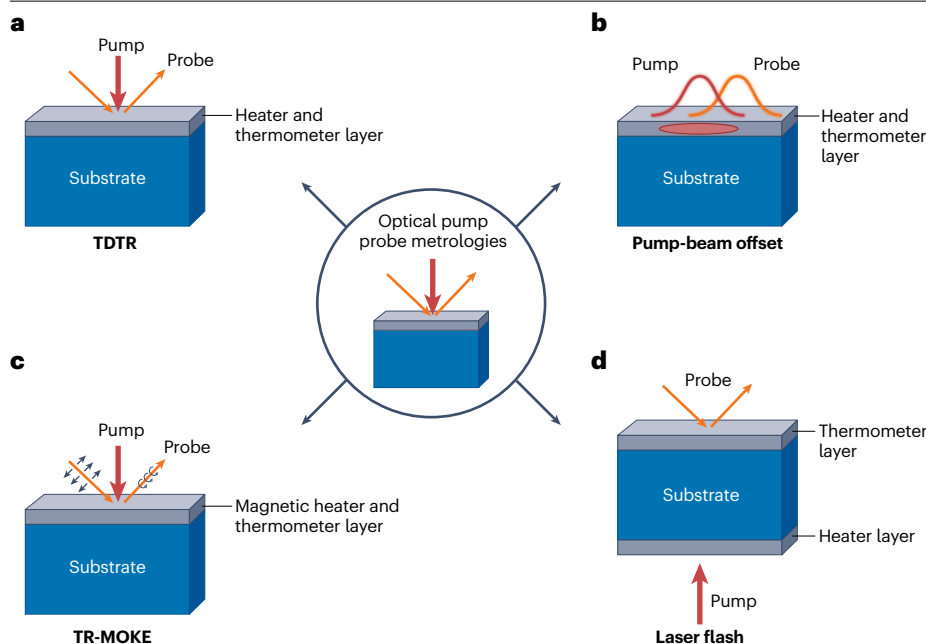
accumulated signal<sup>2,65–67</sup>. Cahill mathematically demonstrated that an additional out-of-phase component, which relates the sample's thermoreflectance response to the modulated heating from the pump, could be analysed alongside the traditional in-phase response<sup>1</sup>. This breakthrough enabled pump–probe thermoreflectance measurements to access a wider range of time and length scales that are now sensitive to heat transfer processes that occur on the timescale of the modulation of the train of pump pulses (such as the out-of-phase signal), as opposed to only those that occur during the temporal decay after impulse heating from the pump pulse (such as the in-phase signal). Today, this innovation underpins the nearly standardized configuration of modern TDTR experiments, and is an important and powerful distinction between TDTR and other transient pump–probe techniques. Inspired by the definitions put forth by Koh et al.<sup>68</sup>, we suggest that the term TDTR be reserved for experimental techniques where these in-phase and out-of-phase responses are used, whereas pump–probe techniques based on low-repetition rate lasers or continuous wave probe lasers should be termed transient thermoreflectance (TTR).

The primary focus of this Primer is to provide details of the experimental and analytical elements that define modern-day TDTR experiments. We first discuss the experimental set-up for TDTR (Figs. 1 and 2) and its variants. We then review principles for common measurements, such as thermal interface conductance, thermal conductivity tensors and heat capacities. Numerous basic TDTR principles reviewed here can be supplemented with the excellent TDTR tutorial by Jiang et al.<sup>69</sup>. Beyond that tutorial, this Primer includes an explanation of the physical meaning of TDTR signals, transducerless TDTR measurements, laser-flash TDTR and steady-state thermoreflectance (SSTR) while reviewing different applications of TDTR, such as for ion irradiation, spatial mapping, liquids and biomaterials.

A secondary focus of this Primer is to discuss advanced TDTR methods and related metrologies designed to address specific measurement challenges. For example, to measure the 3D thermal conductivity tensor of anisotropic materials, beam-offset TDTR uses offset pump and probe laser beams to resolve lateral heat spreading<sup>70</sup> (Fig. 1b). Time-resolved magneto-optic Kerr effect (TR-MOKE) leverages magneto-optic thermometry to improve sensitivity to in-plane and cross-plane thermal conductivity of thin films<sup>71–73</sup> (Fig. 1c), whereas laser-flash TDTR allows for measurements of the spatial evolution of the temperature profile in the through-plane direction as a function of time and heating frequency<sup>74,75</sup> (Fig. 1d). A comparative table outlining the operating principles, advantages and measurement limitations of TDTR and all of its variants is provided in Supplementary Table 1, along with critical sample preparation requirements for each technique. After discussing these experimental variations, we examine studies showcasing TDTR applications across diverse material systems. We provide best practices for data reproducibility, identify sources of error and consider experimental design factors. The Primer then explores the inherent limitations of TDTR in sampling representative volumes of material beneath a surface, and compares the technique with alternatives such as frequency-domain thermoreflectance (FDTR) and SSTR. Finally, the Outlook section explores emerging trends and considers future directions for TDTR and nanoscale thermal metrology.

## Experimentation

Here, we provide an overview of the apparatus required for TDTR and describe the basic theory underpinning TDTR signals. Figure 2 shows the optical layout for a TDTR experiment, along with proposed modifications to the set-up that enable multiple measurement configurations



**Fig. 1 | Introduction to optical pump-probe metrologies for thermal property measurements.** **a**, Time-domain thermoreflectance (TDTR) measurements where the reflection geometry allows for thermal conductivity and heat capacity measurements of thin films and bulk samples. **b**, Beam-offset measurements where the heater and thermometer spots are offset by a specified distance. This geometry allows measurements of thermally anisotropic samples. **c**, Time-resolved magneto-optic Kerr effect (TR-MOKE) measurements. By substituting thermoreflectance with magneto-optic thermometry, this technique improves spatio-temporal resolution and allows measurements of thinner films. Beam-offset measurements can be performed in both TDTR and TR-MOKE configurations. **d**, Laser-flash measurements, where the heater and thermometer spots are on opposite sides of the substrate. By providing additional information about the temperature profile in the through-plane direction, laser flash is useful for multilayer samples with multiple unknown properties.

in a single optical table. We provide a detailed guide for building TDTR set-ups in Supplementary Note 1.

## TDTR apparatus

**Laser system.** TDTR experiments typically use a solid-state diode-pumped Ti:sapphire oscillator that generates sub-picosecond pulses at a central wavelength of ~800 nm, with a spectral bandwidth of ~10–12 nm and a repetition rate of 80 MHz. If the output beam is elliptical, cylindrical lenses can be used to correct it<sup>70</sup>. In Supplementary Box 1, we provide an overview of Gaussian beam optics and associated formulae that are useful for beam shaping, beam collimation and focusing down to diffraction-limited spot sizes.

**Delay stage.** The delay stage controls the time delay between the pump and probe beams at the sample by introducing a controllable difference in path length. The delay stage can be placed in either the pump or probe path. Setting the delay stage on the pump path introduces a phase shift,  $e^{i \cdot 2\pi \cdot f_{\text{mod}} \cdot t_{\text{delay}}}$ , in the heating function that needs to be accounted for in the thermal modelling, where  $f_{\text{mod}}$  is the pump modulation frequency and  $t_{\text{delay}}$  is the pump-probe delay time<sup>70</sup>. The delay time is equal to the optical path length difference divided by the speed of light. The delay stage must introduce a path length difference of at least  $\approx 0.9$  m, yielding a delay time of at least  $\approx 3$  ns, so that the transducer-sample interface conductance,  $G$ , can be determined.  $G$  is measured by observing the timescale over which the metal film transducer's temperature decays, given by  $\tau = h_t C_t / G$ , where  $\tau$  is the transducer's thermal response time,  $h_t$  is the transducer's thickness and  $C_t$  is the transducer's volumetric heat capacity. Typical values are  $h_t = 10^{-7}$  m,  $C_t = 3 \times 10^6$  J m<sup>-3</sup> K<sup>-1</sup> and  $G = 10^8$  W m<sup>-2</sup> K<sup>-1</sup>, and thus  $\tau$  is  $\approx 3$  ns.

**Modulation of the pump beam.** TDTR derives its sensitivity to the thermal properties of the sample by measuring the thermal response of the sample to harmonic heating at  $f_{\text{mod}}$ , and therefore modulation of the pump beam is necessary. An electro-optic modulator is used to modulate the train of pump pulses with typical modulation

frequencies ranging between 0.1 and 20 MHz. The resulting heating function is shown in Fig. 3c. We discuss the effect of square and harmonic modulation envelopes in Supplementary Note 1.

**Objective lens and integrated microscope.** The pump and probe beams are focused onto the sample surface using an objective lens. Lenses with long working distances facilitate integration with sample environments such as optical cryostats or heater stages for in situ measurements. The probe beam must not be clipped at the back focal plane of the objective lens or anywhere on the optical path between the sample and the detector. Clipping the beam causes measurement artefacts by converting thermal expansion-induced phase modulations of the probe beam into intensity modulations<sup>76–81</sup>. This condition limits the size of the probe beam in free space, and consequently the diffraction-limited spot size on the sample (associated formulae can be found in Supplementary Box 1). An integrated microscope, composed of a charge-coupled device camera and a suitable lens, allows for sample surface imaging and ensures that the sample is reliably placed at the focal plane of the objective lens. Imaging of the surface also allows users to avoid regions of the sample with dust or defects and simplifies the spatial overlap of the pump and probe beams on the sample surface<sup>82</sup>.

**Detector and lock-in amplifier.** The reflected probe beam is focused onto a silicon photodetector with a response time sufficient to resolve signals at  $f_{\text{mod}}$ . The detector is connected to a radio-frequency lock-in amplifier. The lock-in amplifier measures the amplitude and phase of the AC signal at  $f_{\text{mod}}$ . In Supplementary Note 1, we discuss design considerations for the detection circuit, and methods for blocking the pump beam from reaching the detector, which is critical.

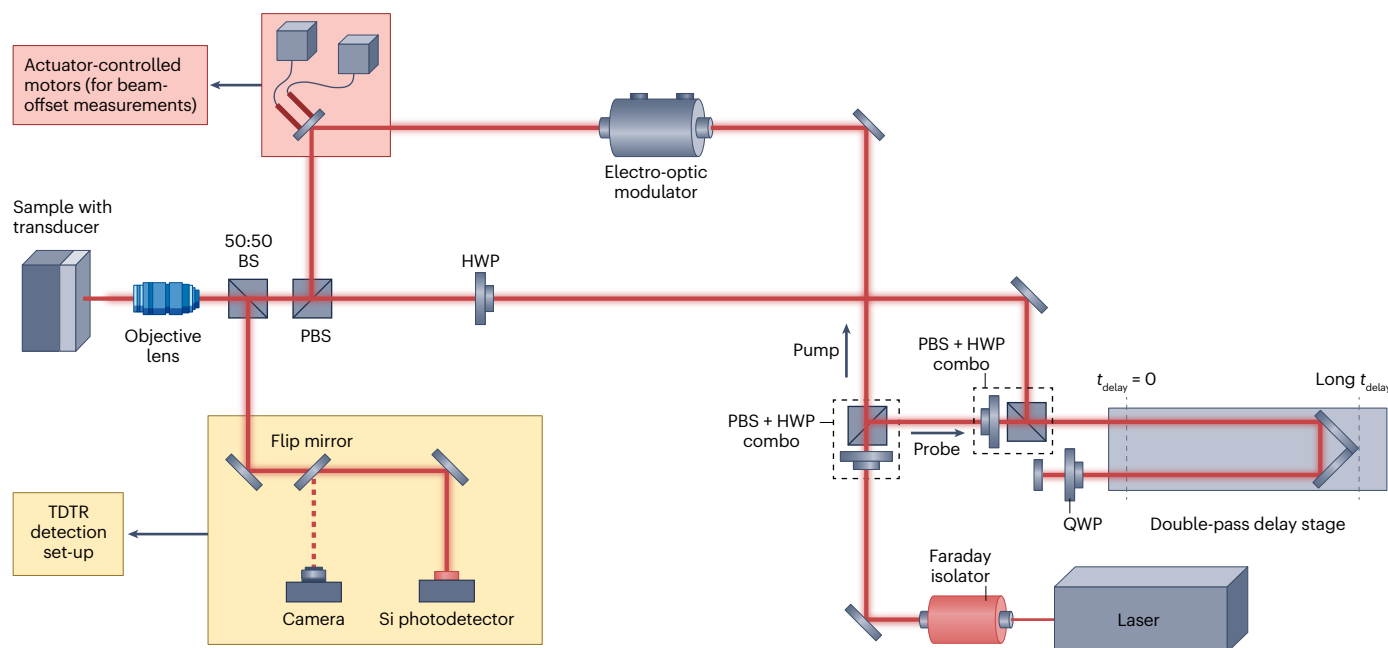
## Advanced TDTR methods

**Beam-offset set-up.** Precise control over the spatial overlap of pump and probe beams, known as the beam offset, is achieved either by using a goniometer with motorized actuators on the polarized beam-splitter (PBS) in front of the objective lens<sup>70</sup> or by utilizing motorized actuators

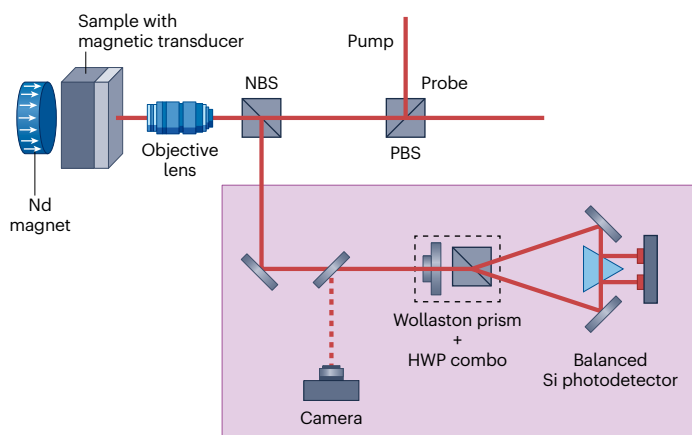
on a mirror in the pump beam path<sup>83</sup> (as shown in the red transparent box in Fig. 2a). Both of these methods deflect the pump beam by an angle of  $\Delta\theta$  as it enters the objective lens producing a beam offset of  $\Delta x_0 = F\Delta\theta$  on the sample surface, where  $F$  is the focal length of the objective lens. Offsetting the pump with respect to the probe allows the width of the in-plane temperature profile to be measured. In contrast to measurements with overlapped pump and probe beams, which depend on both through-plane and in-plane transport properties, the width of the in-plane temperature profile usually depends only on in-plane transport properties<sup>70</sup>. We discuss in-plane thermal conductivity measurements using beam offset in greater detail in 'Results'.

**TR-MOKE set-up.** The primary distinction between the TDTR and TR-MOKE experimental set-ups lies in the detector optics, as illustrated in Fig. 2b. TR-MOKE measures the magneto-optic Kerr effect, which describes the change in polarization of the reflected probe beam caused by the magnetization of a ferromagnetic transducer<sup>84</sup>. To measure the change in polarization, the reflected probe is split into orthogonally polarized components with a Wollaston prism and directed onto a balanced photodetector. Prior to the measurement, a half-wave plate (HWP) before the prism is rotated to balance the detectors. During the measurement, any temperature-induced changes in polarization imbalances the detectors and generates a signal proportional to the

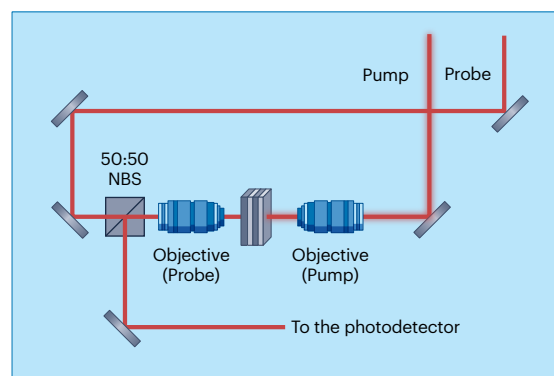
## a TDTR experimental layout



## b TR-MOKE detection layout

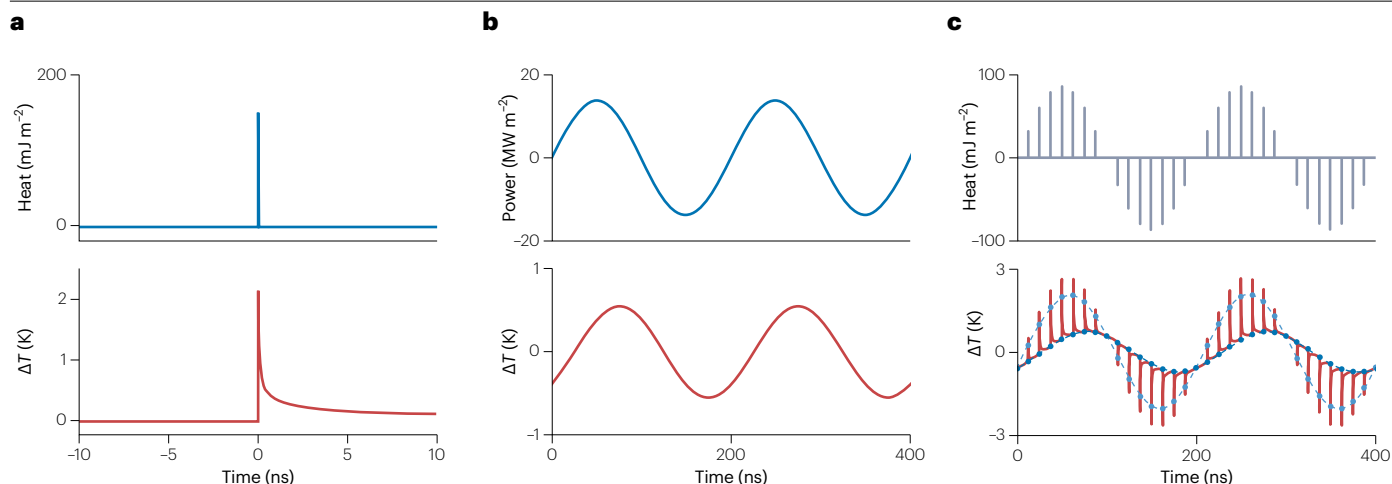


## c Sample stage layout for laser-flash TDTR



**Fig. 2 | Optical schematic for time-domain thermoreflectance and experimental variants.** **a**, Time-domain thermoreflectance (TDTR) experimental layout. A more detailed TDTR layout is shown in Supplementary Fig. 1. **b**, Detector layout for time-resolved magneto-optic Kerr effect (TR-MOKE)

experiments. **c**, Sample stage design layout for laser-flash TDTR experiments. BS, beam-splitter; HWP, half-wave plate; NBS, normal beam-splitter; PBS, polarized beam-splitter; QWP, quarter-wave plate;  $t_{\text{delay}}$ , pump–probe delay time.



**Fig. 3 | Thermal responses to different types of heating.** **a**, Transient temperature rise following a single pump pulse. **b**, Temperature oscillation caused by harmonic heating at 5 MHz; the temperature waveform (red) lags the heating function. **c**, Temperature response to a pulse train whose envelope is modulated at 5 MHz (red curve). In a time-domain thermoreflectance (TDTR) experiment, measurements are collected over a series of delay times to gain information about both the harmonic response and the pulsed response.

The probe samples the instantaneous temperature at fixed delays after each pump pulse: dark blue markers at  $-100$  ps and light blue markers at  $+100$  ps. The  $-100$  ps trace is similar to the harmonic temperature response in panel **b** and describes the thermal response of the sample on a  $1/f_{\text{mod}}$  timescale. Alternatively, the amplitude of the waveform at  $+100$  ps reflects the pulsed response shown in panel **a** at a time  $100$  ps after the pulse.  $\Delta T$ , excess surface temperature of the sample caused by heating;  $f_{\text{mod}}$ , pump modulation frequency.

temperature change. To suppress any thermoreflectance signals, it is useful to repeat the measurement with the transducer oppositely magnetized and taking the difference of the two signals. The resulting TR-MOKE ratio of in-phase to out-of-phase voltages can then be analysed identically to a conventional TDTR measurement.

As illustrated in Fig. 2b, TR-MOKE measures the real part of the ferromagnetic metal's Kerr rotation angle. The signal can sometimes be improved by instead measuring the imaginary part of the Kerr angle or some linear combination of the two. This can be accomplished by replacing the HWP before the prism with a quarter-wave plate (QWP)<sup>85</sup>, or by adding a Babinet–Soleil compensator before the HWP<sup>83</sup>. In 'Results', we describe how TR-MOKE can enable superior sensitivity to both in-plane and through-plane transport coefficients.

**Laser-flash TDTR set-up.** Laser-flash TDTR involves heating and probing a sample on opposite sides to measure the cross-plane heat transfer as a function of time and/or heating frequency. The modified optical layout for laser-flash TDTR is shown in Fig. 2c. The pump beam path remains identical to that in standard TDTR experiments, whereas the probe beam is redirected using mirrors to reach the opposite side of the sample. The resulting reflected probe is then directed to a photodetector. We discuss the ability of laser-flash TDTR to measure through-plane temperature profiles of multilayer stacks and amorphous thin films in 'Results'.

## Signal acquisition and processing

Across all variations of TDTR, the voltage signal measured by the radio-frequency lock-in amplifier is given as follows:

$$V(t) = \zeta P_{\text{probe}} \frac{dR}{dT} \Delta T(t_{\text{delay}}) \quad (1)$$

where  $\zeta$  represents a set-up-specific constant that is equal to the product of the transmissivity of all the optical elements between the sample

and the detector, the detector's responsivity and the gain of the electronics in the detection circuit<sup>86</sup>;  $P_{\text{probe}}$  is the power of the probe beam;  $dR/dT$  is the thermoreflectance coefficient of the transducer; and  $\Delta T(t_{\text{delay}})$  is the lock-in measured temperature response as a function of pump–probe time delay. As we discuss below,  $\zeta$ ,  $P_{\text{probe}}$  and  $dR/dT$  are not needed for typical analysis of TDTR data by considering both the in-phase and out-of-phase responses.

Lock-in signals (the in-phase voltage signal,  $V_{\text{in}}$ , and the out-of-phase voltage signal,  $V_{\text{out}}$ ) are collected as a function of pump–probe time delay. Initially, data are collected over a short time-delay window, such as  $-20$  to  $100$  ps, in small ( $\sim 1$  ps) increments. This first linear scan allows for the lock-in phase offset to be set and provides picosecond acoustics signals for film thickness determination (resolving picosecond acoustics signals requires pulse durations in the order of  $1$  ps or less<sup>87</sup>). Subsequent data are collected on a log scale from  $-100$  ps to the maximum delay time (typically  $\sim 4$  ns). See Supplementary Fig. 2 for an outline of a basic TDTR measurement.

The lock-in amplifier measures the phase relative to a reference signal at  $f_{\text{mod}}$ , which is provided by the function generator. TDTR analysis requires the phase of the signal relative to the pump heating function to be known. As the phase of the pump heating function and reference signal will be different, a phase correction must be applied. This can be done during data analysis, or by adjusting the lock-in amplifier's phase setting manually. The optimal phase offset will flatten the out-of-phase signal near zero delay time, for example, making  $V_{\text{out}}$  constant from  $-20$  to  $20$  ps. This is because the out-of-phase signal describes the thermal response on  $1/f_{\text{mod}}$  timescales, which are not affected by a change of  $40$  ps in delay time. We suggest guidelines for choosing a suitable modulation frequency in Supplementary Note 2.

## Signal theory

We now turn our attention to understanding and modelling the measured TDTR signals. The ratio of the  $V_{\text{in}}$  and  $V_{\text{out}}$  signals is analysed by



comparison with the predictions of the multilayer thermal model described by Cahill<sup>1</sup>. Prior studies provide detailed descriptions of the mathematics underpinning the multilayer thermal model for TDTR data analysis<sup>1,77,88–91</sup>. Here, we focus on building a physical intuition for the  $V_{in}$  and  $V_{out}$  signals.

TDTR's effectiveness arises from its ability to measure the response of the system to both pulsed heating and harmonic heating. We illustrate how this works in Fig. 3 by comparing thermal responses of a semi-infinite solid with thermal effusivity of  $\approx 5 \times 10^3 \text{ W s}^{0.5} \text{ m}^{-2} \text{ K}^{0.5}$  from heating by a single laser pulse (Fig. 3a), by harmonic heating at 5 MHz (Fig. 3b) and by the modulated pulse train used in TDTR experiments with  $f_{mod} = 5 \text{ MHz}$  (Fig. 3c). In Supplementary Note 2, we provide further details about the relationship of these three types of heating. Figure 3c (red curve) shows how the TDTR signal is constructed from the temperature evolution with time in response to modulated pulsed heating. The dark and light blue markers indicate the temperatures being sampled at a delay time of  $-100 \text{ ps}$  and  $+100 \text{ ps}$ , respectively. The harmonic function formed by these markers is detected by the lock-in at that time delay. The full TDTR signal is built by sampling the temperature across a range of time delays.

The  $V_{in}$  signal in a TDTR experiment corresponds to the temperature response synchronized (in-phase) with the pump modulation. It reflects the immediate temperature rise and the energy stored in the sample after each pump pulse. In other words,  $V_{in}$  describes the thermal response of the sample to heating from a single pulse, as illustrated in Fig. 3a. Notably, the harmonic function formed by the light blue markers at  $+100 \text{ ps}$  in Fig. 3c is in phase with the modulation envelope. When the metal film (transducer) absorbs a single laser pulse, the magnitude of this temperature rise depends on the transducer's thickness and heat capacity. Subsequently, the transducer cools as heat flows into the sample beneath. The characteristic cooling time ( $\tau$ ) is governed by the interfacial thermal conductance ( $G$ ) and the sample's thermal conductivity ( $k$ ). Thus, the in-phase signal decays with time, and has an amplitude that is inversely proportional to the transducer's heat capacity per unit area:  $V_{in} \propto f(t)/h_t C_v$ , where the function  $f(t)$  describes the decay rate. For samples with  $k \gg h_t G$ , the transducer can be treated as a lumped capacitance, and the temperature decays exponentially:  $f(t) = \exp(-t/\tau)$ .

Alternatively, the  $V_{out}$  signal lags the pump by  $90^\circ$ , and thus captures the delayed thermal response governed by heat diffusion away from the heated region. Here, the sample acts as a thermal integrator. Energy is deposited in discrete pulses but diffuses away slowly. As a result,  $V_{out}$  closely resembles what would be observed in response to continuous harmonic heating at frequency,  $f_{mod}$  (Fig. 3b,c). Notably, the harmonic function formed by the light blue markers at a time delay of  $-100 \text{ ps}$  is similar in amplitude and phase to the harmonic temperature response caused by purely harmonic heating shown in Fig. 3b. In response to harmonic heating, the sample's temperature oscillates with an amplitude proportional to the thermal resistance of the sample across a characteristic length,  $d$ , defined as the distance that the heat diffuses during one modulation period  $1/f_{mod}$ . For bulk samples, this distance is the thermal penetration depth  $d_p = \sqrt{k/\pi C_f f_{mod}}$  and  $V_{out} \propto d_p/k$ . Or, equivalently,  $V_{out}$  is inversely proportional to the sample's thermal effusivity:  $V_{out} \propto 1/\sqrt{kC}$  (in Supplementary Note 2, we provide a more rigorous derivation of this heuristic).

In TDTR experiments, the ratio of  $V_{in}$  and  $V_{out}$  is analysed, which is convenient because it is independent of numerous experimental parameters that both  $V_{in}$  and  $V_{out}$  are proportional to, including  $\zeta$ ,

the transducer's  $dR/dT$  and the pump and probe powers. Based on the discussion above, the ratio for a TDTR measurement of a high- $k$  bulk sample can be approximated as follows:

$$-\frac{V_{in}}{V_{out}} \approx \frac{2\sqrt{\pi f_{mod}}}{f_{rep}} \frac{\sqrt{kC}}{h_t C_t} \exp\left(\frac{-t}{\tau}\right) \quad (2)$$

For samples with low  $k$ , the amplitude will be the same, but  $\exp(-t/\tau)$  will be replaced by a different decay function,  $f(t)$ , that depends on  $h_t C_v G$  and  $\sqrt{kC}$ . A more detailed discussion and derivation of Eq. 2 is provided in Supplementary Note 2. The key points to take away from Eq. 2 are that the ratio signal in TDTR experiments usually scales with the sample's effusivity and the decay rate of the ratio signal provides a sensitive measure of the interface conductance between the transducer and the interface. We emphasize that although Eq. 2 is a useful heuristic for considering how changes in thermal properties will alter TDTR signals, actual data analyses are performed with the multilayer thermal model described in ref. 1.

FDTR is a technique closely related to TDTR. Both techniques measure the response of the sample to harmonic heating. In FDTR, the phase lag between the harmonic heating and thermal response (Fig. 3b) is measured as a function of heating frequency. In TDTR, the response to pulsed heating (Fig. 3c) is measured as a function of time delay normalized by the out-of-phase thermal response to harmonic heating at  $f_{mod}$ .

## Sample preparation and choosing a transducer

TDTR experiments usually require coating the sample with a metal transducer. A metal transducer ( $>50 \text{ nm}$  thick) in TDTR experiments confines heating and temperature sensing to the surface, prevents electron–hole pair excitation and simplifies thermal modelling by eliminating the need for depth-dependent absorption and thermoreflectance calculations<sup>74</sup>. The sample surface before and after transducer deposition needs to be smooth (for example, root-mean-square roughness of the surface  $<10 \text{ nm}$ ) to ensure no diffuse reflectance of the probe beam. Thus, not only must the interface between the sample and transducer be smooth but also the transducer must be deposited such that there are no elevated islands or raised grains formed on the surface. Supplementary Note 3 provides additional details about the role of the transducer and factors to consider during selection.

The figure of merit for maximizing the signal-to-noise ratio is  $(1/R) \times (dR/dT)$  of the metal at the probe wavelength<sup>86,92</sup>. This value typically peaks at wavelengths near interband optical transitions<sup>93</sup>, and is reported for various transducers<sup>86,92</sup>. Aluminium is a good transducer for most experiments with a probe wavelength near  $800 \text{ nm}$ , where it has large thermoreflectance, strong picosecond acoustic signals, high transducer thermal conductivity and good adhesion to most samples.

For in-plane thermal conductivity ( $k_p$ ) measurements, the  $k_t$  value should be low. A high  $k_t$  value shunts the in-plane heat current. This reduces sensitivity to the sample's in-plane conductivity. Specifically, the transducer's in-plane conductance ( $h_t \cdot k_t$ ) should be lower than the sample's in-plane conductance. The in-plane conductance of a thin film is  $h_{film} \cdot k_{film}$ , whereas for bulk samples it is  $d_p \cdot k_{substrate}$ . Metal alloys such as NbV ( $k_t \sim 20 \text{ W m}^{-1} \text{ K}^{-1}$ )<sup>71</sup> or an AlTi bilayer ( $k_t \sim 40 \text{ W m}^{-1} \text{ K}^{-1}$ )<sup>94</sup> combine low  $k$  with high  $dR/dT$ , which make them good transducer choices for in-plane measurements. Under specific experimental and material conditions, TDTR measurements can be conducted without metal film transducers (Supplementary Note 3).

## Results

In this section, we describe measurement guidelines and results for the common types of TDTR experiments. These include measurements of thermal interface conductance, cross-plane thermal conductivity ( $k_z$ ), in-plane thermal conductivity ( $k_r$ ) and the volumetric heat capacity ( $C$ ).

### Thermal model parameters

A thickness  $h$ , volumetric heat capacity  $C$  and the cross-plane thermal conductivity  $k_z$ . The interfacial thermal conductance ( $G$ ) between adjacent layers is also needed. In the specific case where  $d_p$  and the laser spot size ( $w_0$ ) are comparable, heat transport becomes 3D (Fig. 4b) and the in-plane thermal conductivity ( $k_r$ ) is also required, which is discussed later in this section. Finally,  $w_0$  must be known for all TDTR measurements.

Typically, a single TDTR experiment measures two quantities: the ratio of pulsed to harmonic heating responses,  $-V_{in}/V_{out}$ , and its decay rate with time delay. As only two experimental quantities are measured, in most cases it is only possible to fit for two parameters when analysing a TDTR dataset at a single modulation frequency: the transducer-sample  $G$  and one additional parameter, such as the sample  $k$  value. All other parameters in the model must be independently determined. The parameters being fit should not be strongly coupled. For example, looking at Eq. 2,  $k$  and  $C$  are expected to be coupled in standard 1D TDTR measurements as they both affect the ratio in the same manner. Supplementary Fig. 4 shows the results of calculations done with the TDTR thermal model to determine whether two parameters are coupled.

For a 1D TDTR measurement ( $w_0 \gg d_p$ ) (Fig. 4a), the ratio is most sensitive to the thermal capacitance of the transducer ( $h_t C_t$ )<sup>95</sup>. For TDTR measurements with a 3D temperature profile ( $w_0 \sim d_p$ ) (Fig. 4d), the ratio is most sensitive to  $w_0$  (refs. 70,95). Thus, these parameters must be precisely known or measured, so as to minimize uncertainties in the reported  $k$  and  $G$  values.

### Measurements of thermal interface conductance and cross-plane thermal conductivity

The effect that a sample's  $k$  value has on TDTR signals is shown in Fig. 4c by comparing data and model fits for bulk diamond<sup>96</sup>, 4H-SiC (ref. 96) and Al<sub>2</sub>O<sub>3</sub> (ref. 73) with TiN transducers. The difference in  $k$  value for these samples translates into ratios that vary by about a factor of 10, because  $-V_{in}/V_{out}$  scales with  $\sqrt{k}$  (Eq. 2). The decay of the ratio with time delay provides a sensitive measure of the interface conductance with  $G = 500 \text{ MW m}^{-2} \text{ K}^{-1}$  for TiN/Al<sub>2</sub>O<sub>3</sub> (ref. 73),  $G = 750 \text{ MW m}^{-2} \text{ K}^{-1}$  for TiN/4H-SiC (ref. 96) and  $G = 400 \text{ MW m}^{-2} \text{ K}^{-1}$  for TiN/diamond<sup>96</sup>.

To show the effect that  $G$  has on the ratio, Fig. 4d compares the results of TDTR measurements of diamond with two different metal transducers: HfN<sup>97</sup> and TiN<sup>96</sup>. The thermal interface conductance differs by a factor of three, so for the TiN/diamond measurement the ratio decays much more rapidly with delay time  $t$ .

### Thermal conductivity of thin films

TDTR is effective at characterizing the cross-plane transport properties of thin films. In general, TDTR measurements of thin films involve the determination of three thermal properties: the transducer-film interface conductance ( $G_i$ ), the film thermal conductivity ( $k_{film}$ ) and the film-substrate interface conductance ( $G_2$ ). The ability of a TDTR measurement to independently determine

these parameters depends on how the film thickness ( $h_{film}$ ) compares with two other key length scales:  $d_p$  and the transducer thickness ( $h_t$ ). We consider three limits and describe heuristics that are useful for designing experiments.

First, when  $h_{film}$  is less than  $h_t$ , TDTR measures a single lumped resistance:  $1/G_i + h_{film}/k_{film} + 1/G_2$ . The strong coupling of the three parameters of interest occurs because TDTR works, in part, by analysing the timescale for cooling of the transducer after pulsed heating. For the transducer to cool, it must transfer heat into an adjacent region of comparable thickness<sup>98</sup>. Therefore, depth resolution of TDTR is inherently limited by  $h_t$ , making it challenging to resolve thermal resistances localized to regions thinner than  $h_t$ .

In the second case, when  $h_{film}$  is greater than  $h_t$  but less than  $d_p$ , the sensitivity of TDTR to the thermal conductivity of the film,  $k_{film}$  is coupled only to  $G_2$ . In this scenario, TDTR also measures an effective conductivity ( $k_{eff}$ ):  $h_{film}/k_{eff} = 1/G_2 + h_{film}/k_{film}$ . The reason it is possible to separately determine  $k_{eff}$  from  $G_1$  is because the sensitivity to  $G_1$  is derived from the decay rate of the ratio with delay time (see  $\tau$  in Eq. 2). Alternatively,  $k_{eff}$  is derived from the amplitude of the ratio signal (see  $k$  in Eq. 2). The differing depth sensitivities of  $V_{in}$  and  $V_{out}$  make it possible to independently determine  $G_i$  and  $k_{eff}$ .

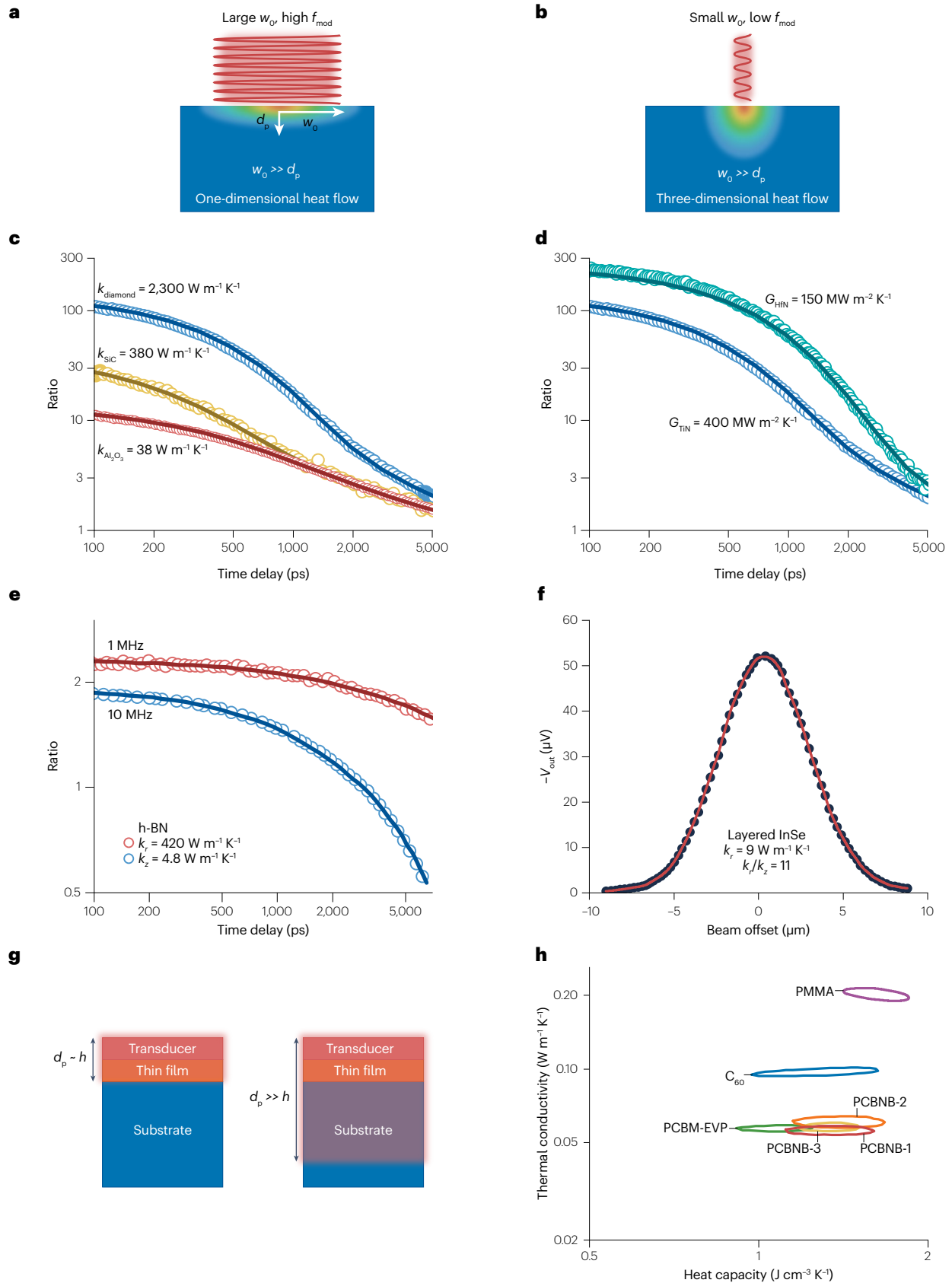
If the film's resistance, indicated by  $h_{film}/k_{film}$ , is much larger than the thermal interface resistances, it does not matter that these parameters are coupled, and  $k_{eff} \approx k_{film}$ . For  $k_{eff}$  to be within 20% of  $k_{film}$ , it is necessary for the film resistance to be at least approximately five times larger than the thermal interface resistances, which occurs when  $h_{film} > 5k_{film}/G_2$ . For a typical interface conductance value of  $G_2 \approx 200 \text{ MW m}^{-2} \text{ K}^{-1}$ , the minimum thickness for a film with  $k_{film}$  of 1, 3 and  $10 \text{ W m}^{-1} \text{ K}^{-1}$  is 25, 75 and 250 nm.

Lastly, if  $h_{film}$  is greater than  $d_p$ , the heated region is confined to the film, and  $G_2$  and the substrate thermal conductivity ( $k_{substrate}$ ) have minimal impact on the observed signals. The maximum frequency possible in a TDTR experiment is typically ~20 MHz (ref. 99). Assuming a typical value for the film heat capacity of  $2 \text{ MJ m}^{-3} \text{ K}^{-1}$ , the minimum film thickness,  $h_{film} > \sqrt{k_{film}/\pi C_{film} f_{mod}}$ , for films with  $k_{film}$  of 30, 100 or  $300 \text{ W m}^{-1} \text{ K}^{-1}$  is 500, 900 and 1500 nm. When measuring high  $k_{film}$  on a low- $k$  substrate, the minimum film thickness increases, such as  $1.5d_p$  for copper on SiO<sub>2</sub> (ref. 98).

In the above discussion, we have described two minimum thickness criteria: the film should be thick enough that its thermal resistance dominates or the film should be thicker than the thermal penetration depth. Setting the two minimum film thickness criteria equal to one another yields  $k_{film} = G_2^2/(25\pi C_{film} f_{mod})$ . Using the values described above for  $G_2$ ,  $C_{film}$  and  $f_{mod}$  yields  $k_{film} \approx 13 \text{ W m}^{-1} \text{ K}^{-1}$ . For films with  $k_{film}$  less than this value, it is easier to satisfy the dominant resistance condition. For films with  $k_{film}$  larger than this value, it is easier to satisfy the penetration depth condition.

For high- $k_{film}$  films with  $h_{film} > d_p$ , it is sometimes possible to determine  $G_2$  with a second TDTR measurement with a lower  $f_{mod}$  value<sup>100</sup>. The high frequency measurement is then analysed to determine  $k_{film}$  and  $G_i$ , and the lower frequency measurement can be analysed with only  $G_2$  as a fit parameter. However, this approach requires the interface resistance  $1/G_2$  to be comparable to  $1/G_i$  and  $h_{film}/k_{film}$ , otherwise the uncertainty in  $G_2$  will be large.

For scenarios where TDTR measures an effective film conductivity, the value of  $k_{film}$  can sometimes be isolated by measuring samples of various thicknesses<sup>75,101–103</sup>. The slope of total resistance versus thickness provides the intrinsic film conductivity, separating bulk conductivity from interface effects. However, this approach assumes that the





**Fig. 4 | Representative data for common time-domain thermoreflectance experiments.** **a,b**, Impact of modulation frequency and spot size on heat flow regimes in time-domain thermoreflectance (TDTR) experiments. At high modulation frequencies and large spot sizes, TDTR measures thermal effusivity under 1D heat flow conditions (panel **a**). Conversely, at low modulation frequencies and small spot sizes, TDTR captures thermal diffusivity in a 3D heat flow regime (panel **b**). **c**, Effect of sample thermal conductivity on TDTR signals. Markers indicate TDTR data for TiN-coated diamond, 4H-SiC and  $\text{Al}_2\text{O}_3$ . The lines are model predictions with thermal conductivity ( $k$ ) and interfacial thermal conductance ( $G$ ) treated as fit parameters. The magnitude of the ratio depends on the substrate's thermal conductivity, increasing with higher conductivity. **d**, Effect of the interface conductance on TDTR signals. The open markers indicate TDTR data for HfN/diamond and TiN/diamond. The decay of the ratio varies with the thermal interface conductance between the transducer and substrate, with higher conductance corresponding to a faster decay. **e**, TDTR data and thermal model fits for hexagonal boron nitride (h-BN) measured with a 10- $\mu\text{m}$  spot size at modulation frequencies of 1 MHz and 10 MHz. The 10 MHz data were fit to extract the through-plane thermal conductivity, whereas the 1 MHz data were fit for the in-plane thermal conductivity. **f**, Out-of-phase signal as a function of beam offset for a 297 nm thick InSe flake (circles),

with Gaussian thermal model fit (solid red line). **g**, Impact of modulation frequency on the thermal penetration depth relevant to heat capacity measurements of thin films. When  $d_p < h$ , the TDTR ratio is sensitive to both the heat capacity and the thermal conductivity of the thin film. When  $d_p > h$ , the heat capacity of the film becomes less relevant, but the ratio remains sensitive to the thermal conductivity of the film. **h**, Contour plots showing combinations of thermal conductivity and heat capacity that yield good fits by analysing measurements at both low and high modulation frequencies for fullerene ( $\text{C}_{60}$ ), poly(methyl methacrylate) (PMMA), [6,6]-phenyl- $\text{C}_{61}$ -butyric acid methyl ester (PCBM), highly disordered [6,6]-phenyl- $\text{C}_{61}$ -butyric acid *n*-butyl ester (PCBNB)-1, crystalline phase I PCBNB-2 and crystalline phase II PCBNB-3.  $d_p$ , thermal penetration depth;  $f_{\text{mod}}$ , pump modulation frequency;  $k_r$ , in-plane thermal conductivity;  $k_z$ , cross-plane thermal conductivity;  $V_{\text{out}}$ , out-of-phase voltage signal;  $w_0$ , laser spot size. TiN/SiC and TiN/diamond data in part **c** and TiN/diamond data in part **d** adapted with permission from ref. 96, American Institute of Physics. TiN/ $\text{Al}_2\text{O}_3$  data in part **c** adapted from ref. 73, CC BY 4.0. HfN/diamond data in part **d** adapted from ref. 97, CC BY 4.0. Part **e** adapted with permission from ref. 104, American Physical Society. Part **f** adapted with permission from ref. 106, American Institute of Physics. Part **h** adapted with permission from ref. 113, American Physical Society.

films of varied thickness have identical  $k_{\text{film}}$ , which is not always true. Crystal quality, and therefore  $k_{\text{film}}$ , can increase with film thickness as grains coalesce and defect densities decrease.

## Frequency-dependent in-plane thermal conductivity measurements

TDTR measurements become sensitive to  $k_r$  when  $d_p$  is comparable with  $w_0$ , because the in-plane temperature gradients become comparable with the through-plane gradients (Fig. 4b). This allows measurements of  $k$  by performing at least two TDTR measurements at different  $f_{\text{mod}}$  values<sup>100</sup>. An example of this type of measurement is shown for hexagonal boron nitride<sup>104</sup> in Fig. 4e. A standard TDTR measurement with  $w_0 \gg d_p$  provides a measurement of  $k_z$  and  $G$ . Then, a second measurement where  $w_0$  is comparable with  $d_p$  allows the value of  $k_r$  to be determined. Sensitivity to  $k_r$  is maximized when  $d_p = w_0$  (ref. 105). We note that for TDTR measurements where  $w_0$  is comparable with  $d_p$ , the predictions of the thermal model become more sensitive to  $w_0$  than any other model parameter<sup>70</sup>, so uncertainty in the size of the focused laser spot will cause error in the best-fit value for  $k_r$ . As noted in ‘Sample preparation and choosing a transducer’, it is desirable to minimize the in-plane conductance of the transducer,  $k_t h_t$ .

## Beam-offset measurements of in-plane thermal conductivity

Beam-offset TDTR is a refinement of the conventional TDTR technique, developed by Feser and Cahill<sup>70,71</sup> that exploits a deliberate lateral displacement between the pump and probe beams to interrogate in-plane heat spreading. In a beam-offset measurement, the signals are measured as a function of the beam offset distance. Beam-offset measurement of InSe<sup>106</sup> is shown in Fig. 4f. The full width at half maximum (FWHM) of the out-of-phase signal as a function of the offset distance provides a direct measure of the thermal penetration depth in the in-plane direction ( $d_{p,r}$ )<sup>71</sup>.

A key feature of beam-offset measurements is that the measured FWHM along a specific direction is nearly independent of the material's  $k$  in orthogonal directions. For example, consider beam-offset measurements of (110) quartz performed by Feser and Cahill<sup>71</sup>. The FWHM of the out-of-phase signal along the  $c$  axis is  $\approx 20\times$  as sensitive to the  $k$  of quartz along the  $c$  axis than along the  $a$  axis. Thus, this technique

provides an excellent way to measure anisotropic  $k$  tensors, such as in quartz<sup>71</sup>, ZnO<sup>107</sup> or black phosphorus<sup>108,109</sup>.

The sensitivity of beam-offset measurements to  $k_r$  is maximized when  $d_{p,r}$  is equal to  $w_0$ . In the limit  $d_{p,r} \ll w_0$ , the FWHM of the out-of-phase signal depends only on  $w_0$ , and so the measurement is not sensitive to  $k_r$ . Beam-offset measurements also do not work in the opposite limit,  $d_{p,r} \gg w_0$ . In this low frequency limit, the thermal dynamics approach a steady-state limit without an out-of-phase signal, analogous to SST experiments<sup>110</sup>. Therefore, in this low frequency limit, the magnitude of the thermal signals depends on  $k_r$ , but the FWHM does not<sup>107</sup>. In steady-state conditions, the temperature profile must be independent of the heat capacity because the energy storage term in the heat equation is zero,  $C(\partial T/\partial t) = 0$ . Therefore, in the low frequency limit,  $d_{p,r}$  stops being a useful parameter for describing the thermal dynamics.

## Heat capacity measurements

TDTR measurements performed at multiple frequencies can determine both  $k$  and  $C$  of thin films or bulk samples with low  $k$ . For thin films, one measurement uses  $f_{\text{mod}}$  such that  $d_p$  is comparable with or less than the film thickness  $h_f$ , making the result sensitive to  $(kC)^n$ . If  $d_p < h_{\text{film}}$ , then  $n = 0.5$ ; if  $d_p \geq h_{\text{film}}$ , then  $n < 0.5$  (ref. 111). The other measurement sets  $f_{\text{mod}}$  so that  $d_p \gg h_{\text{film}}$ . In this limit, sensitivity to the film's heat capacity is reduced, because most of the heat is stored in the underlying substrate (Fig. 4g). However, because the film has low  $k$ , the film remains a notable source of thermal resistance ( $h_{\text{film}}/k_{\text{film}}$ ). By analysing both measurements,  $k_{\text{film}}$  and  $C_{\text{film}}$  can be simultaneously extracted such as in the case of measuring the heat capacities of ITO and FTO films<sup>112</sup>. This approach was also used to measure  $C$  of ultra-low- $k$  fullerene derivatives; however, the value of  $C$  determined in this way can have large uncertainty<sup>113</sup>, as shown in Fig. 4h.

For measurements of  $C$  for bulk materials, one measurement is conducted with  $d_p \ll w_0$  to determine thermal effusivity (Eq. 2). The second measurement is performed with  $d_p \sim w_0$ , making the measurement sensitive primarily to thermal diffusivity ( $k/C$ ). The  $k$  and  $C$  values of bulk silicon were determined with this method<sup>114</sup>. This approach has also been used to spatially map heat capacity in diffusion couples<sup>115</sup>.

## TR-MOKE measurements

Analysis of TDTR experiments assumes that heat is only absorbed by the transducer and that signals probe only the transducer's temperature. If the transducer is semi-transparent, one or both of these assumptions can be invalid, so generally  $h_t > 50$  nm is necessary. To overcome this requirement, TR-MOKE experiments use a ferromagnetic transducer whose temperature-dependent Kerr rotation serves as a proxy for thermorefectance<sup>72,84</sup>. Because changes in polarization arise only from the ferromagnetic transducer (assuming there are no other magnetic or birefringent layers in the sample stack),  $h_t$  can be a few nanometres without introducing background signals<sup>84</sup>. Additional details about TR-MOKE transducers are provided in Supplementary Note 3.

TR-MOKE provides superior sensitivity for frequency-dependent and beam-offset measurements of in-plane transport because it allows  $h_t, k_t$  to be minimized. In a typical TR-MOKE transducer, such as a 10 nm thick Co/Pt multilayer<sup>116</sup>,  $h_t, k_t \approx 10^{-7}$  W K<sup>-1</sup>, which is 10<sup>2</sup> lower than for an aluminium thin film<sup>108</sup>.

A thinner transducer also simplifies the separation of transport coefficients governing through-plane heat flow near the sample surface. For the transducer in a pump–probe experiment to cool, a region of the sample with a thickness comparable with the transducer must heat up, meaning heat must cross both the interface resistance ( $1/G$ ) and  $h_t/k$  of thermal resistance in the sample. In TDTR measurements of a metal on an amorphous material, the latter resistance dominates and it is not possible to measure  $G$ . Using TR-MOKE with transducer thicknesses between 4 and 8 nm, the metal/amorphous-SiO<sub>2</sub> interface conductance was determined to be  $\approx 300$  MW m<sup>-2</sup> K<sup>-1</sup>, and the Si/SiO<sub>2</sub> interface conductance was found to be larger than 600 MW m<sup>-2</sup> K<sup>-1</sup> (ref. 72). Thin transducers also allow better measurements of thin films with high  $k$  values<sup>117,118</sup>. In TDTR measurements of high  $k$  films, the sensitivity to  $k$  of the film comes primarily from  $V_{\text{out}}$  (frequency-domain response at  $f_{\text{mod}}$ ) because the time evolution of  $V_{\text{in}}$  is governed by  $G$ . Relying on sensitivity to  $k_{\text{film}}$  from  $V_{\text{out}}$  is problematic, because it requires  $h_{\text{film}}$  to be comparable with  $d_p$ , which is in the order of micrometres if  $k_{\text{film}}$  is high. TR-MOKE solves this problem by decreasing the thermal response time of the transducer to much less than 1 ns. The time evolution of the signal on nanosecond timescales can then be used to resolve  $k_{\text{film}}$ . By making  $h_t$  small and using a TiN adhesion layer to make  $G$  large, it is possible to resolve  $k$  of AlN films with  $k \approx 200$  W m<sup>-1</sup> K<sup>-1</sup> and  $h_{\text{film}}$  between 100 and 400 nm (ref. 73) (Fig. 5a,b).

## Laser-flash TDTR

A drawback of standard TDTR experiments is that they do not provide direct information about depth-dependent temperature profiles. Such information is useful for improving sensitivity to buried resistances<sup>119</sup>, understanding non-equilibrium heat transfer by electrons<sup>120</sup> and accurately resolving multiple through-plane transport coefficients<sup>75</sup>. To address this limitation, TDTR experiments can be conducted in a laser-flash geometry. In a laser-flash TDTR experiment, instead of a single metal transducer serving the dual purpose of absorbing the pump laser (heater layer) and serving as an optical thermometer (thermometer layer), these functions are separated into different layers. Laser-flash TDTR has been used to study transport in metal multilayers<sup>97,120,121</sup>, the thermal resistance of oxide tunnel junctions<sup>85</sup> and the nature of transport in amorphous thin films<sup>75</sup>. The combination of laser-flash TDTR and TR-MOKE enabled the first quantitative measurements of the spin-dependent Seebeck effect in ferromagnetic metals<sup>122</sup>.

Initial laser-flash TDTR experiments gathered extra information about transport by analysing the time-domain response<sup>123</sup>. This limited

the utility of the technique to multilayers thin enough for heat to diffuse across the structure within a few nanoseconds. Recently, a frequency-domain thermal model was developed that allows for accurate prediction of the accumulated response in a laser-flash geometry<sup>74</sup>, enabling thicker samples to be studied<sup>75</sup>.

In a laser-flash TDTR experiment, the in-phase signal measures the time of flight of heat across the sample, similar to the thermal response from a single pulse. Examples of TDTR measurements in a laser-flash geometry are shown in Fig. 5c,d. Data are shown for a-Si layers of different thicknesses and  $k = 0.6$  W m<sup>-1</sup> K<sup>-1</sup>. Analogous to beam-offset measurements of  $d_{p,rr}$ , laser-flash TDTR measurements provide a direct measure of  $d_{p,z}$ . This is because the phase and amplitude of the temperature response from harmonic heating is governed by  $z/d_p$ .

## Applications

In this section, we highlight studies that demonstrate the versatility of TDTR in measuring thermal properties across diverse systems.

### Thermal interface conductance

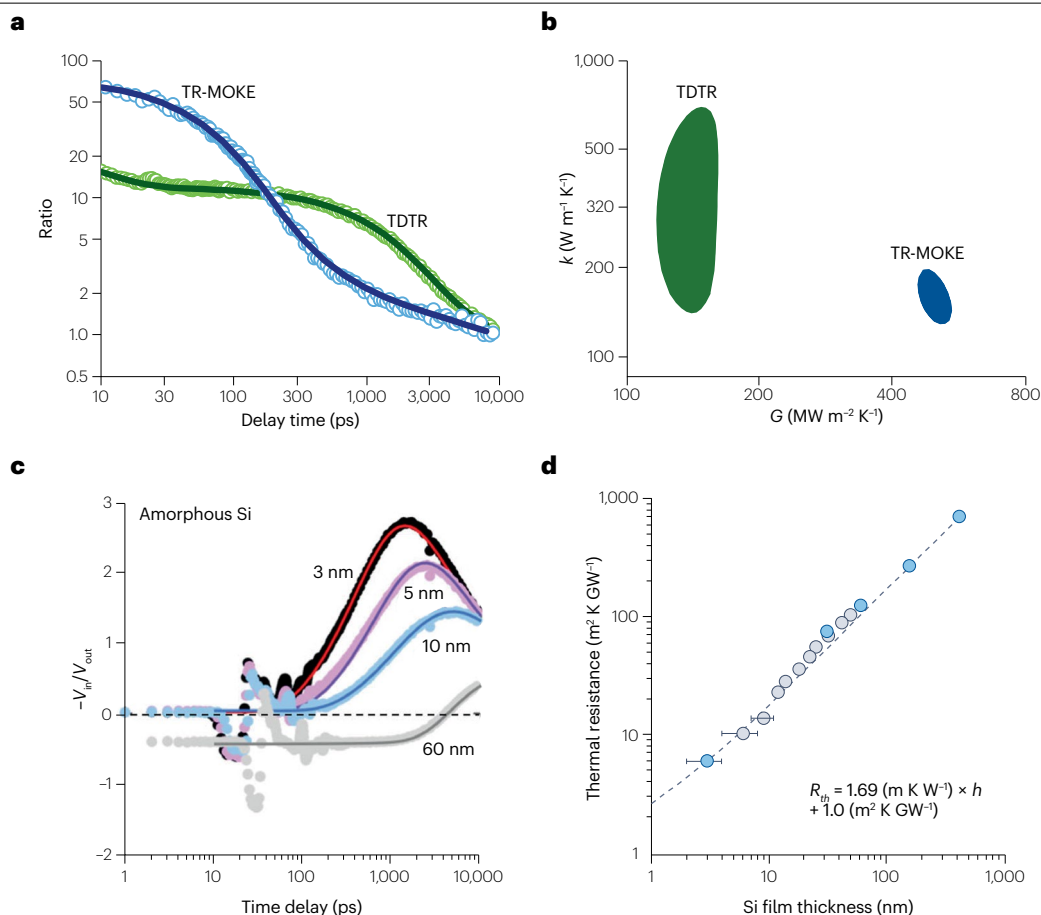
Interfaces are critical to nanoscale thermal transport and high thermal interface conductance is desirable for optimizing thermal management in modern electronic systems<sup>124–128</sup>. TDTR has refined our understanding of  $G$ <sup>13,14,66,129–132</sup> by making it possible to test theoretical models<sup>123,133–135</sup> as TDTR probes characteristic length scales comparable with the Kapitza lengths of most interfaces,  $L_K = k/G$ . The Kapitza length is the thickness of material that would produce the same temperature drop as the interface does.

TDTR studies have established that most metal/insulator interfaces fall in a narrow range between 40 and 400 MW m<sup>-2</sup> K<sup>-1</sup> (refs. 14,130,136,137). However, numerous systems are observed to have low conductance ( $G < 40$  MW m<sup>-2</sup> K<sup>-1</sup>) due to weak bonding and/or phonon focusing<sup>22,48,51,52,137–140</sup>. Alternatively, numerous strongly bonded materials with high speeds of sound have high conductance ( $G > 400$  MW m<sup>-2</sup> K<sup>-1</sup>)<sup>96,97,126,127</sup>.

Measuring the temperature and/or pressure dependence of material properties is essential for understanding their microscopic origins. As an optical, non-contact method, TDTR can be directly applied to samples in diamond anvil cells, cryostats or high-temperature stages<sup>96,141–146</sup>. For example, pressure-dependent<sup>144</sup> and temperature-dependent<sup>96</sup> TDTR measurements of  $G$  have played a key part in testing theory predictions about the effect of inelastic processes on interfacial heat currents<sup>147–158</sup>.

### Thermal conductivity

**High thermal conductivity materials.** Understanding thermal transport mechanisms in high- $k$  semiconductors (GaN, AlN, diamond, BN and BAs) is essential for high-performing electronics and photonics<sup>117,118</sup>. TDTR's micrometre-scale resolution makes it well suited for characterizing boron-based crystals, for which it is an ongoing challenge to grow large crystals that are homogeneous and have high purity<sup>159</sup>. Recent studies have used TDTR to probe isotropic high  $k$  in boron-based crystals, including cubic BAs<sup>40,41,160–162</sup>, natural and isotope-enriched cubic BN<sup>163</sup> and BP<sup>164,165</sup>. Notably, TDTR enabled the thermal characterization of cubic BAs<sup>166</sup>, a material predicted by ab initio theory to have a  $k$  value exceeding 1,000 W m<sup>-1</sup> K<sup>-1</sup> (refs. 167–169). When measured by TDTR, the  $k$  of isotopically enriched BAs was reported to be  $\approx 1,500$  W m<sup>-1</sup> K<sup>-1</sup> (ref. 161). The ability to perform TDTR on BAs within a diamond anvil cell enabled the discovery of unusual pressure independence of BAs  $k$  due to four-phonon scattering physics<sup>160,162,170</sup>.



**Fig. 5 | Representative data for time-resolved magneto-optic Kerr effect and laser-flash time-domain thermoreflectance.** **a**, Thermal conductivity measurements of a 0.4  $\mu\text{m}$  AlN thin film using different methods: time-resolved magneto-optic Kerr effect (TR-MOKE) with a [Pt/Co]/TiN transducer (blue circles) and time-domain thermoreflectance (TDTR) with an 80 nm Al transducer (green circles). Solid lines represent best-fit predictions from the thermal model. **b**, Contour plot showing combinations of thermal conductivity and interface conductance that yield fits to the data in panel **a** with a root-mean-square percentage error below 6.5%. TR-MOKE measurements yield a much lower uncertainty in the thermal conductivity ( $k$ ) of the AlN thin film. **c**, Laser-flash TDTR data for amorphous silicon layers of different thicknesses and  $k = 0.6 \text{ W m}^{-1} \text{K}^{-1}$ . Circles indicate experimental data and lines are the best-fit predictions by the

thermal model. The ratio shows the time of flight of heat across the sample. **d**, The thermal resistance of amorphous silicon layers as a function of film thickness. Open circles indicate measurements of a wedge sample (thickness of the amorphous thin-film changes along the length of the sample) whereas filled markers indicate measurements of samples with a homogeneous film thickness. The observed linear relationship between the thermal resistance and film thickness suggests a thickness-independent thermal conductivity for amorphous silicon of  $0.6 \text{ W m}^{-1} \text{K}^{-1}$ .  $G$ , interfacial thermal conductance;  $R_{\text{th}}$ , series sum of the boundary resistance of the metal/amorphous silicon layer interface and the thermal resistance of the amorphous silicon;  $V_{\text{in}}$ , in-phase voltage signal;  $V_{\text{out}}$ , out-of-phase voltage signal. Parts **a** and **b** adapted from ref. 73, CC BY 4.0. Parts **c** and **d** adapted from ref. 75, CC BY 4.0.

Measuring  $k$  in high thermal conductivity semiconductor thin films is essential, as their conductivities are often reduced from bulk values due to phonon scattering from size effects, doping, defects and boundaries<sup>171–173</sup>. The submicrometre resolution of TDTR enables measurement of thin film  $k$  (refs. 173,174). However, isolating the high  $k$  value of semiconductor thin films from interfacial conductance and keeping heat confined to the film is challenging. One approach to overcome these obstacles is measuring the thermal conductivity of suspended thin films<sup>175</sup>. Another option is to prepare films on low thermal conductivity substrates, then choose  $f_{\text{mod}}$  and  $w_0$  so that heat is transported in the in-plane direction<sup>176,177</sup>. Using a small laser spot size and low modulation frequency to confine heat within 1–10  $\mu\text{m}$  thick silicon thin films on  $\text{SiO}_2$  substrates, thermal conductivities between 10 and

150  $\text{W m}^{-1} \text{K}^{-1}$  were measured<sup>176</sup>. Another method is to improve the measurement's depth resolution. For example, the ~5–10 nm ferromagnetic transducers used in TR-MOKE measurements confine heat close to the sample surface at short delay times, as discussed in 'Results'<sup>73</sup>.

**Ultra-low thermal conductivity materials.** Prior to the development of TDTR, it was believed that the minimum  $k$  value of a fully dense solid was governed by the amorphous limit, as described by the Cahill–Pohl model<sup>178</sup>. The Cahill–Pohl model assumes that, in a disordered solid, vibrational modes will have mean free paths equal to half their wavelength. Shortly after its development, TDTR disrupted this old paradigm by identifying numerous thin films whose  $k$  value is dramatically lower than this theoretical limit<sup>113,179,180</sup>. For example,



TDTR was used to measure ultra-low cross-plane  $k$  in layered WSe<sub>2</sub> ( $\sim 0.05 \text{ W m}^{-1} \text{ K}^{-1}$ ), six times lower than the predicted minimum<sup>181</sup>. Subsequent theories suggested that a high degree of elastic anisotropy has a critical role in suppressing  $k$  in the cross-plane direction<sup>146</sup>. This was tested experimentally through TDTR measurements on muscovite mica by tuning its elastic anisotropy under high pressures in a diamond anvil cell<sup>146</sup>. Recent studies have demonstrated that ultra-low  $k$  in layered systems such as MoSe<sub>2</sub> (ref. 182), r-MoS<sub>2</sub> (ref. 183) and r-WSe<sub>2</sub> (ref. 183) is closely linked to a reduction in shear modulus caused by turbostratic disorder<sup>184</sup>. Ultra-low cross-plane  $k$  has also been observed using TDTR in lattice-mismatched SnSe<sub>2</sub>(MoSe<sub>2</sub>)<sub>1–32</sub> heterostructures<sup>185</sup> and ordered intergrowths of SnSe and MoSe<sub>2</sub> isomers<sup>186</sup>, where incommensurate stacking and structural sequencing suppress phonon transport.

## Thermal anisotropy

2D materials are of interest both for probing non-classical heat transport at the nanoscale<sup>187</sup> and for applications in optoelectronics, biosensing and energy storage<sup>188–190</sup>. Resolving the thermal conductivity tensor in anisotropic materials is challenging, as it requires experimental control of the temperature fields and the ability to spatially resolve those temperature fields<sup>105</sup>. TDTR and its variants have been instrumental in resolving anisotropic  $k$  in 2D materials<sup>70,105,107,108,191,192</sup>.

TDTR has several advantages for resolving anisotropy over other techniques. Unlike suspended micro-bridge and  $3\omega$  techniques, TDTR avoids complex nanofabrication. TDTR can be conducted on small flakes with dimensions in the order of  $\sim 20 \mu\text{m}$  (refs. 105,187). In comparison with Raman thermometry experiments, which are carried out under steady-state conditions, the ability to tune  $f_{\text{mod}}$  and  $w_0$  make it easier to control temperature fields in TDTR. Raman thermometry measurements typically use the same beam to heat and to measure temperature. This precludes spatial mapping of the temperature fields along different crystal axes. Raman measurements also require modelling of the absorption versus depth, which can introduce uncertainty<sup>187</sup>.

Beam-offset TDTR and TR-MOKE were used to measure the thermal conductivity tensor along the zigzag, armchair and through-plane directions of black phosphorus<sup>108,109</sup> (Fig. 6a), illustrating how structural asymmetry affects thermal anisotropy. Figure 6b shows a 2D image of the out-of-phase TR-MOKE signal, revealing in-plane anisotropy between the zigzag and armchair axes<sup>108</sup>. Fitting to the FWHM of the contours yielded an in-plane  $k_{\text{zigzag}}/k_{\text{armchair}}$  anisotropy ratio of  $\sim 3$  (ref. 108) (Fig. 6c). The through-plane conductivity was measured independently using large-spot TR-MOKE, corresponding to a  $k_{\text{zigzag}}/k_{\text{through-plane}}$  anisotropy ratio of  $\sim 20$  (ref. 108). The anisotropy was attributed to structural asymmetry of the puckered orthorhombic lattice, which causes direction-dependent elastic constants and phonon scattering rates.

TDTR has been used to study the in-plane and through-plane thermal conductivities of layered transition metal dichalcogenides (TMDs), including MoS<sub>2</sub>, WS<sub>2</sub>, MoSe<sub>2</sub> and WSe<sub>2</sub>, revealing thermal anisotropy ratios of up to  $\sim 15$  (ref. 191). Notably, the through-plane conductivity and the Al–TMD interfacial conductance showed a clear dependence on the pump modulation frequency<sup>191</sup>. Layered TMDs have a phonon bandgap that arises from the large mass contrast between the heavy transition metal atom and the lighter chalcogen atoms<sup>193</sup>. The observed dependence of  $k_z$  and the Al/TMD interfacial conductance on pump modulation frequency was credited to a non-equilibrium thermal resistance between different phonon groups within the TMDs<sup>191</sup>.

TDTR has also been used to study the effects of structural and compositional disorder on the thermal anisotropy of MoS<sub>2</sub> during lithiation<sup>194</sup>. An increase of the thermal anisotropy ratio with lithiation in bulk Li<sub>x</sub>MoS<sub>2</sub> crystals was observed, and was attributed to a combination of phonon-focusing effects caused by disorder occurring at different length scales in the in-plane and through-plane directions<sup>194</sup>.

Additional control over temperature fields can be gained by beam shaping. A number of research groups have used non-circular heater geometries to probe in-plane anisotropic thermal conductivity<sup>107,192,195</sup>. Elliptical-beam TDTR uses an elliptical pump to create a quasi-2D temperature gradient<sup>107</sup>. Rotating the beam orientation allows directional sensitivity to in-plane conductivity<sup>107</sup>, and was used to extract the full thermal conductivity tensor of  $\beta\text{-Ga}_2\text{O}_3$  with an anisotropy ratio of  $\sim 2$  between the [010] and [100] directions<sup>195</sup>. In a separate approach, a 1D beam-offset FDTR geometry combines a line-shaped pump with a spatially offset probe to sample the temperature field further from the heat source than is possible with Gaussian beams<sup>192</sup>. This method was used to measure in-plane thermal diffusivity in suspended silicon, polymers and highly ordered pyrolytic graphite<sup>192</sup>.

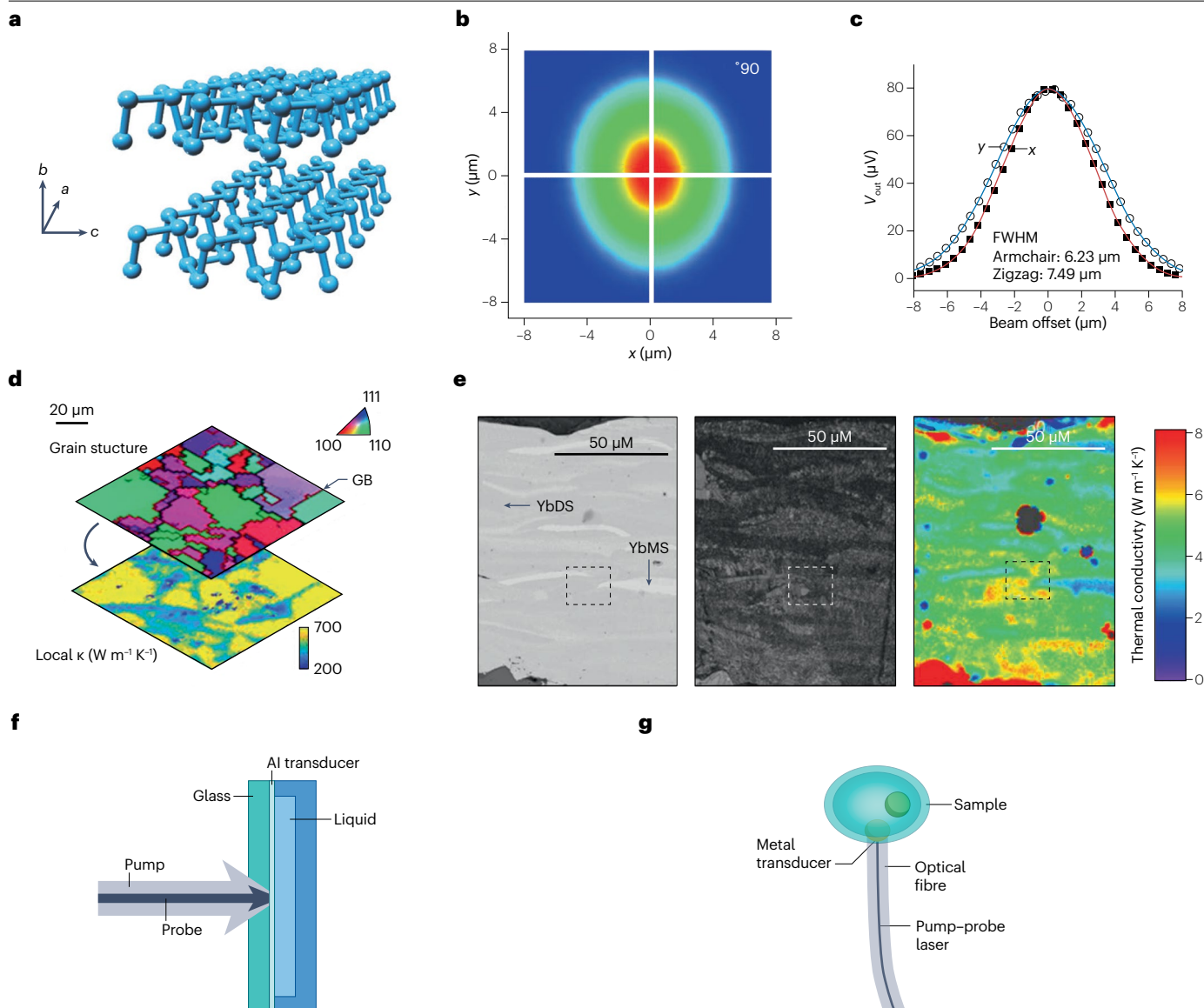
## Thermal property mapping

Thermal property mapping is crucial for revealing how microstructural features such as grain boundaries, defects and crystallographic anisotropy influence local heat flow in materials<sup>17,196</sup>. TDTR has emerged as a transformative tool for spatially resolved thermal property mapping<sup>65,197</sup>. Unlike electron backscatter diffraction (EBSD) and Raman thermometry, TDTR requires minimal sample preparation and allows for rapid, high-throughput imaging<sup>19,20</sup>. The micrometre-scale spatial resolution of TDTR mapping has allowed for thermal characterization of grain boundaries<sup>196,198</sup> and interface quality<sup>199,200</sup>, as well as materials with composition distributions<sup>15,201–203</sup>. Pioneering work used TDTR to map  $k$  for a Nb–Ti–Cr–Si diffusion multiple, revealing anisotropic thermal conductivity in (Ti,Nb)<sub>3</sub>Si grains<sup>65</sup>. Thermal conductivity mapping with TDTR helps distinguish between amorphous and crystalline regions in thermally grown oxides used in aerospace coatings based on their structural-phase-dependent  $k$ <sup>19,20</sup>.

Combining TDTR mapping with electron microscopy is a powerful method for understanding microstructure–thermal transport relationships. Thermal conductivity maps of polycrystalline diamond were correlated with EBSD imaging of the microstructure in boron-doped polycrystalline diamond (Fig. 6d) to quantify the effect of grain boundaries on transport<sup>196</sup>. Similarly, by correlating scanning electron microscopy backscattered electron and EBSD band contrast micrographs with thermal conductivity maps of a stabilization-annealed Si–yttrium disilicate (YbDS) environmental barrier coating, as shown in Fig. 6e, TDTR tracked phase evolution within the coating<sup>18</sup>. The results demonstrated that volatilization of SiO<sub>2</sub> from YbDS at the surface led to the formation of yttrium monosilicate<sup>18</sup>.

## Thermal properties of liquids and biological samples

Measuring the thermal properties of liquids is useful for a diverse array of reasons, from device thermal management<sup>204–206</sup> and biomedical applications<sup>207–209</sup> to modelling the interiors of exoplanets<sup>210</sup>. The most common way of measuring  $k$  of liquids is the hot-wire method, which is based on electrical heating and temperature sensing of a submerged metal wire. TDTR offers advantages over this approach by requiring only a few microlitres of fluid, which eliminates convection effects. TDTR also has advantages over transient grating methods because it is insensitive to the liquid's optical properties<sup>45</sup>. Figure 6f shows an example of



**Fig. 6 | Diverse applications of time-domain thermoreflectance for thermal characterization.** **a**, Lattice structure of black phosphorus. Coordinates  $a$ ,  $b$  and  $c$  correspond to the in-plane zigzag, through-plane and in-plane armchair directions, respectively. **b**, In-plane beam-offset contour measured at  $90^\circ$  of sample-loading orientation with a  $20\times$  objective lens and a 1.6 MHz laser modulation frequency to facilitate the in-plane thermal transport. **c**, Beam-offset signal extracted from panel **a** along the  $x$  (squares) and  $y$  (circles) directions, with blue and red lines showing the corresponding thermal model fits. **d**, Correlative electron backscatter diffraction (EBSD)–time-domain thermoreflectance (TDTR) microscopy of polycrystalline diamond, where the colour segment indicates the local crystal orientation relative to the  $x$  axis. **e**, Scanning electron microscopy

backscattered electron and EBSD band contrast micrographs of a stabilization-annealed specimen with the corresponding thermal conductivity micrograph, with red and yellow regions representative of ytterbium disilicate (YbDS) and ytterbium monosilicate (YbMS), respectively. **f**, TDTR can be used to measure the thermal properties of liquids. **g**, Fibre-based thermoreflectance sensor that guides pump and probe beams through an optical fibre. GB, grain boundary. FWHM, full width at half maximum;  $V_{out}$ , out-of-phase voltage signal. Parts **a**–**c** adapted with permission from ref. 108, Wiley. Part **d** adapted with permission from ref. 196, American Chemical Society. Part **e** adapted with permission from ref. 18, Elsevier. Part **f** adapted with permission from ref. 45, American Institute of Physics. Part **g** adapted with permission from ref. 207, American Institute of Physics.

how TDTR can be used to measure the thermal properties of liquids and liquid–solid interfaces<sup>45</sup>. TDTR was used to measure the thermal conductivity of water–methanol mixtures, revealing that the addition of methanol reduces the thermal conductivity compared with pure water, with values 10% lower than the  $0.55 \text{ W m}^{-1} \text{ K}^{-1}$  measured for pure water<sup>210</sup>.

The interfacial conductance between water and hydrophilic versus hydrophobic surfaces has also been measured by TDTR, helping establish the maximum vapour layer thickness at hydrophobic interfaces<sup>209</sup>. TDTR has enabled the characterization of local heat transfer coefficients in electronic device hot spots cooled by microchannels<sup>205</sup>,



jet impingement<sup>204</sup> and two-phase cooling<sup>206</sup>, and the thermal dynamics of water droplets that interact with hot surfaces<sup>211,212</sup>. A high-speed oscilloscope connected to the lock-in amplifier was used to measure transient changes in the TDTR ratio during the single-bubble ebullition cycle in a microchannel<sup>206</sup>, identifying microlayer evaporation as the dominant heat transfer mechanism and offering key insight into phase-change cooling<sup>206</sup>.

A related but distinct application of TDTR is measurement of biological samples, as the sample geometry is similar to that of liquids. TDTR offers key advantages over electrical methods for biological applications by using non-contact heating and temperature sensing<sup>207</sup>. This eliminates challenges related to fabrication and integration, making TDTR better suited for complex or delicate sample environments<sup>207</sup>. The use of a fibre-based thermorefectance sensor that guides pump and probe beams through an optical fibre (Fig. 6g) enables in situ TDTR measurements on biological samples with challenging geometries<sup>207</sup>. This configuration allows accurate thermal measurements of liquids and biomaterials available in small volumes or located in hard-to-reach regions and has been used to determine the thermal effusivity of diverse biological and agricultural samples, from butter to pork liver<sup>207</sup>.

## Thermal property measurements with external stimuli

Studying thermal transport in materials whose thermal properties change under external stimuli, such as electric fields, carrier concentration, chemical intercalation, mechanical strain or magnetic fields, is critical for improving technologies that require precise heat control at small length scales. These technologies include thermal diodes<sup>46</sup>, transistors<sup>199</sup> and switches<sup>213</sup>, as well as thin, flexible electronic devices<sup>214</sup> and spin-based systems<sup>215</sup>. Additionally, thermal measurements under high-pressure conditions are essential for geophysical modelling, as pressure-dependent  $k$  influences heat flow predictions for planetary interiors<sup>216</sup>.

TDTR is well suited for time-resolved measurements of the electric field effects on different material systems, such as electrochemical intercalation<sup>199</sup> and electric field-driven domain switching<sup>46</sup>. Applying an electric field to suspended PZT membranes drives ferroelastic domain wall motion on nanosecond timescales<sup>46</sup>. TDTR was used to measure the resulting change in  $k$ , observing a reversible 13% increase associated with reduced domain wall density<sup>46</sup>. Not only can TDTR be used to measure thermal conductance during electrochemical cycling but it can also spatially map its evolution in real time across a working device, as shown by in situ measurements on ultrathin MoS<sub>2</sub> during lithium intercalation<sup>199</sup>.

The capability to apply magnetic fields during TDTR measurements expands its applicability to systems where thermal transport is affected by field-responsive molecular alignment<sup>213</sup> or magneto-structural coupling<sup>215</sup>. One such system is a magnetically responsive liquid crystal network, in which mesogenic units align anisotropically under a magnetic field and affect the direction of heat flow<sup>213</sup>. TDTR performed under magnetic fields at elevated temperatures allowed direct, in situ measurement of changes in  $k$  resulting from this reorientation<sup>213</sup>.

## Thermal characterization of ion-irradiated materials

TDTR has become a key non-contact, non-destructive technique for studying the impact of ion irradiation on the thermal properties of materials, with applications ranging from semiconductor devices to nuclear reactors<sup>217–219</sup>. Ion irradiation produces a sub-surface micrometre-scale damage layer which is inaccessible to

direct-contact probes<sup>220</sup>. By varying the thermal penetration depth, TDTR enables non-destructive depth profiling of  $k$  within the irradiated region<sup>220</sup>.

The thermal properties of semiconductors exposed to ion irradiation are important for cooling electronic devices<sup>219</sup>. TDTR has been used to examine the effect of Ga<sup>+</sup> focused ion beam processing on silicon, revealing a reduction in  $k$  due to the formation of amorphous regions and structural disorder<sup>219</sup>.

TDTR has been used to characterize and identify novel materials for nuclear applications<sup>218</sup>, and to quantify radiation-induced thermal degradation in materials relevant to nuclear energy systems<sup>217</sup>. Ion irradiation replicates neutron-induced displacement damage and TDTR measurements of tetragonal lithium aluminate ( $\gamma$ -LiAlO<sub>2</sub>) have shown that irradiation reduces  $k$  by up to 90%, reaching values near 1 W m<sup>-1</sup> K<sup>-1</sup> at high fluence<sup>217</sup>.

Thermal characterization of ion-irradiated materials offers a controlled means to investigate phonon scattering and the mechanisms that govern thermal transport in disordered systems<sup>220–223</sup>. For example, TDTR measurements of  $k$  in irradiated silicon showed that a reduction in  $k$  due to ion irradiation can be reversed by annealing<sup>222</sup>. This indicates that structural disorder from ion-induced damage and boundary scattering reduces  $k$  more effectively than impurity scattering from the ions themselves<sup>219,220,222</sup>. In amorphous carbon films, ion irradiation has been shown to anomalously enhance  $k$  with increasing ion fluence and energy<sup>224</sup>. This enhancement results from stiffening, densification and increased carbon network connectivity<sup>224</sup>. Finally, TDTR has been used to show how ion-induced point defects, near-surface disorder, bond breaking and surface roughness influence interface thermal conductance<sup>225–228</sup>.

## Reproducibility and data deposition

If samples are stable during the TDTR scan – for example, there is no structural/chemical evolution as a function of time or temperature or any other external stimulus – independent measurements on a sample typically differ by less than a few per cent. As a result, most TDTR errors are systematic, arising from uncertainties in model parameters, experimental designs that do not account for coupled parameters or spurious signals. In the following sections, we discuss how to manage and quantify these systematic errors, address the importance of accurately determining beam spot size, identify and mitigate spurious signals, and examine the main noise sources in TDTR.

## Error analysis

In TDTR experiments,  $k$  can be determined with 5–10% uncertainty, but complexities such as thin films or multiple unknown parameters increase measurement errors. For accurate TDTR experiments, typically only two independent parameters should be fit per dataset. All other model parameters need to be accurately known. To estimate uncertainties, parametric sensitivity analysis or Monte Carlo methods are useful tools. Both of these approaches are expounded further upon in the Supplementary Note 4.

## Spot size uncertainty

Determining the spot size is important for accurately modelling the TDTR signal. There are several ways to determine spot sizes. The first method involves analysing the Gaussian intensity of the  $V_{in}$  signal using a beam-offset scan at high modulation frequencies at a delay time of approximately +100 ps. Also, imaging the pump and probe beams with the integrated camera and then analysing the resulting beam profile

in image analyses software, such as ImageJ, will help obtain the spot size within 5% uncertainty. Lastly, performing a concentric TDTR measurement where  $d_p \sim w_0$  on a high- $k$  substrate will also yield an independent measurement of spot size. As high thermal conductivity insulators display mean free path effects, high-purity single-crystal metals work best for this method (namely aluminium or copper).

## Spurious signals

Spurious signals in TDTR experiments lead to systematic errors by adding unwanted voltage contributions that deviate from the predicted thermal response. Spurious signals should not be confused with noise, as noise can be removed by averaging. Spurious signals are real signals at  $f_{\text{mod}}$  that are detected by the lock-in but are not related to the sample's thermoreflectance signals. Common sources include coupling between the circuit driving the electro-optic modulator and the detection circuit, coherent pickup by the radio-frequency lock-in, partial beam clipping or misalignment in the optical set-up, thermoelectric effects in soft materials and partial transparency of the metal transducer. A number of steps can be taken to avoid spurious signals, such as measuring the specular reflectance, optical chopping, using double-shielded coaxial cables, carefully maintaining beam alignment and monitoring absolute signals ( $V_{\text{in}}$ ,  $V_{\text{out}}$ ) to diagnose alignment issues. Rough sample surfaces can also cause spurious signals, as explained in Supplementary Note 5.

## Noise

In TDTR experiments, noise typically stems from three primary sources: electronic noise; intensity noise from the laser; and noise from fluctuations in the amplitude of the electro-optic modulator modulation. The detection circuit should be designed such that the laser intensity noise dominates over the electronics noise. The laser intensity noise follows a  $1/f_{\text{mod}}$  dependence at modulation frequencies below 1 MHz (ref. 229). At frequencies near 10 MHz, the intensity noise in a Ti:sapphire laser approaches the shot-noise limit. To mitigate the effects of laser intensity fluctuations at lower frequencies, balanced detection can be used, as shown in Supplementary Fig. 1.

## Limitations and optimizations

TDTR is a powerful technique, but has numerous limitations. Owing to intensity noise and pulse accumulation in the in-phase signal (Supplementary Note 5), TDTR measurements are rarely performed at  $f_{\text{mod}} < 0.1$  MHz. This has drawbacks, such as limiting the ability of TDTR to probe buried interfaces. In Supplementary Note 2, we suggest methods for overcoming this limitation. In low- $k$  samples, such as polymers, the high modulation frequencies of TDTR ( $f_{\text{mod}} > 0.1$  MHz) mean that a small region within 100–200 nm of the surface is measured. This is not ideal for bulk samples where the surface microstructure may or may not be representative of the bulk interior. TDTR does not work for rough samples, which is discussed in greater detail in Supplementary Note 5. TDTR struggles with measurements at very high ( $>900$  K) and very low ( $<30$  K) temperatures. At high temperatures, the transducer tends to fail<sup>196,230</sup>, whereas at low temperatures small heat capacities make per-pulse temperature rises large compared with the ambient temperature<sup>129,231</sup>. As a result, thermal properties fluctuate with the temperature. The standard analytical approach for analysing TDTR signals cannot accommodate this. Another drawback of TDTR is that accurate knowledge of heat capacities is required, which can be unknown in novel material systems.

## Mean free path effects

When critical length scales, such as  $d_p$ , approach phonon mean free paths ( $\ell$ ), the heat diffusion equation becomes inaccurate. As a result, TDTR cannot measure  $k$  of non-metallic crystals at low temperatures<sup>232</sup>, or with sub-micrometre  $w_0$  at room temperature<sup>231</sup>. The heat diffusion equation predicts that the heat current scales with  $\Delta T/d_p$ , where  $\Delta T$  describes the excess surface temperature of the sample caused by heating. Therefore, the heat diffusion equation predicts that  $\Delta T$  continually decreases with increasing  $f_{\text{mod}}$  due to ever-increasing temperature gradients. In reality, when  $d_p$  approaches  $\ell$ , transport is expected to reach a ballistic limit where the heat current is proportional to  $\Delta T$ . Consequently, analysing TDTR data with the heat diffusion equation leads to best-fit values for  $k$  (sometimes called apparent values) that are low<sup>233,234</sup>. Reducing  $w_0$  to be lower than  $\ell$  can induce similar ballistic effects<sup>232</sup>. Frequency-dependent deviations from Fourier's predictions are easiest to observe in alloys with point-defect scattering<sup>233</sup>. By contrast, spot size-dependent deviations are most often observed in single crystals<sup>235</sup>.

Over the past 15 years, numerous theoretical studies have clarified the physics underlying these experimental measurements. Trends with  $f_{\text{mod}}$  have been explained both in terms of super-diffusive transport<sup>236,237</sup> and by emphasizing the importance of interfaces, suggesting thermal resistance from interfacial scattering extends over length scales comparable with mean free paths<sup>88,231</sup>. Importantly, this thermal resistance is not induced solely by high heating frequency; instead, high heating frequency increases the measurement's sensitivity to this effect. Recent theoretical studies support this interpretation<sup>238–240</sup>. The importance of interfacial scattering in TDTR measurements of silicon demonstrated that the relatively small frequency-dependent deviations from predictions of the heat diffusion equation can be explained by considering the dependence of interfacial phonon scattering rates on phonon frequency<sup>241</sup>.

The complex interplay of interfacial scattering and ballistic transport in TDTR experiments offer opportunities for discovery. We believe further progress requires improved spatio-temporal resolution of the temperature profile, such as the kind offered by TR-MOKE and laser-flash experiments. Another important open question is why SSTR measurements, unlike TDTR measurements, are in agreement with diffusive predictions at low temperatures<sup>242</sup>, even when mean free paths exceed the spot size. More work in this space will elucidate the important interplay among different thermometry techniques rooted in impulse, periodic and/or steady-state heating conditions with combinations of in-phase and out-of-phase temperature responses on the ability to resolve intrinsic thermal conductivities of crystals and quasi-ballistic heat transport.

## Measuring thermal conductivity without volumetric heat capacity

Modelling of the thermal response of the sample in a TDTR experiment requires knowledge of the sample's heat capacity. It is sometimes possible to measure heat capacity (as discussed in 'Results'), but not always. For example, heat capacity of a thin film cannot be measured if  $h_{\text{film}} < d_p$ , or in complex heterostructures. Therefore, a direct measure of  $k$  is desirable. Braun et al. developed SSTR, a pump–probe technique utilizing two continuous wave lasers where the pump beam is modulated at low enough frequencies that the sample reaches steady-state conditions during the on time of the pump<sup>110</sup>. In this approach, the thermoreflectance is monitored as a function of pump power and compared with a reference standard, which in this

## Glossary

### Coherent pickup

Unintended leakage of the reference signal at the pump modulation frequency ( $f_{\text{mod}}$ ) into the measurement input of the lock-in through radiative, capacitive or conduction paths. As it occurs at the reference frequency, it cannot be filtered out by the lock-in, despite not originating from the sample.

### Mean free paths

The average distances that particles or quasi-particles (carriers such as electrons, phonons or magnons) travel between scattering events that alter their momentum or energy.

### Multilayer thermal model

A framework for predicting the thermal response of the sample to heating. Thermal transport in each layer is assumed to be governed by a layer-specific heat equation, and transport between layers is governed by boundary conditions that assume the heat current is continuous across the boundary and that temperature drops at the interface are governed by the interface conductance between the two layers.

### Phonon focusing

The propagation of phonons preferentially along certain crystallographic orientations in anisotropic materials.

### Picosecond acoustics

Non-thermal signals in pump–probe measurements that arise from strain-induced changes to the reflectivity. The initial temperature gradient in the metal transducer after absorption of the pump pulse generates a strain wave that propagates into the sample, reflects from buried interfaces and eventually returns to the metal film surface. The time delay of the acoustic waves' echoes is determined by the film thickness and the longitudinal speed of sound.

### Pulse accumulation

Temperature response of the sample caused by the accumulated response from the pump pulses that heated the sample prior to zero time delay. Pulse accumulation occurs when energy from a previous pulse is not conducted away before the arrival of the subsequent pump pulse.

### Thermal model

The iterative Feldman algorithm used to analyse heat conduction in layered structures.

### Thermal transport phenomena

The processes involved in the transfer of energy (heat) through various media, including solids, liquids and gases.

### Thermoreflectance

Change of reflectance with temperature.

steady-state regime becomes a measure of the  $k$  of the sample without sensitivity to the material's heat capacity. Thus, SSTR offers a method to measure  $k$ , which has been validated on measurements of thermal conductivity on low thermal conductivity materials such as [6,6]-phenyl- $\text{C}_{61}$ -butyric acid methyl ester (PCBM)<sup>180</sup> and high thermal conductivity materials such as diamond<sup>110</sup>. SSTR has also been used to measure the thermal resistance of thin films and device-relevant heterostructures on length scales overlapping with those of TDTR, providing a complementary path forward for thermal measurements<sup>112,243</sup>. Additionally, SSTR and TDTR used in tandem have recently demonstrated the utility to reduce the uncertainty in determining the thermal properties of thin films and interfaces<sup>174,180,242,244,245</sup>. Thus, in addition to SSTR providing measurement of  $k$  without knowledge of heat capacity, these combinations of SSTR with TDTR and their related techniques offer new opportunities for nanoscale thermometry<sup>246</sup>.

## Probing deeper into samples

The thermal penetration depth in TDTR is usually limited by the relatively high modulation frequency (usually ranging from a few 100 nm to a few micrometres, depending on the  $k$  of the sample)<sup>7</sup>. This limiting sample volume calls into question the applicability of TDTR to provide a sufficient representation of the thermal properties of materials with characteristic thicknesses that are in the order of tens of micrometres or greater. Although this relatively shallow sampling volume in TDTR should not pose a problem in high-quality, homogeneous materials (such as monolithic wafers), the limitation in TDTR is apparent for material systems with larger length-scale heterogeneous distributions of phases, defects or interfaces where the micrometre-scale measurement volume of TDTR would not provide a representation of the entire sample. Additionally, the ability to systematically control this depth sampling volume during proper thermal measurements would allow for detecting subsurface thermal resistances<sup>100,247</sup>, including creating thermal conductivity depth profiles, an approach with TDTR measurements that has only recently been demonstrated<sup>220</sup>, still within the relatively shallow subsurface depth of measurement typical in TDTR. Laser-flash TDTR offers a TDTR variant to measure larger volumes than a typical single-sided TDTR measurement, but continuous wave-based pump–probe thermoreflectance alternatives also offer this increased depth sensitivity, discussed below.

The reasonably measurable upper limit of the thermal penetration depth during typical single-sided pump–probe experiments is in the order of the pump spot size<sup>7,248</sup>, which can be accessed in the steady-state limit. Thus, SSTR offers an opportunity to thermally probe under a sample surface as compared with typical implementations of TDTR as the thermal gradients induced during an SSTR experiment reach depths in the order of the spot size<sup>249</sup>; this has recently been demonstrated to detect the thermal resistance of buried substrates, interfaces and damaged layers<sup>245,250,251</sup>. The thermal penetration depth could then be varied to sample different volumes by varying the spot size in SSTR, or through the use of FDTR.

Although frequency-domain modulation in continuous wave, laser-based pump–probe methods has been implemented for four decades<sup>57,58,252</sup>, more recently Schmidt et al.<sup>253</sup> embraced commonalities in hardware, detection and thermal analysis from TDTR that have enabled FDTR to extend to much higher frequencies and broadband modulation<sup>254–259</sup>. By making FDTR measurements over wide ranges of frequencies, the thermal penetration depth is continuously varied up to the upper limit of the spot size, and thus thermal conductivity depth profiles are feasible<sup>260,261</sup>. Additionally, with larger spot sizes, the FDTR thermal penetration depth can be increased at lower frequencies, thus enabling thermal property measurements of subsurface films and interfaces at depths deeper than those accessed by TDTR<sup>262–265</sup>.

It should be noted that in the low frequency limit, TDTR and FDTR essentially become SSTR, and thus there are opportunities for single thermometry platforms to perform both FDTR and SSTR measurements. This allows for accurate thermal resistance measurements of multiple films and interfaces with reduced uncertainty as compared with a single technique alone. This tandem approach, coupled with machine learning algorithms, can enable resolution to additional thermal property information with lower uncertainties than previously realized<sup>260,261</sup>, offering a unique outlook for artificial intelligence machine learning-driven thermometry inspired by TDTR, FDTR and SSTR.

## Outlook

Since the advances in pump–probe experimentation provided by Cahill, which have given rise to the now nearly standardized TDTR configuration



detailed in this Primer, TDTR and its offshoots continue to be the most widely used thermometry platforms for determining  $k$  of thin films and bulk materials along with thermal interface conductance across material interfaces. The continued societal focus and growth of critical technologies that underpin next-generation computing, modern memory technologies, data centres powering artificial intelligence, energy storage for electric transportation and communication or radar are all reliant on lower dimensionality materials and devices that have the requisite thermal transport properties to handle the immense power dissipation demands. TDTR will thus continue to be a staple in thermometry to ensure these requisite material thermal transport properties.

As TDTR has inspired evolutions to overcome its various limitations, opportunities exist to continue to advance thermometry through combining the principles of TDTR with other established experimental methods to advance nanoscale thermometry in different directions and towards new extremes. For example, although most common optical spectroscopy platforms interrogate the optical response of materials across ranges of photon wavelengths to understand the electronic, phononic, chemical and physical structure of materials, TDTR interrogates the time-domain and frequency-domain thermal response of materials using only a single wavelength or a relatively narrow spectrum of wavelengths encapsulated by the spectral bandwidth of the laser pulse (~10–12 nm). Expanding TDTR to include a broad spectrum of UV, visible and/or infrared pump and probe wavelengths will enable its future applicability to wider arrays of materials, including the possibility of using TDTR directly on non-metals without the use of a transducer by exciting electrons above the bandgap<sup>89,266</sup> or absorbing directly with optical phonon modes<sup>267–269</sup>. The challenge here, however, lies in harnessing this broad-spectrum photon tuning while still generating an out-of-phase response, which would require higher repetition rate laser systems with sufficient pulse energy for broad-spectrum photon conversion.

Although TDTR has proven exceptional cross-plane spatial resolution in thermal resistance measurements, the lateral resolution is ultimately limited by the diffraction-limited spot size. Other classes of optical and thermal metrologies achieve true-nanoscale lateral resolution through near-field focusing techniques or scanning probe methods (such as scanning thermal microscopy)<sup>270,271</sup>, respectively. A low barrier to entry for extending the resolution of TDTR to sub-diffraction limit areal resolution could involve patterning transducers with sub-diffraction limit features or using nanoparticles on the surface to achieve this same effect<sup>272–274</sup>. However, an approach more broadly applicable to wider classes of materials would be to combine TDTR with scanning probe methods. There has been immense progress in using optical sources combined with AFM probe tips to interrogate the properties of materials, such as tip-enhanced Raman spectroscopy<sup>275</sup>, scanning near-field optical microscopy<sup>268,276</sup> and nano-FTIR<sup>268</sup>, but the combination of AFM probes to spatially localize a pump–probe thermorefectance measurement to length scales beyond the diffraction limit has only recently been explored<sup>277</sup>. This would offer unprecedented nanoscale resolution in TDTR and related techniques. However, as with several of these previous scanning probe-based thermometry techniques, the thermal contact resistance (due to water and carbon adsorption, for example) and additional near-field radiative heat transfer between the tip and the sample surface must be considered for an accurate measure of the nanoscale thermal properties of the sample<sup>271,278</sup>. Further, localizing the absorption of the ultrafast pump pulse will result in large thermal expansion that can lead to spurious elastic signals, making it difficult to isolate

the temperature changes needed to extract the thermal properties of the substrate. Even with these considerations overcome, the thermal diffusion length scales emanating from the AFM tip heating into the sample must be carefully understood. For example, as discussed above in ‘Limitations and optimizations’, the upper limit of the thermal penetration depth in typical pump–probe experiments is in the order of the spot size, so although heating from an AFM tip will certainly increase spatial resolution compared with typical TDTR implementations, the mechanical deformation induced on the sample surface resulting from AFM tip penetration could lead to changes in the thermal gradients not predicted from surface heating alone, resulting in unanticipated anisotropic temperature profiles and reduced spatial resolution. Further, these sub-micrometre confined heater length scales could also lead to mean free path effects.

Finally, as we discussed in ‘Applications’, the non-contact nature of TDTR lends itself to provide powerful probes of heat transfer in materials being exposed to extreme environments and when external stimuli are applied to materials and basic devices. Most approaches to date rely on designing materials or simple devices that are amenable to the standard TDTR experimental configurations to study these effects. With different optical path hardware and detection designs, TDTR measurements can be extended to wider arrays of devices and environments to study thermal property changes of materials and devices in operando or even in situ during material growth or material processing. The advent of fibre optic-based pump–probe designs will facilitate this advance<sup>279,280</sup>, which could enable real-time monitoring of device health in systems, evaluation of defect formation in materials subjected to extreme environments<sup>281,282</sup> or even sensors of material quality during growth that, when coupled with advanced controls and machine-learned algorithms, could provide major advances in high-throughput growth of materials with desired optical, electrical and thermal functionalities. Clearly, the future outlook of possibilities for TDTR when coupled with additional hardware and software designs and advances paints an exciting future for optimization of materials, devices and systems with length scales from the atom to application.

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## Author contributions

All authors contributed to each section, and reviewed and edited the manuscript before submission.

## Competing interests

P.E.H. is co-founder of Laser Thermal Analysis, Inc., a company that has commercialized frequency-domain thermoreflectance (FDTR) and steady-state thermoreflectance (SSTR) instruments. The other authors declare no competing interests.

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